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Key Action: Learning Mobility of Individuals
Action Type: Mobility of young people

Project Title

Shall we dance?

Project Coordinator

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Project Information

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Partners DOMINO CEM (MK) , KOVAN İnovatif Girişimciler Derneği (TR) , Omladinska Organizacija Crne Gore (ME) , BOSNIAN REPRESENTATIVE ASSOCIATION FOR VALUABLE OPPORTUNITIES (BA) , Education Foundation (UA)
Topics Inclusion of marginalised young people

Project Summary

Objectives

The project idea arises against the backdrop of significant challenges that Europe's young population has faced in recent years. Conflicts, geopolitical tensions, and regional disputes, including the Russian invasion and migrations resulting from the Armenian-Azerbaijani regional conflict and other conflict areas, have led to substantial population movements across the continent. These migrations, while introducing cultural diversity, have also fueled cultural tensions and heightened issues of discrimination, social exclusion, and marginalization. It is in recognition of these pressing issues that our project, "Shall We Dance?", was conceived.

From the perspective of youth work practice, our project aims to:

- **Promote Social Inclusion:** Our primary goal is to promote social inclusion among young people. Through creative expression in the form of dance, art, and creativity, we aim to break down the barriers that lead to exclusion. By fostering a sense of belonging and acceptance, we empower marginalized youth to participate fully in their communities.
- **Combat Discrimination:** Discrimination is a central concern addressed by our project. We seek to challenge and combat discrimination in all its forms, whether based on ethnicity, nationality, or cultural background. Through shared experiences and intercultural dialogue, participants gain insights that dispel stereotypes and prejudices.
- **Address Marginalization:** Marginalization is a significant issue faced by many young Europeans. Our project endeavors to address this by providing marginalized youth with opportunities for self-expression and personal growth. We aim to equip them with the skills and confidence to overcome the obstacles that marginalization often presents.
- **Cultivate Inclusivity:** Inclusivity is a cornerstone of our project. We strive to create an inclusive environment where all young people, regardless of their backgrounds, feel valued and appreciated. Through the universal languages of dance and art, we bridge divides and foster unity.
- **Empower Youth:** Empowering young people is at the heart of our mission. By engaging in creative activities and collaborative projects, participants gain valuable life skills, including teamwork, communication, and adaptability. These skills empower them to actively engage in society and become agents of positive change.
- **Encourage Active Citizenship:** Active citizenship is a core value of our project. We aim to inspire participants to become active, responsible citizens who advocate for social inclusion and challenge discrimination in their communities. By fostering empathy and tolerance, we envision them as catalysts for a more equitable Europe.
- **Create Lasting Impact:** Beyond the immediate project activities, we aim to create a lasting impact on participants. We want them to carry the lessons learned and experiences gained throughout their lives. By doing so, they become advocates for social inclusion, champions against discrimination, and allies for marginalized individuals, contributing to a more harmonious European society.

The objectives of the project are thoughtfully designed to empower young people and promote inclusivity:

Project Objectives:

Objective 1 - Facilitate Intercultural Dialogues:

Our first objective is to create a conducive environment for profound intercultural dialogues among young participants. We seek to foster mutual respect, understanding, and an appreciation for the richness of diversity. Through structured discussions and engaging activities, our goal is to equip young individuals with the skills and

knowledge required to navigate a multicultural world successfully.

Objective 2 - Harness the Power of Traditional Folk Dances:

Our second objective centers around the utilization of traditional folk dances as a powerful tool for promoting inclusion and tolerance. Beyond simply learning these dances, participants will delve into their cultural significance, gaining a deeper understanding of their heritage and that of others. This objective embodies the essence of youth work, offering non-formal education that enhances teamwork, communication, and cultural sensitivity, all essential life skills for personal growth and active participation in society.

Objective 3 - Challenge Prejudices and Stereotypes:

The third objective is dedicated to challenging and dismantling prejudices and stereotypes that persist in our societies. Through shared experiences and meaningful cultural exchanges, we aspire to reshape attitudes and perceptions among our participants.

Objective 4 - Foster a Shared European Identity:

Our final objective revolves around nurturing a shared European identity among our participants. We believe that this sense of unity transcends national borders and encourages active engagement in shaping the future of Europe.

Activities

Our primary activity within this project is the implementation of a youth exchange, which serves as the central platform for achieving our objectives. The youth exchange represents a dynamic and immersive experience designed to promote intercultural understanding, combat discrimination, and empower young participants. Here's a detailed overview of the planned activities:

Youth Exchange:

Objective: The core of our project is a youth exchange that brings together 36 young people from diverse backgrounds and countries. This program offers a unique opportunity for participants to engage in intercultural dialogue, explore traditional folk dances, and challenge social exclusion and stereotypes while fostering a shared European identity.

Number of Participants: We plan to involve a total of 36 participants in this youth exchange, comprising young people aged 18-25. This balanced group will enable a rich and varied exchange of ideas and experiences.

Profile of Participants: Our participants will be selected based on several criteria. Firstly, they should be highly motivated to actively contribute to the project and committed to its objectives. Additionally, participants should demonstrate the ability to engage in the implementation of dissemination activities. They should possess an awareness of the European intercultural and social context of the project and its activities. Priority will be given to those who have never experienced international youth activities, ensuring that new individuals can benefit from this transformative experience. Furthermore, special consideration will be extended to participants facing fewer opportunities, as we are dedicated to promoting inclusivity and social inclusion.

Group Leaders:

Objective: To ensure the smooth execution of the youth exchange, we have selected group leaders who play a crucial role in guiding and facilitating activities. These leaders were actively involved in shaping the project's

concept and application process.

Profile of Youth Leaders: Our group leaders are individuals who demonstrated exceptional communication and leadership skills during the project's development phase. They possess a proficient level of English (B1-B2), which enables them to assist with translation and explanation if needed. Furthermore, they bring valuable conflict management and organizational skills to the table. Importantly, they have a solid background in non-formal education or direct experience in Youth in Action/Erasmus+ programs. Their involvement ensures the efficient and effective implementation of the youth exchange.

Impact

Our project, "Shall We Dance?" aims to achieve several tangible results and long-lasting impacts:

Results:

Empowered Youth: Participants will develop a sense of empowerment, enabling them to actively engage in social and cultural activities. They will gain confidence, communication skills, and leadership abilities, contributing positively to their personal growth.

Intercultural Understanding: Through intercultural dialogues and exchanges, young people will gain a deeper understanding of diverse cultures, breaking down stereotypes and prejudices. This will lead to more open-minded individuals who appreciate the richness of Europe's cultural tapestry.

Creation of a Common European Dance: Participants will collaborate to merge traditional dances from participating countries into a unified choreography. With the guidance of two experienced group leaders in choreography, this common European dance will incorporate steps from various national dances, symbolizing the unity of all participating cultures. This unique choreography will be showcased to local audiences during the youth exchange through a captivating dance exhibition. Furthermore, the dance performance will be shared with our respective communities upon participants' return to their home countries, promoting the cultural diversity and unity experienced during the project.

Enhanced Life Skills: The project will equip young people with valuable life skills, including teamwork, communication, cultural sensitivity, and conflict resolution. These skills are crucial for personal development and active participation in society.

Impact:

Fostered Social Inclusion: By challenging prejudices and promoting cultural understanding, our project will contribute to social inclusion. Participants will become advocates for inclusive communities, combatting discrimination and marginalization.

Promotion of European Values: "Shall We Dance?" aligns with European values of unity in diversity, tolerance, and respect for others. It reinforces these values among participants and in the broader society.

Increased Civic Engagement: Empowered youth are more likely to engage actively in their communities and take on leadership roles. The project will inspire participants to address social issues and become active citizens.

Long-Term Impact: The impact of the project will extend beyond its duration. Participants will continue to promote intercultural dialogue, inclusion, and unity, creating a lasting legacy within their communities.

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals
Action Type: Mobility of young people

Project Title

Fighting Obesity Through Nutrition and Exercise

Project Coordinator

Organisation Neue Generation Osterreich
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Project Information

Identifier 2023-1-AT01-KA152-YOU-000118591
Project Web Site <https://fightingobesitytne.wixsite.com/officialsite>
Start Date Jun 1, 2023
End Date Feb 29, 2024
EC Contribution 40,413 EUR
Partners Karate Klub Metalurg (MK) , Istanbul Social Running Group (TR) ,
Nutrizionisti senza frontiere (IT) , Asociacija "Aktyvus jaunimas" (LT) ,
YOUTH WORKERS ALLIANCE (RS)
Topics Creativity, arts and culture ; Physical and mental health, well-being

Project Summary

Objectives

Obesity and overweight are defined as an excess accumulation of fat that can negatively impact health. The root cause of these conditions is an imbalance between the number of calories consumed and the number of calories burned. This imbalance can be influenced by various factors, including a shift towards consuming more energy-dense foods that are high in fat and sugar and a decrease in physical activity due to the increasingly sedentary nature of many jobs, the use of more motorised forms of transportation, and urbanisation. These changes in diet and physical activity patterns can be influenced by environmental and societal factors, such as development and the lack of policies that support healthy behaviours in sectors such as health, agriculture, transport, urban planning, the environment, food processing, distribution, marketing, and education.

The project 'Fighting Obesity Through Nutrition and Exercise' was created in response to the alarming prevalence of overweight and obesity in European Union countries. According to estimates, 30-70% of adults in these countries are affected by overweight and 10-30% are affected by obesity. The situation is even direr for European children, with an estimated one in three 11-year-olds in the WHO European Region being overweight or obese in 2014. Boys tend to be at higher risk than girls, and disadvantaged groups tend to have higher rates of overweight and obesity.

The main goal of the youth exchange 'Fighting Obesity Through Nutrition and Exercise' is to promote the health of young people and build a healthier future by directly involving 50 young people from 6 European countries. Through this exchange, we aim to raise awareness about the issue of overweight and obesity and empower youth to take action on this issue at the local, national, and international levels. To achieve this goal, the exchange will focus on the following objectives:

- Raise awareness about the problem of overweight and obesity and promote this issue in partner organisation countries and internationally;
- Encourage young people to engage in various physical exercises and activities;
- Create informational tools, such as a website, YouTube channel, handbook of activities, videos, and photographs, to share the knowledge gained during the youth exchange;
- Increase participants' knowledge of the Erasmus+ Programme and develop their competencies;
- Foster cooperation between partners and support the development of new ideas within the Erasmus+ Programme.

Activities

From September 15-21, 2023, Rettenegg, Austria will host the 'Fighting Obesity Through Nutrition and Exercise' exchange, bringing together young people from Austria, North Macedonia, Türkiye, Italy, Lithuania, and Serbia. Each country will be represented by 8 participants, including 5 participants with fewer opportunities and 1 group leader. The exchange will be based on non-formal education and will begin with an introduction to the basic information about the facilities, accommodation, and rules. After the basic information, group leaders will facilitate activities designed to build trust and cohesion among the participants, such as name games, ice-breakers, and team-building activities. Once a safe and open atmosphere has been established, the group will move on to addressing the main issues of the exchange: dialogue, knowledge development, and raising awareness about overweight and obesity, with a focus on prevention and potential solutions. During this period, participants will attend debates, interactive presentations, and simulations. Evaluation and reflection activities, such as individual assignments, reflection groups, and filling out the YouthPass key competencies, will take place regularly throughout the exchange.

The participants in this project will be selected by each organization's group leader and will be aged 18 to 30. They must be able to communicate in English and have the motivation to participate in the Erasmus+ program, learn about the issue of obesity and overweight, and be part of an intercultural team. They should also be willing and able to take part in organizing a dissemination event to share their knowledge and raise awareness in their local communities. The project will include participants with fewer opportunities, including those facing economic barriers, geographical barriers, social barriers, and health problems. Partner organizations have agreed to select the most suitable participants based on their responses on the application form and to ensure a gender balance in the group. The application form will offer options for male, female, and other to avoid discrimination.

Impact

Impact on participants: The youth exchange 'Fighting Obesity Through Nutrition and Exercise' will significantly impact its participants. They will increase their knowledge about the issue of overweight and obesity, prevention, and potential solutions. Additionally, they will develop competencies listed in the YouthPass, such as multilingualism, intercultural skills, digital literacy, learning to learn, entrepreneurship, and literacy. Participants will also learn more about the Erasmus+ Programme and have the opportunity to make long-lasting friendships. As part of the follow-up to the exchange, participants and group leaders will be responsible for planning, organising, and implementing a dissemination event in their home countries. These events will aim to raise awareness about the issue of overweight and obesity, prevention, and potential solutions, and encourage local communities and institutions to take appropriate action. Participants will also have the chance to inspire their peers to join the Erasmus+ Programme and share their experiences and knowledge. The follow-up dissemination events will be open to the public and will be shared on the project's website to reach a wider audience. Participants will also have the opportunity to further develop their digital skills by working on the project's website and updating it with information and results.

Impact on partner organisations: Partner organisations will increase their capacity to address the issue of overweight and obesity, prevention, and potential solutions. They will also have the opportunity to build long-lasting and successful partnerships and create and implement new projects together.

Other target groups (local communities and institutions): These groups will be primarily reached through the follow-up dissemination events, which will raise awareness about the issue of overweight and obesity, prevention, and potential solutions, and encourage them to take appropriate action. During these events, the project's results, such as the Handbook of activities, website, YouTube channel, videos, and photos, will be shared as a tool for reaching a wider audience and spreading the impact of the project at all levels.

The youth exchange will produce the following results: Web Site, YouTube Channel, Digital results – Video and photo materials, Handbook of Activities.

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals

Action Type: Mobility of young people

Project Title

Dragtivism

Project Coordinator

Organisation Spiel_Raum - Raum für Bewegung, Theater und Anti-Diskriminierung
Address Währinger Straße 59 , 1090 Vienna , Wien , AT
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Project Information

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Topics Promoting LGBT+ equality ; Creativity, arts and culture ; Inclusion of marginalised young people

Project Summary

Objectives

LGBT+ youth still faces marginalisation, exclusion and lack of support. Psychologists suggested that Young people who receive negative reactions related to their sexual orientation, gender identity and gender expression are associated with reduced psychological health and school related problems. In particular, 2016 research from Ireland shows that LGBT+ young people are 2 times more likely to self-harm, 3 times more likely to attempt suicide, 4 times more likely to suffer from severe level of anxiety, stress and depression. (LGBTIreland Report, 2016). According to the EU LGBT survey of the European Union Agency for Fundamental Rights (FRA), 57% of all 18- to 24-year-olds say that they were discriminated against or harassed on the grounds of sexual orientation in the last 12 months (EU LGBT Survey, page 103). In Poland 80% of parents do not accept their LGBT+ kids (Social life of LGBT+ people in Poland. REPORT 2015–2016, 2017). In Slovakia, a survey of LGBT people by Iniciatíva Inakosť from 2017 shown that 39,1% of respondents experienced discrimination because they are LGBT and 23,7% have experienced discrimination in school or at university.

The creation of a Drag persona allows the person to confront this harsh reality and to fight or overcome it with Art, Creativity and Humor. It also has another effect, it supports the build up of tools to boost confidence and soft skills that the young people might not feel in their usual 'self' but that they are able to channel and transfer or learn from their Drag persona to their daily 'self'. This Youth exchange aims to explore Gender Expression as a form of art, but also as a form of activism that allows to challenge the Gender spectrum but also other unfair situations faced by the Gender gap and the many glass ceilings that women and minorities face on daily basis.

We will use the Dragtivism Youth Exchange to:

- Explore Gender from different perspectives, including the national realities that participants bring.
- Look specifically at the experiences of LGBTI+ young people, and consider a range of different approaches and actions to create resilience and increase inclusion.
- Consider practices in challenging hate speech amongst young people, dealing with prejudices and countering discrimination through art and activism.
- Explore our possible 'alter egos' and how they can be allies for self-development.
- Learn some skills around the art of Drag that can also support some future employability.
- Explore and celebrate LGBTI+ Culture.
- To offer a space for inquiry and personal growth of participants
- To raise awareness and acceptance of LGBTI+ people across the European Union
- To reach citizens, foster diversity and nondiscrimination
- To use Erasmus+ programme as a tool to carry out projects that promote LGBTI+ Rights, Human Rights and equality.

Activities

The project consists of 2 activities: APV and YE in Koscie, Slovakia. The APV will consist of one leader of each organisation and one young person, preferably a young person with fewer opportunities. The YE will consist of one leader of each organisation and 2 young people, preferably a young person with fewer opportunities. At least 50% of the participants come from social contexts with fewer opportunities.

The youth exchange targets young people with an interest in the theme of the exchange and that would like to have a European experience.

Participants will be selected by the partner organisations based on an agreed profile between all the partners involved.

The agreed profile is:

- Over the age of 16 y.o.
- Interested in exploring gender through art and incline to use artistic expression as a form of activism.

Impact

IMPACT FOR PARTICIPANTS

This project expects to have a substantial positive impact on the participants' development.

Participants will be upskilled and equipped with competences that will allow them to be more confident and to stand for equality and Human Rights for LGBTI+ young people, to advocate for the need of inclusive education and to fight homo/bi/transphobia in practice, through the use of art, theatre and humor. The project will support the the aims of the Inclusion and Diversity Strategy for Erasmus +: as it will support the creation of a common understanding amongst who may be considered as young people with fewer opportunities, Increase the commitment to inclusion and diversity from the different actors (the participants, their organisations and other stakeholders they work/will work with), reduce obstacles for LGBTI+ young people to participate in the programme, etc.

IMPACT FOR PARTNER ORGANISATIONS

We expect participants and organisations in this partnership to approach their future projects with an 'Inclusion and Diversity mindset' that encompasses all the stages of Erasmus +: management but also that translates into local, regional and national projects and initiatives.

Partner organisations will have the opportunity to increase their own network, creating solid basis for future collaborations with other associations that will take part of the project. They will also be able to increase their educational toolkit for their local activities.

IMPACT FOR THE TARGET GROUP

The target group is directly involved, partly through active participation in the program, partly because this project will generate multiplier effects among peers.

More people will be aware of the opportunities offered by Europe and Erasmus + program and can develop a greater curiosity towards the themes and the will to deepen them.

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals
Action Type: Mobility of young people

Project Title

Expressive Arts Therapy

Project Coordinator

Organisation Sitara Zhurkina

Address Wien , AT

Project Information

Identifier 2023-1-AT01-KA152-YOU-000124077

Start Date Jun 1, 2023

End Date Feb 29, 2024

EC Contribution 38,632 EUR

Partners Centrul Pentru Tineret Mileniu (RO) , SHAFT ORGANIZATION (TR) , Limitless Voice of Youth (IT) , A Bunch of Volunteers (PT) , Heritage - Youth Education and Promotion Center (AZ)

Topics Creativity, arts and culture ; Green skills ; Digital safety

Project Summary

Objectives

According to the psychoanalytic viewpoint, art is a spontaneous visualization procedure of the defense reaction that we make use of automatically. When we check it from a Jungian viewpoint, we can explain imagination as the internal and also surprise disputes', ideas' and also ideas' expression. Creative thinking, on the other hand, is utilizing the moment properly on their own, making their life power effective in the means they desire, for psychological security, psychological as well as physical health and wellness, being a pleasurable, joyfull human, we experience it this way in our day-to-day lives.

It acquires a concrete as well as graph for the split and also spreads spiritual life. The artwork leaves an aesthetic file which tape-records the transitive as well as subjective nature of the internal life of the private throughout the act of production. The capability of the individual to recognize their very own sources, share themselves via body recognition as well as improvisation easily and also experience the imaginative art procedure that mirrors the method of experiencing various kinds of interaction produced among the primary targets of our project. Art treatment develops an additional chance for sharing the internal experiences in creative means rather than simply discussing individual experiences. It is not required that they must be perfect imaginative jobs or "excellent art" as some individuals specify it. The internal expressions of the people that participated in the art treatment which they expose sincerity are beneficial for us. By performing our job, we intend to enhance the expression powers of the people, offering them to entail various interaction abilities in their lives, combating their adverse feelings as well as ideas and also changing them with favorable psychological circumstances. We intend to present the recovery side of art to the people as well as conserve them from the aspects as well as scenarios which develop injury results, we show the dream of remedying the deceptions in them by disclosing them. Artistic expression consists of the prospective to decrease humans' conflicts with each other. When it is incorporated with the individual capacity of the person, it will certainly have a more powerful side as well as will certainly sustain the individual for transforming themselves in the method of supplying flexibility, tranquility and also peace.

Targets Of Our Project

- Offering the restoring as well as recovering the component experiences via memories and also pictures,
- Assisting to the participants for obtaining understanding regarding their ideas and also relaxing by sharing their feelings,
- Removing the built up unfavorable psychological worries (catharsis) to be begun as well as giving catharsis, psychological discharge,
- Adding to the advancement of the interaction abilities with symbolic language,
- Finding the imagination and also visual experience as a means of individual recovery as well as growth,
- Benefitting from art as well as innovative qualities of the person in order to attain exemption, concretization and also long-term visualization,
- Supplying expression in our participants' impulses in a non-destructive method.
- Supplying restorative conjunction feature,
- Making our participants give a psychological expression in a restorative context,
- Touching a lot more people with picture, icon producing as well as with the signs that are developed,
- Having expertise concerning the Erasmus plus programs, getting the targeted favorable attributes,
- Making method for the international language advancement,
- Developing teamwork as well as uniformity with the people originating from various societies,
- Offering the getting of our participants the knowing end results that are targeted to make them acquire, in the

project.

Exposing the imagination that currently exists in us will certainly be accomplished according to the targets that are pointed out over. It is recognized that a lot of individuals lead a simple life without also understanding their creative thinking power as well as it is very crucial that they see what they can really conquer when they expose their currently existing possibility. Creative thinking offers learning more about feelings as well as sharing them, developing communication as well as checking out the issues from a variety of viewpoints. When we consider it by doing this, art treatment is a treatment approach which supplies disclosing of the large power which currently exists in us, imagination, as well as thanks to this power allows us to handle the troubles, share ourselves as well as enhance. With its various techniques and kinds, art treatment whose locations that it is made use of is growing everyday, we show the desire of bringing it to an airplane where even more individuals obtain gain from it and also with this desire as well as wish, we attempt to apply our project.

Activities

Project Implementation Strategy

Our participants obtain experiences as well as abilities associated with the subject of art treatment and also creative thinking, to strengthen their imagination by exposing their very own capacities. The web content of our tasks designed in order to attain the worths and also proficiencies that Erasmus plus programs target is offered listed below.

Orientation and Meeting Activity - Lip Reading

In our orientation task, a lip analysis video game is designed for every one of our participants to satisfy and also adjust to every variety. According to this, our participants will certainly rest as a circle. A participant will begin the video game and also begin to describe himself to the individual they selected with just lip activities. If the picked individual can not recognize what our participant is doing in all 3 efforts, they will certainly begin to present themselves by mosting likely to the center of the circle.

Visual Arts Therapy

In our video game which is developed with the adage of "generating something from absolutely nothing", our participants will certainly develop a brand-new item with plastic containers, caps, coloured strings and also paints. The items that are produced will certainly be made with tales that stand for a state of mind.

Masquerade Ball

Every specific existence exists in a social life by using numerous masks in the social life pattern. We will certainly repaint the masks which outline this awareness and also the recognition of the reality that the assumptions from individuals must be decreased to a minimal degree, and also share various states of minds, initially. With products such as masks, completely dry paint, pastel paint, gouache, brushes, papers as well as an apron, we will develop our masks.

Dancing Therapy

Our participants, with dancing and also motion treatment, will certainly show a 3 days of functioning intent on a brand-new dancing kind, modern-day dancing kind and also will certainly deal with a miniature careography with our experienced dancing instructor. Our participants will certainly display the choreography they have actually dealt with, on the fifth day of the task.

Developing A Banner From Word Clouds

Our participants, with words clouds technique, will certainly note words for the favorable worth of Erasmus And also programs with it adds to the people, in various colours and also dimensions to the banner.

Intermodal Expressive Art Therapy

Our participants will certainly accomplish the boring computer animation of a collection of visuals which are developed in our meaningful art treatment task. It is said that their physical expression will certainly be strengthened with video games.

Verse Treatment

For our participants' doing intercultural interaction themed verse tests as well as exposing their feelings in a brand-new location, our art treatment task is developed. Our participants will certainly review the rhymes they initially wrote in front of every one of our participants by taking notice of their focus as well as modulation.

Mandala Design

Our participants in our mandala style task will certainly make the colouring of the mandala numbers which are made use of a lengthy sheet.

Music Therapy

While our participants function separately in the very first part of the songs treatment task which will certainly be produced from 2 components, in the 2nd component they will certainly service a typical make-up. In the processes of their participation in the task, our participants that attempt to outline their feelings by incorporating various noises, after the private documents, will certainly disclose an usual structure by integrating all the documents.

Develop Your Own Logo design

Our participants will certainly develop initial logo designs appropriate to the art treatment and also imagination. The logo designs generated will certainly be published on the hand pamphlets which will certainly be dispersed throughout the circulation tasks of our task.

Profiles Of Our Participants:

We have actually selected our task participants with the participation kind we established with Google types and also preparedness examinations where we determined the degree of expertise concerning the subject, in the light of the standards we figured out with our companions. Our participants which we have actually figured out in between the ages of 18-30 are 48 individuals in total, 8 participants per nation.

- Our participants include an overall of 18 participants with minimal possibilities 3 individuals per nation. Their limited circumstances can be detailed as social barriers, geographical challenges and also social distinctions.
- Our participants are selected as 24 females as well as 24 males by taking into consideration gender equality.
- Foreign language degrees (besides our participants with limitedness and also originate from the unique circumstance allocation) being intermediate.

Impact

Human beings cannot always express the emotions and thoughts in themselves, this is quite painful and they are not even aware of what remains hidden in the unconscious. Art therapy, which is applied by art method, helps us to perceive and understand ourselves and our environment from a different perspective. Art, which is an important way to express and understand ourselves and our environment correctly, opens the doors of a refreshed and transformed life to the individuals when it is combined with creative thinking. Art therapy puts

human behavior from different perspectives in its extent. The practices that are done in line with this extent are the practices that approach human beings with their absolute reality and provide the skill of facing them to the humans. The art therapy implementations which we want to carry out with our project are created as; strengthening the expression skills of our participants, keeping their perspectives towards different incidences and factors healthy.

Results We Expect From Our Project;

- Improving art therapy and creativity and having the opportunity of more practice on the field basis,
- Providing that the participants will express their emotions and thoughts with different communication methods and express them,
- Improving self confidence, gaining the skill of thinking independently and originally,
- By reaching to the inner sources, revealing the changing dynamics,
- Supporting self development with art,
- Providing a strong stance against stress and depression factors related to it,
- Providing the access to the inner feelings with the creative methods,
- Gaining individuals who get experienced in Erasmus Plus programs and improving themselves,
- participants gaining the ability of analyzing their self-efficacy by observing their individual developments and changes,
- Providing our participants to improve their foreign languages through verbal practices,
- Providing establishing, improving and maintaining friendships with the people who come from different cultural patterns,
- By getting rid of prejudices and discriminatory behaviour, embracing individuals from every culture,
- Providing our partners to develop their experiences about Erasmus Plus programs,
- Enrichment by expanding their social networks and creating new cooperations.

As well as the possible results that are expected, when we look at the change and impact seen on our participants;

1. Our participants to gain the ability of expressing themselves with the help of creative products by using images and symbols,
2. As well as the verbal communication, developing non-verbal communication by using it,
3. Developing 4 thoughts systematic: reflective, critical, creative and analytical,
4. Enthusiasm and effort to deal with a branch of art,
5. For coping with stress, benefitting from the power of art,
6. Exhibiting a strong and powerful stance against traumatic cases and conditions,
7. Providing the replacement of irrational emotions with rational emotions,
8. Providing attendance and being volunteer to the non governmental organizations who work in the field of artistic activities,
9. Meeting with the individuals coming from different cultures and the wish of improving their social networks.

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals
Action Type: Mobility of young people

Project Title

Through a Gender Lens: Young Women in Sports

Project Coordinator

Organisation Youth Power - Austria

Address Niederheischbach 9/Vierkanthof/1 c/o Marinela Marina , 4652
Steinerkirchen , Oberösterreich , AT

Website <http://www.yip-at.org>

Project Information

Identifier 2023-1-AT01-KA152-YOU-000121753

Start Date Dec 31, 2023

End Date Dec 30, 2024

EC Contribution 27,930 EUR

Partners ASOCIACION CULTURAL Y DEPORTIVA LAHOYA (ES) , EVROPSKE CENTRUM MLADEZE BRECLAV EUROPEAN YOUTH CENTRE BRECLAV Z. S. (CZ) , Ordu Genclik Merkezi (TR) , ULUSLARARASI AKTIF SEHIRLER DERNEGI (TR) , ASSOCIACAO EDUCATIVA NACIONAL DE INCLUSAO E INOVACAO NAS ESCOLAS (PT)

Topics Physical and mental health, well-being ; Promoting LGBT+ equality ; Promoting gender equality

Project Summary

Objectives

the numbers show, are likely to drop out of sports activities and do very little physical activity out of school. When considering the national strategies in the field of youth and school sports of the Federal Ministry of the Arts, Culture, the Civil Service and Sport of Austria, we have realized that the youth and sports strategies have a dedicated pillar to youth health and well-being by increasing physical activity within schools. Analyzed statistics of EIGE of male and female participation in sports activities showed that the number of male students in any sports team (74%) is higher than the number of female students in any sports team (26%). Our youth organization has decided to increase the number of women in any sports team up to 50% and eventually reach the youth and sport strategy in sports of the Federal Ministry of the Arts, Culture, the Civil Service, and Sport. Therefore, we will try to systematically examine and identify social and youth-based processes influencing the retention and dropout of women from sports. We will bring a European dimension to the project by involving 6 youth organizations (Austria, Türkiye, Spain, Portugal, and the Czech Republic) as partners so as to create mutual solutions in terms of increasing women's participation in sports. In this project, we will always find ways to ensure that sports and physical activity are relevant, motivating, and accessible for women and those associated with dropping out of sports. The aims and the planned activities of our project have direct links with the Erasmus+ program and Youth Exchanges. Great progress will be made to reduce gender barriers and social barriers to sports participation in beneficiary youth participation so as to keep women from getting in and staying in the game. Moreover, in this project, we aim for the active participation of young people through jointly interactive activities and which means that the project supports active participation in the network of Erasmus organizations. Each beneficiary youth organization will share its knowledge with other youth organizations, providing them with advice, mentorship, or other support related to the inclusion of women in sports and physical activities. We are not building up this project as a single governing structure. We believe in the shared leadership system among partners. As Europe designated 2022 as the European Year of Youth, we will create activities at European, national, regional & local levels throughout the project on increasing young women's participation in sports that mostly affect young people.

- Women will enjoy engaging in sports activities. Necessary sports strategies will be implemented which build upon this enjoyment and allow them to participate as fully as possible, in forms that offer them satisfaction and opportunities for achievement in sports.
- As some of the sports practices inherent within sports might deter women from participating, sports provisions will be adapted to encourage and accommodate all young women into sports.
- Each partner organization of sports groups and programs will include women in key roles, such as coaching and mentors, and role models are drawn from within local communities and organizations. These will reflect differences in perspectives and interests and develop close links with youth organizations and communities, to ensure continuity of engagement in sports and physical activities throughout the project.
- The more opportunities will be available for women to be physically active, the more they will be active. Strategies will be put in place that ensures activities; settings and facilities are easily accessible and safe for women in sports.
- Each partner youth organization will highlight the importance that women value coaches or trainers, who will treat them with respect, encourage the team, communicate clearly, and know a lot about their sport. This system will include allowing women to make mistakes, staying positive, listening to their opinions, being friendly, and providing positive feedback.
- Each partner youth organization will be able to establish and implement a strategy to keep women's place in sports by letting coaches or trainers see through a gender lens.

- Participants will improve their English language speaking skills and be better at communication.
- Each participant will comprehend to treat one another with mutual respect, work in partnership, and support one another to assert their rights, including engaging as allies in the face of equality in sports.
- There will be an improvement in building positive attitudes towards EU cultures and values in women.
- We will aim to ease the harmonization process of EU educational systems on the way to becoming better EU citizens and setting up an acculturation process with the help of transnational cooperation.

Activities

In this project, we have planned 7 days of activity that will take place in Youth Power in Austria. We will figure out the patterns of women's participation in sports and influences on women's participation within the current systems of each beneficiary youth organization by conducting a survey on "What's Stopping Women Being More Active?" A youth Focus Group Meeting will be organized among all participants in order to get the opinions of young women within discussion cycles. Moreover, the strategies and teaching techniques on how to improve the number of women in sports teams and sports activities will be analyzed. We will create "How to Make Sports Better for Women and Coaching through a Gender Lens" toolkits including all the information and experiences during the project to be used in each beneficiary youth organization. At the end of the mobility, we will organize a "Volleyball Tournament" so that the young women can experience the opportunities to acquire new skills, interact with others, meet challenges, develop team skills, and potentially improve self-esteem and self-confidence. So as to implement the toolkits that will be created during the activity "Be an Ambassador for Women- Youth Organization Piloting Process" will be developed to be used in each partner organization. Each participating group will include 5 students and 1 group leader for the project. The youth workers, youth leaders, young people, and volunteers of each participating youth organization will be appropriate for joining the project. These 30 participants will be chosen among those who have not got a chance to participate in any sports team or sports activities due to male dominance or any other related issues. The group leaders will be those who are licensed coaches or trainers in volleyball and/or currently active in any kind of sport. The age range of group leaders will vary as the trainers or coaches will be very experienced in their field of sport. In total, there will be 30 participants and 6 group leaders within the project. The project will include women as the main beneficiary and it shows evidence that the project respects the principle of inclusion and diversity in all aspects of their activities. The activities will involve participants from different backgrounds and with diverse abilities, actively engage, and involve participants with fewer opportunities. Each participating youth organization will support the mobility of young people in the form of Youth Exchanges, with the objective to engage and empower young people to become active European citizens, connect them to the European project as well as help them acquire and develop competencies for life and their professional future. This project will help European youth organizations understand what motivates women to take part, enabling trainers and coaches to work with women through consultation and leadership to make the necessary changes to their sports, and physical activity provision to engage all women in ways that appeal to them. To accomplish this objective, we will focus on the following themes:

- Patterns of Women's Participation in Sports and Physical Activities;
- Influences on Women's Participation;
- Examples of Innovative Practices.

This project is designed to help the staff of each participating youth organization to understand how to really cherish and make the most of their sporty and active women, but also to try and widen the net so that more women want to get involved and develop a sport that will keep them involved throughout their lives and beyond. Youth organizations as a whole will be responsible for providing women with the knowledge, skills, and understanding to be able to lead safe, healthy, and fulfilling participation in sports. The trainers, coaches, youth leaders, youth workers, and volunteers will be encouraged and enabled to assess aspects of the whole-school ethos and policies to make sure these encourage activity in all young people, especially women. The

administration of each youth organization will see female participation in physical activity and sports as integral to social life with opportunities for all members of the community to include it in their routines. Tapping into this enthusiasm can be tricky but, once achieved, the effect can snowball, creating a whole-wide culture of fit, healthy young women, who retain their love of sports and activity throughout their lives in the long term. We aim to boost the professional motivation and skills of the trainers and coaches to increase the professional language competencies and improve the social skills of young people. Moreover, we have foreseen an improvement in building positive attitudes towards EU cultures and values and easing the harmonization process of EU educational systems to become better EU citizens.

Impact

- Youth Power - Austria will increase the number of young women participating in sports and physical activities within their organization by up to 50%;
- Ordu Youth Center will increase the number of female youth, youth workers, and youth leaders participating in sports activities, projects, and events by up to 60%;
- European Youth Center Břeclav will increase the number of female young people involved in the sports activities that their center will organize by up to 55%;
- Internal Association of Active Cities will increase the number of female youth in any sports team with the help of the İstanbul Provincial Directorate of Youth and Sports by up to 50%;
- AENIE increase the number of young women participating in sports and physical activities within their organization by up to 50%;
- Asociación Cultural y Deportiva La Hoya will increase the number of female young people involved in the sports activities that their center will organize by up to 55%;
- Each beneficiary partner will have effective youth coaches on the way to raising young women in sports.
- Each beneficiary partner will set up a women's council, which meets regularly to organize and publicize an extracurricular timetable of activities of sports with more of a focus on women's participation. We will ensure that this will be representative of the whole organization and not dominated by women only.
- We will develop a whole-youth-based approach to engage women through sports and physical activities.
- Each beneficiary partner put efforts to improve and sustain women's participation rates and offers women the opportunity to become young Sports Ambassadors within the organizations.
- Each beneficiary partner will often work well as a way of motivating non-sporty or disengaged young women and t encouraging them to join in sports.
- Trainers and coaches will support organizations to grow, develop and deploy young women in meaningful sports roles. They will give young women the opportunity to get sports experiences and receive mentor support so as to inspire young women to become involved in sports and spread respect, friendship, excellence, courage, determination, inspiration, and equality.
- Each beneficiary partner will have basic qualifications including a personal development program that will be specifically designed for women. It encourages women to enter into sports and to develop their involvement to benefit themselves and their community.
- This project will aim to give women the skills and confidence in the sports environments to become involved in leading, which can be a springboard to further opportunities.
- Each partner organization will monitor the impact of the efforts to address barriers to women's sports participation and use positive steps to encourage and support women.
- Each partner organization will have an official organizational monitor of women's physical activity levels. It will crucial for youth organizations to keep abreast of the levels of activity in which their students are engaged. Routine monitoring will include quantitative and qualitative data collection and analysis.
- We aim to build learning institutions that foster equality in sports by benefiting from EU values and transnational partnerships.

- We will promote interactions, and life skills in relation to equality in sports issues, and create a capacity-building environment so that all young students—female and male—can benefit equally and reach their full potential.
- Each partner organization will encourage all participants to choose from the same wide range of opportunities in courses, extracurricular activities, and career paths in sports.

In the long run, the project will try to close the gender gap in sports and persuade more women to get active. The project will challenge the conventional idea of what women's participation in sports looks like, and aims to inspire more women to move and prove that all barriers can be overcome. As The European Parliament encouraged EU countries to develop measures enabling female athletes to improve their professional sports lives and to promote equality in government policies on sport and the European Strategy presents policy objectives and actions to make significant progress by 2025 toward a gender-equal Europe, we will adopt and strengthen sound policies and enforceable legislation for the promotion of equality in sports and the empowerment of all women at all levels. The project will mainstream equality in sports education and training policy remains crucial in countries where equal access to sport education is taken as a given, which is the case in the majority of EU Member States.

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals

Action Type: Mobility of young people

Project Title

Active Life, Active Future

Project Coordinator

Organisation FI Gesundheits- und Sportverein
Address Rosentaler Straße 60/5 , 9020 Klagenfurt , Kärnten , AT

Project Information

Identifier 2023-3-AT01-KA152-YOU-000177084
Start Date Jan 1, 2024
End Date Jul 31, 2024
EC Contribution 33,784 EUR
Partners Hara Ankara Atlı Yaşam Kulübü Derneği (TR) , FAKTOR a Jövő Közösségéért Egészségügyi és Sportegyesület (HU) , Asociace pro vzdělávání Zift z. s. (CZ) , Sports and Healthy Living Community (IT) , Guardian Angels of the World (BG)
Topics Physical and mental health, well-being

Project Summary

Objectives

By implementing the project, it is aimed to help young people develop themselves and become individuals who are beneficial to society. Sport helps young people to improve their physical health. The project will enable the participants to form habits of practicing sports and encourage them to adopt a healthy lifestyle. Team sports and youth activities will help build social bonds among young people. It will help young people to build friendships by doing sports together. Sport will help to increase the self-confidence of individuals. Sport will help participants from different countries to promote cooperation.

In this direction, our project objectives are as follows:

To encourage participants to understand the benefits of sport and learn how sport can add value to their lives,
To enable young people to increase their intercultural understanding, learn about different cultures and build bridges between people,

Sport will offer participants the experience of taking responsibility, achieving goals and being disciplined. The project will help to encourage participants to develop these important skills,

To ensure that young people can be rehabilitated through sports in the presence of the problems they face and thus be included in the society.

Activities

Activities

Meet and Greet Mixer: In this activity, participants will meet and mingle with each other.

Project Introduction Session: Information about the project will be provided.

Erasmus Plus Orientation: Erasmus+ information will be provided.

Icebreaker: Say Hello!: It is an activity that will enable the participants to mingle with each other.

Youthpass Discussion Session: There will be an information session about Youthpass 8 key competencies.

Daily Reflections - Feedback Box: It is an evaluation activity at the end of the day.

International Card Game Night: An activity to strengthen the communication of the participants.

Life Impact Symposium: Work will be done on the importance of sports.

Design Your Own Poster: Participants will design a poster for dissemination.

Environmental Sustainability: Environmental sustainability information study will be conducted.

Culture Night: Participants will gain cultural knowledge.

Sports Stories Exchange: A sports-themed story activity.

Mindful Colors Workshop: Participants will design imaginary sports.

Social Research Experience: In this activity, participants will conduct a social experiment.

Mindful Cube Workshop: A workshop created with the benefits of sports.

Stakeholder Visit: This is an activity where a stakeholder visit will take place.

Let's Explore and Discover: A city tour will be organized.

Share Your Art: Poster Edition: It is an activity where dissemination work will be done.

Youthpass Certificate Presentation Event: Youthpass certificates will be distributed to the participants.

Project Evaluation: Evaluation activity to be held at the end of the project.

Participant profile

There are 6 organizations in the project, Austria, Turkey, Bulgaria, Hungary, Czech Republic and Italy. There are 8 participants from each organization, 4 women and 4 men, for a total of 48 participants. In addition, there are 2

participants from each country, 1 female and 1 male, for a total of 12 participants with fewer opportunities. The age range of the participants in the project is determined as 18-30.

Impact

The expected results and impacts after the successful completion of our project are as follows:

Participants are expected to acquire the habit of doing sports in line with the information they have acquired. As a result, their physical health is expected to improve.

Improvement of social skills and social ties through team sports and group activities are among the expected impacts.

With their active participation in the project, their leadership skills are expected to improve.

Cooperation and teamwork skills are expected to improve.

Empathy skills are expected to improve.

Sports are expected to improve participants' responsibility and discipline skills.

It will help them adopt a healthy lifestyle that will enable them to eat healthy, sleep regularly and stay away from harmful habits.

Participants are expected to become conscious individuals who are sensitive to social problems.

Expected impacts for organizations,

Organizations are expected to strengthen their social image through social responsibility activities.

Organizations are expected to increase their recognition by making their name and logo visible.

Organizations are expected to establish new collaborations with NGOs and other stakeholders.

Opportunities for international cooperation are expected to arise as many participants and organizations from different countries come together.

It will help organization members to gain new experiences and increase their personal skills.

They are expected to gain experience in Erasmus+ projects or add new ones to their existing experience.

It is expected to enable them to develop future projects and gain greater experience.

Provide project sustainability and shed light on and support future projects.

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals
Action Type: Mobility of young people

Project Title

EmPower Youth Digital Multimedia für die Umwelt

Project Coordinator

Organisation Bünyamin AYANLAR

Address AT

Project Information

Identifier 2023-3-AT01-KA152-YOU-000172152

Start Date Jan 1, 2024

End Date Dec 31, 2025

EC Contribution 47,770 EUR

Partners Scream for Change (BE) , Tunisian Youth Power (TN) , Somali Society Relief Development & Advocacy (SSRDA) (SE) , AAR SOCIAL DEVELOPMENT ASSOCIATION(ASDA) RY (FI) , kulan Organisation (DK) , KAN HASTALIKLARI DERNEĞİ (TR) , Jugendgruppe Für Soziale Verantwortung (DE) , P.R.S.D. - ASSOCIACAO, PROVIDORES DE RESPOSTAS SOCIAIS PARA O DESENVOLVIMENTO (PT)

Topics Digital skills and competences ; Environment and climate change ; Green skills

Project Summary

Objectives

Our project aims to improve the digital skills of young people. Young people will now solve problems by talking on social media. Digital skills are the need of our time for young people. . These skills also include general competencies such as publishing internet research, online communication via email or instant messaging, professional online.

Participants will gain different knowledge and skills with this project. These

- environment and ecological life
- Sustainable living emphasis
- Climate change and global warming
- digital information
- dialogue with different cultures
- Solution of a broader perspective on the world and different issues;

Goals of the project:

- Raising awareness about climate change and global warming
- determination of eco-tips for teenagers
- Exploring how to acquire sustainable life skills
- Gaining skills in recycling
- Organizing local studies on the environment;
- introduction of non-formal education
- To promote the ERasmus + ESc program
- promoting intercultural dialogue.

Activities

The project will involve 3 types of participants: a) group leaders, b) participants with limited resources and c) participants interested in environmental and digital skills development. At least 50% of the selected participants will have limited means. The age of the participants will be 18-30. Our project is always open to young people who want to explore new topics and are interested in the subject through Youth Exchange. The project is designed to link with the following Erasmus+ priorities:

- Inclusion and Diversity.
- Digital Transformation.
- Fighting against environment and climate change. Participants will learn more about climate change and global warming. By conducting research, sharing good practices from the local community, producing new things from recycled materials, they will begin to increase their curiosity to be friendlier to our planet from the implementation stage. Young people will start to talk about climate change and learn the knowledge and skills to combat it.

Impact

The project will connect 54 participants from 9 countries. Participants will create peer-to-peer learning opportunities through non-formal education. Participants

- they will gain creative thinking skills
- they will improve their research and presentation skills
- will be able to speak in public

- they will learn more about the environment
- They will learn more about Erasmus, EU opportunities and YouthPass
- they will learn non-formal education;
- They will gain experience in using multimedia tools
- They will learn how to organize a social media campaign
- they will learn how to use recycled materials
- be more open-minded to different behaviors and cultures;
- develop skills to become a youth worker;
-

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals

Action Type: Mobility of young people

Project Title

SMART Lifestyle

Project Coordinator

Organisation Europahaus der Pfarre Pulkau
Address Schottengasse 7 , 3741 Pulkau , Niederösterreich , AT
Website www.europahaus-pulkau.at

Project Information

Identifier 2023-1-AT01-KA152-YOU-000150041
Start Date Jun 1, 2023
End Date May 31, 2024
EC Contribution 55,962 EUR
Partners Ronald Szatmari (AT) , Elisa Giorgia Zaltron (IT) , "Druh piznajetsja w bidi" (UA) , Gymnazium, Stredni pedagogicka skola, Obchodni akademie a Jazykova skola s pravem statni jazykove zkousky Znojmo, prispevkova organizace (CZ) , ASOCIATIA CARITAS BUCURESTI (RO) , Fejlődő Fiatalok Egyesülete (HU)
Topics Physical and mental health, well-being ; Environment and climate change

Project Summary

Objectives

Young people will learn to take care of their bodies and their health, just as they have learned to care for the environment. In addition, at the level of the 7 communities in which the partner organizations are active, it can be observed that young people value their physical appearance, but still need advice and help. Many get tempted by countless diet offers on the Internet without knowing the basics of nutrition, they only live the dream of a healthy lifestyle. Often the result is negative, young people expose themselves to physical disorders that later manifest themselves in behavioral disorders. So we made the decision together to name the project "SMART Lifestyle" and to design it accordingly, because it is important for young people to lead a thoughtful, weighted, balanced lifestyle. The project will also focus on the inclusive side, promoting an anti-bullying attitude towards a person's physical appearance.

The aim of the project is to develop responsible behavior towards their health and the environment in young people.

What we still want to achieve by implementing the Erasmus+ project:

- a) Increasing the level of key qualifications related to a healthy lifestyle for 43 young people for 13 days through non-formal methods;
- b) Promotion of physical activity, healthy eating, sustainability and environmental friendliness habits and behaviors among 43 young people from 7 countries;
- c) development of lifestyle management skills among participants;
- d) Promotion of diversity, intercultural dialogue, common European values of freedom and inclusion and implementing them in their own daily life and their community;
- e) Promoting the concept of a healthy, sustainable and environmentally friendly lifestyle in the 7 communities where the partner organizations/groups operate.

Activities

The main activity of the project is a mobility that will take place in the town of Pulkau in the Niederösterreich area. The mobility will take place over a period of 15 days with 43 participants from 7 different countries. The young people will participate in different activities that have as a solution a healthy lifestyle for a long period of time. Thus, the participants will accumulate knowledge about the basics of a healthy lifestyle through different workshops, such as the one on designing a weighted food plan, followed by another on cooking and preparing food in a way that is as little harmful as possible. The participants will attend debate sessions about the influence of Fast Food on the human body, the importance of developing sustainability objectives, the careful purchase of types and quantities of food, to avoid the possibility of waste, and many other interesting topics. Also, young people will learn the importance of the digital component with the help of different applications, how to determine the carbon footprint emitted by each individual member and how to calculate the required amount of water, which the participants must consume daily. Mental health is another topic that will concern young people during the mobility, so games and activities will be organized that have the role of removing stress, anxiety and shyness, replacing them with confidence, courage and perseverance. Team work is an important component in the development of activities, precisely so that each member feels supported and can learn from each other. The cultural series will help a lot in the mental development of young people, so they learn how to react and speak in front of a large group and get to know information about the participating countries through a non-formal and interactive way.

The target group consists of 43 young people aged between 14 and 35 from Romania, Hungary, Austria, Italy,

France, Georgia and Ukraine, whose participation in the project will be facilitated by a group leader from each country. They have residence in one of the participating countries, are members of the local communities where the organizations carry out their activities, present the need for information on the applicability of a healthy lifestyle, the importance of mental health and sports activities, the need to participate in international cooperation projects among young people, the need to adapt to a multicultural environment.

Impact

The estimated results of the mobility are:

- Increasing the level of knowledge regarding the importance of a healthy and sustainable lifestyle of 43 young Georgians, French, Italians, Hungarians, Austrians, Romanians and Ukrainians, also developing linguistic, oratorical, civic, interpersonal and intercultural skills;
- The activities will help them to improve their knowledge about the objectives and targets of sustainable development, to know ways to reduce the carbon footprint, to identify the benefits of walking, health and the environment. the importance of giving a certain rest time to avoid various mental disorders.
- Participants will become aware of the negative effects of pollution on the environment and implicitly on the human body and will adopt a lifestyle based on sustainable principles -
- Participants will become aware of their own national cultural identity through interaction with other cultures and will develop proactive attitudes - tolerance, respect, empathy, self-confidence and colleagues, as well as the importance of non-formal methods in learning activities.

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals
Action Type: Mobility of young people

Project Title

Heal This Land

Project Coordinator

Organisation ZENTRUM FUR INNOVATIVE BILDUNG
Address c/o: Impact Hub Lindengasse 56, 1070 , 1070 Vienna , Wien , AT
Website www.zentrumib.org

Project Information

Identifier 2023-1-AT01-KA152-YOU-000148838
Start Date Jun 1, 2023
End Date Jun 30, 2024
EC Contribution 30,983 EUR
Partners KARGENC ÇEVRE SPOR KULÜBÜ (TR) , ASOCIACIJA TAVO EUROPA (LT) , ASOCIATIA NEVO PARUDIMOS (RO) , Modern Youth Public Union (AZ)
Topics Green transport and mobility ; Physical and mental health, well-being ; Environment and climate change

Project Summary

Objectives

The project's overall goal is to increase youth understanding of environmental issues including climate change and social responsibility.

Living spaces are increasingly under risk due to the inescapable rise in environmental pollutants. As a result, we are left to deal with uncommon natural events due to the changing climate. The primary contributors to climate change are an inescapable rise in carbon emissions (due to the continued use of fossil fuels as the primary source of energy), the rapid pollution of our planet (especially due to the use of plastics), the ongoing use of greenhouse gases that harm the ozone layer, and human activity. One of the EU and EU countries' top concerns is combating climate change.

The International Human Environment Conference, held in Stockholm in 1972, was a significant turning point because it established that environmental issues had no national limits and that every nation in the world should work together to find answers. The First World Climate Conference, which was held in 1979 under the direction of the World Meteorological Organization for the first time, and the Second World Climate Conference, which was organised by the World Meteorological Organization in 1990, represented the first international action on climate change. The Paris Deal, which is still the most extensive and current agreement, and the Kyoto Protocol, which was formed in 1997, both continue this process.

The European Environment Agency is working on implementing the Kyoto Protocol, assessing EU policies, and creating long-term plans to combat and adapt to climate change on behalf of the EU. The fundamental goal in this regard is to maintain climate change-related global warming within the +2 degree range of pre-industrial levels. Countries have chosen 2030 and 2050 targets for renewable energy and carbon emissions, respectively. Our organisation IEC Austria, has represented the country in a number of international climate change projects. This project idea is one of those initiatives. IEC Austria aims to empower youth on becoming knowledgeable and skilled on sustainability and nature conservation topics, on the way to become active citizens promoting these issues in their life by creating valuable interactions with the sport sector.

Host country Turkey is among those which the effects of climate change pose a serious threat because of its position, growing urban population, expanding economy, and dependence on imported energy.

Since 2000, the energy sector has responsible for 75% of total greenhouse gas emissions (fuels used in industry, transport, buildings and agriculture). The 2020 target for the host country, Turkey, is to lower primary energy density by 20% (over 2008 levels) by 2023, similar to the EU's goal of major energy savings and a low-carbon economy.

Host Kargenc Club has worked on environmental projects, promoted healthy lifestyles, and protected water resources. They have also taken part in numerous activities as partners or participants in these fields.

Since the demands in Turkey are far higher than in Austria, the project's execution will make it easier for local youth to access this opportunity and raise their awareness. Participation will also be difficult because two of our partners (Azerbaijan, Turkey) require visas to enter EU countries. Youths from EU countries visiting Turkey to conduct climate research and discuss personal experiences would also considerably increase the project's quality. Kargenc's close partnership with municipal, governmental, and other civil society organizations will help in the timely and effective completion of all project plans.

Through this project, all partners hope to increase participants' and local communities' understanding of climate change and environmental challenges while also advancing important goals of the EU, its members, and the nation.

The specific goals in this case are:

With the help of seminars, posters, slogans, media, and social media, we may spread social messages about

climate change, environmental cleanliness, and carbon emissions. We can also do this by raising awareness of our own and other people's carbon footprints.

The participants will take a carbon footprint test and receive local community climate information.

-Talk about the actions and customs that harm the natural cycle.

-To create a table of behaviors that are detrimental and not harmful to nature in order to become conscious of the harms we do to nature that are not already known.

-To examine and publicize the harm that climate change is causing to the environment and ecosystem.

-To look into and display the recent natural occurrences that have a direct connection to climate change.

-Promoting active lifestyles through morning workouts, cultural nights, village visits, hiking, and environmental cleanup.

-To guarantee the usage of English actively.

-To encourage people to pay visits to the organizations responsible for the environment and the future.

Activities

For the participants in the project, an activity schedule related to the planning process has been developed. The preparation details are as follows;

Zoom meeting and task management- June 2023
including partner internal contracts

Making a learning agreement with the partners' participants after the participants are chosen- July 2023
- Participants complete the task section for the preparation procedure.

Supply of airline tickets -August 2023
- Participants become ready for particular tasks for their nation.

Presentation preparations- September 2023
- Travel preparations

Project main activity, starting month of the project implementation- October 2023

Day 1: Arrivals/Travels

Day 2: YouthPass workshop, participant presentations, program presentation, logo and poster work, and visiting the families

Day 3: A seminar, a workshop, a painting session for t-shirts, and beach cleanup

Day 4: Participants took part in an environmentally friendly photography activity, worked on service brochures, and completed a "carbon footprint test."

Day 5: Visit to a high school, panel building, a seminar on the precise causes of climate-related natural disasters, and a "carbon footprint test" for the pupils.

Day 6: Visit to the Sakarya Metropolitan Municipality Saski water facilities

Day 7: activities include creating an educational table outlining the things used frequently and how they affect carbon emissions, watching a video, visiting a hamlet, and planting a tree.

Day 8: Distribution of cotton bags, climate information, and an exhibition

Day 9: Designing a booklet, talking about the Erasmus + experience, going to the Acarlar Floodplain Forest, general evaluation session, and awarding certificates.

Day 10: Blog and social media post preparation

Daily morning physical activity and training for quick evaluations

There will be cultural nights to promote cultural exchange. After the Exchange, the project board will be present in

the participants' schools in November 2023.

The activities for disseminating information will be carried out and supervised in November 2023.

The project's participants will range in age from 16 to 24 (leaders +25). The cause of it is that young people who developed environmental knowledge and abilities at these ages had the chance to spread and put those talents into practice more easily through their social and academic lives. The age range we defined comprises children and teenagers who are typically of school age. This will encourage kids to participate in environmental activities during social club events at school.

For gender equality in the project, having a ratio of men and women that is equal is crucial. Kargenc Club collaborates with partners on this. With this, it will be ensured that there are an equal number of men and women in each participant group, or in the case of a 6-3 ratio, we will equalize the numbers using an inverse ratio (At the very least, 55% of it) by other partners or the host association, Kargenc Club.

Impact

Our project includes awareness activities aimed at preventing climate change and environmental pollution, which carry great risks for the future. In this context, we aim to attract the attention of the society to climate change through activities such as carbon footprint tests, climate information, exhibitions, visits, water facilities visits, workshops, school boards, posters, service paper and cloth bag design activities, etc. We aim to achieve positive results firstly at the local level and then at the partners' regions through the planned dissemination activities. In our project, there is no risk to reach the expected results through additionally distributed to the 45 participants cloth bags, service sheets, posters, exhibition activities and boards in schools and other dissemination (web, social media, local media, etc). We believe that the individual and group steps taken by our participants will contribute to the expected change by growing with the effect of snowball. Through our project, we aim to create the following effects for the participants:

Expected impact on participants;

To develop cooperation with young people from different cultures, languages and religions against social problems based on tolerance,

Raise awareness that everything we use individually has an energy value,

To be aware of emergency action plans for the protection and renewal of environmental and water resources.

To raise awareness of young people against climate change, to research and develop skills for solutions, • To show empathy,

Follow the world agenda and gain the habit of media literacy,

Gain awareness about individual carbon release and carbon footprint, and develop individual behaviors that protect nature,

To raise awareness about climate in the community with posters, slogans, brochures, service paper and cloth bags,

To develop social responsibility skills,

To gain environmental protection awareness,

To develop the ability to communicate their gains with climate information and dissemination materials to be distributed through magazines, brochures on climate information day.

Participants will recognize the Youthpass certificate and key actions.

Finally, they are expected to develop basic English and develop basic communication skills in the native languages of the partner countries.

Targeted impact on leaders and partner organizations;

Developing methods of combating climate change by conducting research,

Mobilizing young people for a clean world in their future,

Taking responsibility in the fight against environmental pollution,

Expected impact on target groups;

Raise awareness on issues such as climate change and nature protection,
Taking action to leave a livable world for young people and children,
Develop awareness of individual carbon emissions and behavior to reduce. They are expected to acquire tolerant communication skills towards foreigners.

Expected impact on decision-making institutions;

To be more rigorous about the responsibilities towards climate change,

Developing investments in opportunities for young people, The local impact of our project is;

With the realization of our project, our participants are expected to raise positive awareness by planning guiding activities for the local community on climate change and environmental pollution. It is also aimed to develop intercultural dialogue and cooperation by bringing together values from different cultures. On the other hand, the knowledge and skills gained by the participants will have a positive impact at the regional level (including the regions where the participants live).

At the national level;

Participants will act as an ambassador by representing their country in a project or event abroad. They will also have the opportunity to introduce their own culture to other participants. The partners' sharing of the project results with the relevant institutions in their countries will support the policies implemented against climate change. At European and international level;

The implementation of our project, the gathering of participants from different cultures and the use of Erasmus + program grants will contribute positively to international interest in the development of such activities. The school boards of our partners in their countries and the sharing of the project videos to be realized in the related schools will ensure a high impact in the European dimension as well. In addition, it is aimed to create a stronger area of action by developing intercultural cooperation on environmental and climate issues. Our project will also contribute to the climate change policies and objectives of the United Nations and the European Union.

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals
Action Type: Mobility of young people

Project Title

The recipe of well-being

Project Coordinator

Organisation Organisation für Aktivismus und Soziales mit Charme und Heimatliebe

Address Pfarrplatz 16 , 4020 Linz , Oberösterreich , AT

Project Information

Identifier 2022-3-AT01-KA152-YOU-000098905

Start Date Apr 1, 2023

End Date Jan 31, 2024

EC Contribution 18,890 EUR

Partners 3D Friends (LV) , European Initiative for Youth Empowerment, Mindfulness and Wellbeing "GO Alive" (EL) , MI HI For Training And Development (EG)

Topics Physical and mental health, well-being

Project Summary

Objectives

Aim of our project:

To bring together 25 participants from 4 countries to exchange ideas about Mental Health through the isolation in preserved Oasis in Egypt, in order to improve the awareness of mental health.

Objectives:

Give a definition of Mental Health and well-being by creating a map

Increase self-awareness to cope with the stresses of life

Conduct the research on early warning signs

Raise a problem of burning out

Make a final product to Help others to maintain positive mental health

Summarize well-being concept through group discussions

Gain self-awareness through isolation

Share well-being methods from different cultures

Activities

At each stage of life, a person encounters certain difficulties, but it is especially important to maintain self-control and calm during the adoption of life-guiding decisions. In Europe, this age is most often between 21 - 25 years. This is the age when a person just graduated from the University, does not yet have much professional experience, and most often begins his independent life. Despite the fact that at this age a person usually begins to think about placement and family, money and career, children and opportunities around and etc. Moreover, the society around is actively trying to intervene, influence and impose their point of view. Companies are trying to sell fictitious dreams, every day imposing their product in every possible way. It seems, there is no place where a person could simply hide from all these endless streams and calmly be alone with himself to make the right decision. In order to enable young people to learn to ignore the flow of information, to learn how to filter targeted ads from their own desires, to learn how to free their minds from unnecessary garbage, we prepared the program for this project. 25 Participants from 4 countries: Austria, Egypt, Greece and Latvia (5 participants + 1(2) leader)

Impact

In this exchange, participants will develop their competencies and get a better understanding of Mental Health and well-being. Using gained experience and knowledge participants can use this at their own communities by teaching target groups about topics that they learned in the exchange. Also, they will have an international experience that will have an impact on their cooperation skills with other international partners. One of the greatest skills participants will learn is cooperation and teamwork. There is a possibility that some of the participants will have an interest in participating in ESC projects with some of the partner organizations. Partner organizations will have a partnership with other organizations that are involved in this exchange. This would lead to better cooperation between them and even new project realization. Participants from partner organizations will have examples of activities and they can use them in their communities to improve awareness of mental health, etc.

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals
Action Type: Mobility of young people

Project Title

An Ongoing Destruction: Refugee Women

Project Coordinator

Organisation Verein für Gemeinwesenarbeit und Minderheitenintegration

Address Alte Straße 26 , 6600 Pflach , Tirol , AT

Project Information

Identifier 2023-1-AT01-KA152-YOU-000119137

Start Date Jun 1, 2023

End Date Mar 31, 2024

EC Contribution 38,312 EUR

Partners Trabzon Kadın Dayanışma Platformu (TR) , Asociaia Tech KUFF (RO) , Guardian Angels of the World (BG) , HROMADSKA ORGANIZATSIYA LOGOS ZNANNYA (UA) , Venus Women's Rights Association (LV)

Topics Reception and integration of refugees and migrants ; Tackling geographical remoteness and involving rural areas ; Preventing racism and discrimination

Project Summary

Objectives

By implementing our project, we aim to ensure that the young people who participate in our project have knowledge and awareness about the problems experienced and faced by refugee women.

At the same time, we aim to create an impact in the local, regional, national and international areas by increasing the visibility of our project with the dissemination activities to be carried out during and after our project.

To generate ideas with our participants about what can be done about the health issues of refugee and migrant women,

To inform and raise awareness among participating youth that refugee and migrant women are exposed to multiple traumas during migration, including oppression, physical and sexual violence and life-threatening situations,

To inform and raise awareness among participating young people that patriarchal values, cultural and individual taboos negatively affect health literacy in reproductive health, sexual health and maternal and child health and the ability to transform the knowledge acquired into behaviour,

To search for answers about what can be done and how to raise awareness about employers who employ refugee and migrant women as slaves by working long hours with participating young people and refugee and migrant women and not giving their labour, and to carry out studies on this,

To share the problems of refugee women in disadvantaged situations, to understand the importance of volunteer work with our participants and to get rid of negative prejudices,

To witness the problems of refugee women more closely with a visit to the refugee camp with the participating young people,

With the realisation of our project, improving the negative behaviours of young people against refugees such as prejudice, racist and hate speech,

Combating discrimination, ensuring equal opportunities, emphasising gender equality, rejecting xenophobia, making efforts to be anti-racist, ensuring cultural exchange, accepting differences while respecting national values, developing awareness of democracy,

To contribute to the principle of Inclusion and Diversity by including Ukrainian refugees with fewer opportunities in our project,

To contribute to the priority of "Creativity and Culture" by planning "Culture Night" activities during the project,

To inform our participants about "Sustainable Environmentally Friendly Applications" before the project and to introduce the applications and to ensure that they use at least one of them. Also to convey ideas about green living,

With the activities to be carried out during the project, the participants' foreign language skills will be improved, self-confidence will increase, analysis, research, manual skills, social dialogue, working in cooperation, learning, asking questions, producing solutions, thinking, evaluating, interpreting, questioning, empathising, sharing, visual memory, observation, intercultural dialogue and communication with local people will be increased.

Activities

Our project will be carried out on 8-13 August 2023 in Austria. There are 6 partner countries in our project. Our partner countries are Austria, Turkey, Romania, Bulgaria, Ukraine and Latvia. There will be a total of 48 participants, 8 participants from each country, in our project. In order to benefit from the equal opportunity provided by Erasmus Plus to young people, we decided to include participants with fewer opportunities in our project. Our participants with limited opportunities will consist of Ukrainian participants living as refugees in

partner countries. A total of 12 participants, one man and one Ukrainian woman from each country, will take part in our project. Our participants with limited opportunities have geographical, economic and refugee barriers. With the activities to be held throughout the project, we aim to improve our participants' foreign language skills, increase their self-confidence, make analytical research, improve their manual skills, establish social dialogue, cooperate, learn, ask questions, produce solutions, think and evaluate. interpreting, questioning, empathizing, sharing, developing visual memory, observing, establishing intercultural dialogue and communicating with local people.

Our project will last for 6 days. If we talk about the activities we will carry out for 6 days;

Day One

- *Meeting Activity
- *Adaptation and Orientation
- *Youthpass Activity
- *Erasmus Plus Activity
- * End of Day Schedule
- *Leaders Meeting

Day Two

- *Who are refugee, migrant and asylum seeker?
- *Separation
- *Preparatory Interview with our stakeholder
- *Acculturation-Ukraine
- * End of Day Schedule
- *Leaders Meeting

Day Three

- *Mixed Salad
- *My Timeless and Spaceless Story
- *Tent City
- *Acculturation-Latvia
- * End of Day Schedule
- *Leaders Meeting

Day Four

- *Preparation for Dissemination Activities
- *Dissemination Activity
- *Women and Refugee Life
- *Acculturation - Romania
- * End of Day Schedule
- *Leaders Meeting

Day Five

- *Keep Your Balance
- *Stakeholder Visit
- * Needs Box
- * Cultivation - Bulgaria
- * End of Day Schedule

*Leaders Meeting

Day Six

*Mirror Mirror Mirror Tell Me!

*Certificate Ceremony

*Erasmus' Journal

* Cultivation - Turkey

*End of Project Evaluation Schedule

*Leaders Meeting

With our activities listed above;

1-We will ensure that our participants coming together from different cultures meet.

2-Participants will be informed about Youthpass.

3-We will evaluate the participants' prior knowledge about Erasmus Plus, increase their knowledge capacity about Erasmus Plus and ensure that the participants who do not have experience in the Erasmus Programme will have more detailed information on this subject.

4- It will be ensured that our participants have a better understanding and awareness of the refugee problem.

5-Participants will gain awareness on the problems and needs of refugees on and after migration.

6- Participants will be informed about the problems experienced by refugee women before, during and after migration and will gain awareness that women migrate not only because of war, but also to escape from all kinds of violence they are exposed to.

7-Through awareness raising activities, we will learn about the attitude of local people towards refugees and we will try to influence them to overcome these prejudices.

8- As a local activity, we will distribute the brochures we have prepared before to people who leave clothes and goods that are not needed. Local people will be informed about the problems faced by women refugees. In this way, local people will be made aware of the problems faced by women refugees. Thanks will be given to everyone who supported our activity. Dialogue will be established between our participants from different countries and local people and thus a communication free from discrimination, racism and prejudices will be ensured.

Learning Methods to be used in our Project

1-Learning Through Play

2-Learning through Question and Answer

3-Active Learning

4-Learning by Assimilating

5-Learning with the Community

6-Audio Expression Technique

7-Information Based Learning

8-Reinforcing Learning

9-Learning Through Presentation

10-Readiness Method

11-Learning through teamwork

12-Learning through Research

13-Cooperative Learning

14-Experiential Learning

15-Multisensory Learning

16-Analysing and Interpreting Information

17-Question-Answer Method

- 18-Comparative Learning
- 19-Discussion Method
- 20-Learning through Presentation (Narrative)
- 21-Group Learning Method
- 22-Inductive Learning
- 23-Visual Sensory Based Learning
- 24-Learning by Analysis
- 25-Active Learning Technique
- 26-Narrative Method
- 27-Interactive Learning
- 28-Cooperative Learning
- 29-Analysing and Interpreting Information
- 30-Comparative Learning
- 31-Fun Learning Method
- 32-Group Learning
- 33-Teaching through Presentation
- 34-Learning through Verbal Expression

Impact

Activities will be organised to ensure that our project has an impact on young participants, participating organisations, local, regional, national and international arena. These activities will include activities to be carried out during the project, dissemination activities, activities to be carried out with the local community, as well as dissemination activities will continue to be carried out after the project.

Our Objectives and the Impacts We Expect to Create

- *To raise awareness of our participants about combating discrimination,
- *To ensure our participants benefit from the equal opportunities provided by the Erasmus+ Programme,
- *To raise awareness of our participants against xenophobia,
- *To ensure that our participants take a stand against racism,
- *To break the prejudices of our participants against other cultures and to avoid racist behaviour,
- *To provide our participants with the opportunity to get to know the cultures, dances and foods of different countries,
- *To raise awareness among our participants about respecting national values and accepting differences,
- *To ensure the development of foreign language skills of our participants during the project,
- *To ensure the development of creative thinking skills of our participants,
- *To ensure that our participants will experience environmentally friendly practices,
- *To ensure that participants will have information about what they should do for a livable environmentally friendly world,
- *To ensure that our participants carry out voluntary work to convey the difficulties experienced by refugee and migrant women to people,
- *To ensure that participants will gain a lot of experience by participating in stakeholder visits and city trips,
- *To increase the responsibility and duty awareness of our participants,
- *To ensure that our participants help each other and develop their feelings of cooperation by working in co-operation,
- *To improve the social dialogue of our participants,
- *To ensure the activation of passive young people among our participants,
- *To ensure that our participants with fewer opportunities benefit from the equal opportunities provided by the Erasmus+ Programme,

- *To ensure that participants with fewer opportunities will be supported during the project,
- *To ensure that participants must have Youthpass certificate,
- *To improve the cognitive abilities of our participants,
- *To improve the recall, recognition and analysing skills of our participants,
- *To develop project management skills of our participants,
- *To develop our leaders' skills of solution generation, practical thinking and creative thinking,
- *To develop the decision-making and activity implementation skills of our leaders,
- *To develop participants handcraft skills as well while they design posters and brochures
- *To provide our participants with the opportunity to measure and evaluate themselves,
- *To ensure that participants will have information about "Youth Exchange", Erasmus+ Programme,
- *To ensure that our participants will be able to add their Youthpass certificates to their CVs,
- *To ensure the increased self-confidence of our participants with the dissemination activities they will carry out with local people,
- *To improve the language competencies of the participating institutions and organisations during the project,
- *To improve the communication capacities of the participating institutions and organisations during the project,
- *To improve the quality and management system of the participating institutions and organisations during/after the project,
- *To increase international recognition of participating institutions and organisations after the project,
- *To ensure that members/participants of the participating institutions and organisations gain awareness about the difficulties faced by refugee women during the project,
- *During the project, the members/participants of the participating institutions and organisations develop a sense of responsibility and duty,
- *To ensure that participating institutions and organisations will be informed about the Erasmus+ Programme and their participants and members will benefit from the opportunities during the project,
- *To ensure the development of leadership skills of participating institutions and organisations during the project
- *To ensure that participating institutions and organisations will gain new skills to their existing skills during the project,
- *To increase local, regional, national and international recognition of participating institutions and organisations after the project,
- *To ensure that participating institutions and organisations gain new members during/after the project,
- *To increase institutional capacities of the participating institutions and organisations with the acquisition of new members after the project,
- *To ensure that the participating institutions and organisations will carry their activities to a new dimension after the project,

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals

Action Type: Mobility of young people

Project Title

Youth Green Conference III

Project Coordinator

Organisation EUROPEAN WILDERNESS SOCIETY, VEREINZUM SCHUTZ DER EUROPAISCHEN WILDNIS

Address DECHANT FRANZ FUCHS STRASSE 5 , 5580 TAMSWEG , Salzburg , AT

Website www.wilderness-society.org

Project Information

Identifier 2023-3-AT01-KA152-YOU-000181080

Start Date Mar 3, 2024

End Date Mar 2, 2026

EC Contribution 38,443 EUR

Partners FORZA AGENCY FOR SUSTAINABLE DEVELOPMENT OF THE CARPATHIAN REGION NONPROFIT ORGANIZATION (UA) , LJUDSKA UNIVERZA ORMOZ (SI) , La Manchuela por el Clima (ES)

Topics Environment and climate change ; Creativity, arts and culture ; Green skills

Project Summary

Objectives

We want to empower and mobilise young people to take significant action for environmental sustainability and to address major environmental issues. The conference's goal is for young people and youth organisations across the EU to debate subjects important to young people and collaborate to determine how Europe can be improved for young people in the areas of sustainability and environmental protection. We would like to build on the excellent outcomes of the previous year's conference and help educate the next generation of environmental activists and aware and self-confident young people. The project will concentrate on accomplishing two European youth objectives: Sustainable Green Europe and Moving Rural Youth Forward.

Project aim to contribute to the development of a society in which all young people are ecologically active, educated, and capable of making a difference in their daily lives. We also seek to encourage youngsters to take action and develop their potential in rural areas by collaborating with partners engaged in rural communities. We are aware that not everyone has equal possibilities, thus we wish to encourage participants from less developed areas and provide accessible and inclusive project in all spheres. Youth Exchange will be created and implemented with environmental conscience in mind, incorporating sustainable practises and motivating participants to act responsibly.

Activities

There are two activities planned for this project. The first activity is the Advanced Planning Visit and the second one is the Youth Green Conference itself. Both activities will take place in the Lungau region, which is a remote location surrounded by spectacular Alps. Due to the natural character of the area, it is more than appropriate to host an environmentally focused event here. For the first activity, the APV, 8 participants from partner countries (Spain, Austria, Ukraine, Slovenia) will meet in Lungau. Each partner will have one representative and one young participant attending (2 pax per partner). Combining the young participants and the representatives of partner organisations will ensure that all interests are covered and make it simpler to involve young people into the project design. The APV's objective is to make the necessary administrative and practical arrangements for the successful implementation of the project and activity, as well as to foster mutual trust and understanding among partners in order to develop a stable partnership in person. The meeting will be organised by the lead applicant and serve as a chance for each participant to introduce themselves, discuss their relevant experience and areas of expertise, and update the partnership on the partnership's progress to date and to give partners opportunity to share their knowledge and providing each other with advice, mentorship or other support- depending on experience.

The second activity is the Youth Green Conference which is designed as a 5-day event for young people aged 13 to 18 from diverse European countries. The Conference will include an organised plan of educational activities that will use non- formal and informal techniques to learn more about the environment, climate change, and sustainability. This activity is planned for 45 participants of which 4 are with fewer opportunities. Participants are coming from mostly remote and rural areas of Spain, Austria, Ukraine, and Slovenia. The group leaders will be 18+ to secure the formal responsibility for the underaged participants. The multicultural character of the event will enhance the participants' intercultural learning, create possibilities to form new connections, and raise participants' awareness of the options available through the European Union and the Erasmus programme.

Impact

The aim of the project is for the young participants to acquire new knowledge and abilities that will enable them to reduce their carbon footprint, think and behave more sustainably, and encourage environmentally friendly behaviours. They are made aware of these issues through educating them about the difficulties society is currently facing, particularly in the areas of sustainability, climate change, and the environment. The Conference gives participants a great chance to learn about and become aware of other cultures, as well as develop new international friendships that help them to feel more united as a group. Because English will be the Conference's principal language, all groups will have the opportunity to practise their foreign language skills, which is likely to help them become more fluent. The participants with fewer possibilities are also able to be involved with assistance and adequate guidance from the group leaders thanks to a variety of non-formal and informal educational approaches. This will increase the young participants' environmental knowledge and education and spark their interest in taking an active role in society to address some of the issues they are aware of locally. As a result, the young participants are expected to better understand what topics they are interested for future professional development, which helps them to prepare better.

The multinational consortium of participating organisations will increase their capacity to engage on a global scale and establish valuable connections in the similar fields of interest. By taking on project management responsibilities, the partners will enhance their project management expertise, get experience managing EU-funded projects, and perform better overall. As a result, it is anticipated that they will be able to engage target groups more successfully in future plans, resulting in more local benefits and increased attempts to involve young and participants with fewer possibilities.

The desired impact and long-term effects of this project on various levels can be summarised in the following points:

- Raised knowledge and awareness about the thematic areas of Environment, Climate Change and Sustainability by providing participants with up-to-date information about various environmental issues and educating them about the importance of responsible behaviour and the interconnectedness of environmental, social, and economic aspects.
- Creation of innovative content features supporting the youth green charter (please see Annexes) to make environmental education more engaging, tangible and understandable for the broader audience (e.g., focused on creation of environmentally themed podcasts with young participants)
- Facilitating cooperation and networking by providing opportunity for participants to engage with like-minded peers from other countries and backgrounds, supporting the exchange of ideas and opinions, and sharing unique perspectives
- Providing a safe atmosphere for the development of dialogues between young people and adults on the topic of interest
- Promoting sustainable and healthy lifestyle by encouraging participants to adopt sustainable behaviors in their daily lives, such as reducing waste, conserving energy, and supporting eco-friendly products and practices, as well as by bringing them closer to an active stay in nature
- Promoting Erasmus programme and its core values, including diversity, inclusivity, intercultural learning, and personal growth.

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals
Action Type: Mobility of young people

Project Title

Tanz für Bewusstsein

Project Coordinator

Organisation Bianna - Zentrum für Bildung und Kunst
Address Davidgasse 7 , 1100 Wien , Wien , AT
Website www.bianna.at

Project Information

Identifier 2023-3-AT01-KA152-YOU-000178277
Start Date Jan 1, 2024
End Date Mar 31, 2025
EC Contribution 34,943 EUR
Partners ROTA SOSYAL İNOVASYON SPOR GİRİŞİMCİLİK TEKNOLOJİ VE ÇEVRE DERNEĞİ (TR) , Georgian Youth Development Association (GE) , Fialok Egységben Egyesület (HU) , CSM MAROC (MA)
Topics Inclusion of marginalised young people ; Creativity, arts and culture ; Promoting LGBT+ equality

Project Summary

Objectives

Empowers and supports disadvantaged young people through creative expression and dance.

It promotes personal development, resilience and self-confidence among participants.

It promotes intercultural understanding, cooperation and mutual respect among young people from different backgrounds.

Raise awareness of the challenges faced by disadvantaged young people and challenge social stigmas and misconceptions.

Inspires positive change in the lives of participants and the wider community.

Develop participants' artistic skills, discipline, teamwork and communication skills.

It provides a platform for participants to showcase their talents and gain recognition.

Foster a sense of belonging, community and support among participants.

It encourages active citizenship and engagement with their communities.

It contributes to the objectives of the Erasmus program and Youth Exchanges in promoting social inclusion, equal opportunities and intercultural dialogue.

It creates a positive change effect at local, regional, national and European levels by promoting inclusivity, cultural exchange and social cohesion.

Through the implementation of the project, the aim is to empower and support disadvantaged young people, foster their personal and social development, and promote a more inclusive and accepting society. The project seeks to provide a platform for young people to express themselves creatively, develop valuable skills, and form meaningful connections with peers from different backgrounds. By raising awareness about the challenges faced by disadvantaged young people and showcasing their abilities, the project aims to challenge societal stigmas and contribute to social cohesion and cultural exchange. Ultimately, the project aims to inspire positive change in the lives of the participants and create a ripple effect of inclusivity and acceptance in the broader community.

Activities

The project aims to implement various activities to achieve its objectives. These activities include:

1. Dance workshops and training sessions: Participants will engage in dance workshops and training sessions to develop their artistic skills, discipline, and techniques. These activities will be designed to accommodate participants of different skill levels and backgrounds.
2. Collaborative dance projects: Participants will have the opportunity to collaborate with one another to create dance projects. These projects will encourage teamwork, communication, and creativity.
3. Performance opportunities: The project will provide participants with platforms to showcase their talents through performances. These performances can be organized within the local community or as part of larger events or festivals.
4. Cultural exchange activities: The project will incorporate activities that promote intercultural understanding and collaboration. Participants will have the chance to learn about different cultures, traditions, and dance styles through workshops, presentations, and interactive sessions.
5. Personal development workshops: The project will offer workshops focused on personal growth, resilience, and self-confidence. These workshops may cover topics such as self-expression, self-esteem, goal-setting, and overcoming challenges.

The number and profile of participants involved will depend on the project's scope and resources. The project aims to include disadvantaged young people from different backgrounds, including those with physical disabilities, socio-economic disadvantages, and cultural barriers. The project will strive for a diverse and inclusive participant group to foster intercultural understanding and promote social inclusion.

The specific number of participants will be determined based on the project's capacity and resources available. It is important to ensure that the project can adequately support and provide meaningful experiences for all participants involved.

7 participants from 5 organizations will be included in the project. There will be 30 participants and 5 group leaders. 35 young people are included in the project. A dance event will be held as a public addition. At least 100 people are expected to attend the event, which will be open to the public.

Impact

1- Empowerment and support: The project aims to empower and support disadvantaged young people through creative expression and dance. Personal and social development: Participants will have the opportunity to develop valuable skills such as discipline, teamwork and effective communication through their participation in the project.

2- Inclusion and acceptance: The project aims to challenge social stigmas and misconceptions surrounding disadvantaged young people. Participants' performances and achievements will inspire a more inclusive and accepting community.

3- Cultural exchange and understanding: Tanz für Bewusstsein brings together young people from different backgrounds, including those with physical disabilities, socio-economic disadvantages and cultural barriers. Through collaboration and interaction, participants will develop intercultural understanding, empathy and respect.

4- Inspiring positive change: The project aims to inspire positive change in the lives of participants and the wider society. The project will inspire them to follow their dreams and make a positive impact by providing them with opportunities to showcase their talents, gain recognition and challenge social stigmas. The ripple effect of inclusivity and acceptance created by the project will contribute to a more inclusive and accepting society. We believe that Vienna, the city of art, will inspire young people from different countries.

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals

Action Type: Mobility of young people

Project Title

Young people support environmental protection

Project Coordinator

Organisation PRIVILEG Verein zur Förderung des Rechtszugangs

Address Ramperstorffergasse 58 , 1050 Wien , AT

Website <https://www.privileg-info.at/>

Project Information

Identifier 2023-3-AT01-KA152-YOU-000183926

Start Date Jan 1, 2024

End Date Aug 31, 2024

EC Contribution 33,593 EUR

Partners SERBIAN MILENIANS IN SWEDEN (SE) , Modern Gelişim Derneği (TR) , Terra Avanza (ES) , Srpska omladina u inostranstvu (RS) , Education for sustainability (BG) , MTU YOUTH PLANET (EE) , ASSOCIAZIONE WELCOME ON BOARD (IT)

Topics Environment and climate change ; Green skills

Project Summary

Objectives

Young people support environmental protection is a youth exchange on the topic environmental protection and creative recycling of domestic waste that gathers together 40 young participants aged 18-25 from European countries for 8 days (excluding travel days) of intensive activities and workshops.

Main aim of the project is to provide young people all around Europe an opportunity to get to know more about different ecological issues as well as to create new pieces of art by using creative recycling technique.

Project objectives are:

- 1) to raise awareness about today's problem of environmental and importance of recycling;
- 2) to provide a ground for young people to meet and to learn new and creative ways for recycling the waste that is created by our everyday actions;
- 3) to discuss about various environmental problems, especially those created by an extensive use of resources;
- 4) to learn about various recycling techniques;
- 5) to use art like tool for creative work and promote recycling;

The whole activity is perceived as a mutual exchange of learning situation based on participants' experiences and opinions. Active participation, group and team work & learning by doing will form the methodological foundation of the exchange. Main theme for the project is environment. Project will take place in Avala, Serbia.

Activities

PREPARATORY VISIT

Participants on Preparatory Visi will be group leaders. People who will be in charge of their group during Youth exchange. Group leaders is young people and youth workers with experience in international project. All of them are active members of their sending organisation. Majority of them was also included in preparation of this project.

Looking from now age of group leaders will be between 20 and 35.

From each partner organisation for APV we expect one person. in total 8 person

Preparatory Visit will be organized in Avala, Serbia in April 2024

YOUTH EXCHANGE

Date: 23 Ma0-01 Jun 2024

Place: Avala, Serbia

Country involved: Austria, Serbia, Sweden, Turkey, Estonia, Italy, Spain, Bulgaria

Number of participants: 4 participants + 1 group leader per country

Young people who will participate in exchange as a leader and participants have different educational backgrounds and different support from our surroundings and different challenges and support from our local communities. We still act and fight for the same thing: to provide space and opportunity for young people to gain needed knowledge and go through competence development by participating in youth activities in order to find their places in the society and being included as important and equal members of local communities.

Impact

Participants, as direct beneficiaries of this project will broaden their knowledge of the realities of ecological issues in all participating countries, establish positive attitudes of the importance of everyday contribution to sustainable development and environmental protection, get new information about Erasmus+ and opportunities it provides for

young people and organizations and learn about European Commission's initiatives in the field of sustainable development and environmental protection. This is a solid base of knowledge for a person that is willing to share further through available channels of communication facilitated by partner organizations, with knowledge-in-use approach.

Youngsters will make "a cleaning day" and using materials that should be recycled like plastic bottles, plastic bags, leaves, branches of trees will make a creative exhibition of sculptures, using art and creativity. The exhibition will be open

for public on the last day when participants will present the idea of selective garbage removal and recycling in order to save the environment.

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals
Action Type: Mobility of young people

Project Title

Digital Stories Speaking Up Well - Youth 4 Youth & Together Versus Marginalization!

Project Coordinator

Organisation IKIGAI Verein zur Förderung von Kunst, Kultur und Bildung
Address Schenkendorfsgasse 14-16/2/1 , 1210 Wien , Wien , AT
Website <https://www.ikigaivienna.org>

Project Information

Identifier 2023-3-AT01-KA152-YOU-000172122
Start Date Mar 1, 2024
End Date Oct 31, 2024
EC Contribution 28,942 EUR
Partners KOVAN İnovatif Girişimciler Derneği (TR) , Education Foundation (UA) , Friend of the Village (GE)
Topics Inclusion of marginalised young people ; Creativity, arts and culture ; Digital skills and competences

Project Summary

Objectives

Our project aims to combat and speak up against youth marginalization and discrimination through creating photo comics, reach those problems to the vast society and develop our participants digital skills in creating photo comics, script writing and development and photo editing.

We strongly believe that the skills and experience which our participants will get through our project will help them to be more active citizens and participate more in social life, since gained knowledge will give them the chance to express their say always in a creative way and reach vast number of people worldwide.

The objectives are:

- To explore the realities, search for the reasons and solutions towards youth marginalization problems in our countries and societies
- To create the opportunity for our participants to take part in international activities, meet their pairs from other countries and learn from each other
- To let our participants know more about Erasmus + programme and be able to develop their project ideas into action
- To develop participants' skills and competences in script writing, acting, photo taking, editing and using photo comics as a tool of self-expression
- To create individual and group photo comics frames about the problematic social issues of youngsters
- To create Digital Photo Comics Book and spread worldwide
- To develop future E + projects based on the ideas our participants will conceptualize during the project

Activities

Our project involves 36 young people and 1 facilitator from 4 different countries. The group leaders are youth workers who have been experienced in art and comics creation. Our participants are youth who have a strong desire to find out the answers to their questions in terms of youth problematic issues, step in action against them and make changes through expressing their say in their photo comics.

Youth Exchange is fully designed by non-formal learning activities and will include team-building workshops, role plays, simulations, the introduction of Erasmus + programme and getting deeper in its opportunities, intercultural activities, group works as in national also in international teams, creating digital comics, public meetings and designing new project ideas, reflections and evaluations.

Impact

Since our aim is to achieve a long-term impact on the participants' future lives and equip them with the skills and competencies which will last lifelong, we strongly believe that the impact on the project participants and partner organizations too will have a mushrooming effect.

The mutual learning process during the project lifetime will help participants to develop new skills, ideas, and initiatives that will be based on the need of young people.

In view of the fact that we are developing participants' creativity and sense of initiatives through comics, we can

say that the project impact will positively develop their ways of self-expression, the realization of the meaning of active citizenship and being a part of the decision-making process.

All of us will keep back after the project in everyday life the skills learned during the exchanges will be implementing in daily life, in different communities, having so an impact in it, sharing good vibes and helping others to pick it up.

We expect that the tools and methods learned during the youth exchange will help all of us to become a more active and helpful members of the community, bringing toward a more inclusive version of it. We want to, with a new awareness and attitude, impact our environments, making people with whom we interact every day completely part of our life, being more open, inclusive and tolerant, also spreading this on the wider population.

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals
Action Type: Mobility of young people

Project Title

The spirits of religions

Project Coordinator

Organisation InicativAngola
Address Pfarrplatz / Pred cerkvijo 1 , 9122 St. Primus / Šentprimož , Kärnten , AT
Website www.angola.at

Project Information

Identifier 2023-1-AT01-KA152-YOU-000137381
Start Date Oct 1, 2023
End Date Oct 31, 2024
EC Contribution 49,916 EUR
Partners "Хришћанско хуманитарно удружење - Пут, Истина и Живот" (RS) ,
Zavod sv. Franciska Saleskega (SI) , Don Bosco Szalézi Társasága (HU)
, U.G. CENTAR ZA OBRAZOVANJE I DRUZENJE (BA)
Topics Inclusion of marginalised young people ; Preventing radicalisation ;
Preventing racism and discrimination

Project Summary

Objectives

We recognize the need to work on the topics related to intercultural and inter-religious dialogue. Observing and understanding the benefits of the Erasmus+ projects that we have implemented in the past years for all the young participants, group leaders, partner organisations and stakeholders, we have decided to continue our youth work and implement further projects related to the topics of constructive dialogue, respect, socio-cultural awareness and openness towards differences among young people.

Observing the situation in Europe, we can see that we are living in a socially, culturally and religiously diversified reality. This intercultural and religiously diversified environment can raise many fears and provoke many prejudices. Those mostly originate in the ignorance of other cultures' and religions' practices, beliefs and rituals. In order to promote values, such as respect, dialogue, and coexistence, we want to bring together young people from different cultural and religious environments. Through their own experience, they can learn about other cultures and religions, therefore develop positive attitude towards differences and transmit it forward in their own environment.

The main aim of the project is fostering an intercultural and inter-religious dialogue through reducing ignorance and lack of knowledge, addressing the topic according to the values and objectives of the Erasmus+ programme. We will put the emphasis especially on different religions, such as Islam, Orthodoxy, Evangelicalism, Judaism, and Catholicism – 5 religions and beliefs that are present in our environment and in the environment of the project partners and therefore the participants. Moreover, we will invite members of other (minority) religions, yet present in our environment, to take part in the project, i.e. members of the Sikh religion, Buddhists, Baha'i, etc.

Activities

In the project, we plan to implement two activities: one preparatory visit face-to-face and a youth exchange. Both activities will take place in Carinthia, Austria.

The participants of the youth exchange are youngsters, aged between 15 and 22 (recommended age, however, the participants from 13-30 are welcome), who are interested in the topic of the project, are part of the minority, are migrants or come from family with a migrant background, are members of the partner organisations, etc. The group leaders are members of the organisations and are youth workers and/or teachers. They know the background of each of their participant and are familiar with their (social) situation. They are supporting the participants and are mentoring the national groups.

The number of young participants that will participate at the youth exchange is in total 60, 5 group leaders will mentor the national groups, two accompanying persons will support participants with fewer opportunities and one facilitator will support the implementation of the activities.

Impact

We expect the following impact on the participants: greater understanding of ethnic, social, religious, linguistic and cultural diversity, increased level of linguistic competence, increased level of social competence, improved and greater knowledge about different cultures and religions, increased sense for the European values and projects, increased satisfaction and motivation in their everyday life.

Furthermore, we would like to encourage the participants to make some concrete steps in their environment when they would return to their homes and implement some further activities with the support of their organisations. We would like to encourage the participants to value diversity, peace, differences and respect. The participants will have different approach to the thematic of intercultural and inter-religious diversity in Europe and will know about

the importance of the responsibility for solidarity and dialogue. We expect that the participants will afterward be able to engage themselves for the dialogue in their own environment, that they will develop positive approach and respect every individual. We expect that they will be able to evaluate and appreciate their own values, and express themselves in a constructive way in debates related to the intercultural and inter-religious dialogue. We are expecting that after the experience of the youth exchange they will participate at other Erasmus+ programs or another youth exchange. The participants will be encouraged to keep the contacts with their peers they made at the youth exchange, which will have a very positive impact in their everyday life.

Expected results are youth newspaper, video, pictures, articles in the local newspapers, radio reports and some other products produced during the youth exchange, e.g. candles.

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals
Action Type: Mobility of young people

Project Title

Art Empowers Diversity

Project Coordinator

Organisation Die Brücke Des Friedens
Address Längenfeldgasse 68/4/1 , 1120 Wien , Wien , AT

Project Information

Identifier 2023-3-AT01-KA152-YOU-000173590
Start Date Jan 1, 2024
End Date Aug 31, 2024
EC Contribution 30,148 EUR
Partners Yenilikçi Eğitim ve Kültürel Gelişim Derneği (TR) , Fiatalok Tere Egyesület (HU) , Alrahallah theater - berlin e.V. (DE) , ORIEL APS (IT) , Teachers Network Levice (SK)
Topics Creativity, arts and culture ; Preventing racism and discrimination ; Community development

Project Summary

Objectives

The European Union places great importance on respecting and celebrating diversity as a means of promoting peace and stability. The EU has a history of welcoming people from different backgrounds, contributing to its cultural richness. In today's globalized world, embracing diversity is crucial. Discrimination, often fueled by fear and ignorance, can lead to social exclusion and conflicts. To combat this, we have initiated the "Art Empowers Diversity" Erasmus+ youth project together with our partner organizations and young people in their organizations. It utilizes art as a tool to foster dialogue, solidarity, and mutual understanding among young people from diverse cultures. Our project aims to:

- Increase young people's awareness of art's potential for inclusion and self-expression.
- Promote cross-cultural understanding and friendship among participants.
- Establish connections and reunite young people, youth workers, and organizations through art.
- Facilitate the exchange of cultures and artistic expressions, fostering mutual understanding, solidarity, and tolerance.
- Encourage participation in Erasmus+ and non-formal education projects.

ARTEMIS project is structured around non-formal education, aligning with the EU Youth Goals of creating inclusive societies and embracing diversity. Participants will also organize local cultural events to promote cultural diversity within their communities. The project's outcomes will be shared online to spread these concepts at local, regional, and European levels.

Activities

The project involves hosting a week-long youth mobility event in Austria, bringing together 36 young people from six program countries (Austria, Germany, Italy, Turkey, Hungary, and Malta). The event, scheduled for April 2024, focuses on enhancing participants' tolerance for diversity through non-formal artistic expression methods. The program includes various activities such as team-building exercises, art workshops, presentations, debates, outdoor activities, and cultural exchange sessions. Participants will research discrimination and the role of art in their respective countries before the event, preparing presentations and cultural events for the local community. During the mobility event, participants will actively engage in various activities outlined in the timetable, including showcasing their culture through art, creating digital content, organizing a flash mob, designing an e-booklet, leading workshops on their home country's art, and structuring follow-up events. Project participants will primarily be young individuals between 18-26 years old residing in partner organizations' communities, interested in the project's themes, such as tolerance, combating prejudices, and promoting cultural diversity through art. They should also have a passion for various forms of art and culture. The project aims to assemble a diverse group of participants, encompassing different cultural backgrounds, interests, and expertise levels, allowing for mutual learning and support.

Impact

The project will host a local community event, live-streamed on social media, to further promote its results. Materials from this event, including videos and photos, will be shared online during the follow-up phase. Artistic and cultural performances of participants will be recorded and shared with global artist communities, emphasizing the role of art in promoting tolerance. Participants will contribute to project awareness by writing articles about the project and its themes. These articles will be promoted through partner organizations' online platforms. A short

film showcasing the youth exchange and its activities will also be created and shared online. A dedicated Facebook fan page will be established by participants to centralize project media materials and engage their communities. Additionally, participants will collaboratively design follow-up events in their home countries to foster solidarity and combat social exclusion. Partner organizations will provide support for these events, which aim to engage 120 individuals in participating countries. Key indicators for sustaining project outcomes include uploading visual materials to partner websites, sharing short films on social media, organizing art workshops with local partners, and conducting future collaboration sessions.

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals
Action Type: Mobility of young people

Project Title

Moving Mountains - Unlocking the Potential of Disadvantaged Communities

Project Coordinator

Organisation Michael Dörfler

Address AT

Project Information

Identifier 2023-3-AT01-KA152-YOU-000177848

Start Date Apr 14, 2024

End Date Apr 13, 2025

EC Contribution 41,219 EUR

Partners FRESHERA (PL) , Youth4You Belgium vzw (BE) , EURO SUD (IT) , Corbiz Kurumsal Is Cozumleri Egitim Organizasyon Pazarlama ve Ticaret Ltd Sti (TR) , Horizons For Youth GR (EL)

Topics Development of disadvantaged rural and urban areas ; Entrepreneurial learning - entrepreneurship education ; Tackling geographical remoteness and involving rural areas

Project Summary

Objectives

'Moving Mountains' is a Youth Exchange project aimed at addressing the issues of unemployment and population desertification in remote or disadvantaged communities, through the means of entrepreneurship and sustainable growth, instilling young people with the mindset of identifying and harvesting opportunities they have around them, instead of leaving for major population centers or other countries, contributing to the Brain Drain phenomena.

With the EU Youth Strategy for 2019-2027 aimed at reducing the number of NEETS individuals across the Union to below 9%, and youth unemployment contributing in a higher proportion within rural and disadvantaged communities, our project focuses on contributing to the EU's goals by bringing together 36 individuals from this target demographic, and teaching them how to identify competitive advantages within their communities, in order to harvest them towards the creation of sustainable and qualitative job opportunities for other young people within their area. Furthermore, they will gain extensive knowledge over the methods in which they can attract financing for their plans, by being presented with the various tools and mechanisms put in place by the European Union in order to specifically help the growth of lower opportunity areas within its borders. As such, participants will learn about programmes such as EU Start-Up Nation Standard, Horizon Europe, Erasmus for Young Entrepreneurs, and much more, assisting them in their endeavors towards creating a better and more diverse professional environment within their region, and creating more opportunities for youth within their local communities, thus reducing the level of NEETS individuals.

In an effort to ensure the best possible educational outcome, we specifically aim at fulfilling all the standards and criteria of the Erasmus Inclusion and Diversity Policy, integrating people from disadvantaged backgrounds, minorities, refugees and people raised in remote communities from 6 different countries, thus ensuring qualitative intercultural dialogue.

Our 36 participants will also create within the scopes of our project their very own Europass CV's, under the guidance of a representative of AMS Murau, further improving their employability, whilst learning tips and tricks from professionals, engaging in quality intercultural dialogue surrounding the topic of sustainable development in remote communities.

Our project has been designed in such a way that participants fully engage their problem solving skills and creative thinking, in order to overcome scenarios of hardship, finding opportunities in difficult situations. Our scheduled sessions will run participants through various scenarios which they will need to overcome, developing business ideas around them. They will analyze different fictional scenarios, such as living on a volcanic island, or being in a mountainous village constantly pillaged by a dragon, through the lens of SWOT analyses, will create plans towards developing sustainable businesses under those conditions using the SMART technique, and will gain hands-on experience in marketing and oratory skills by selling their ideas in a Business Pitching session similar to the 'Dragon's Den' reality-TV show.

By wrapping our project's topics in fun and engaging non-formal learning methods, we are able to tackle otherwise complicated topics in the most efficient way possible, encouraging them to use creativity and gamified approaches towards the business field. Participants will also be encouraged to talk about their hobbies and passions, in a series of activities meant for them to create business plans around their subject of interest, making

full use of the 7 steps of writing a Business Plan within our sessions.

Lastly, participants will jointly create an interactive presentation, in order to share what they have learned throughout their 9 day stay in Austria within our dissemination campaign, which will comprise of them hosting presentations in various schools located in disadvantaged areas throughout their countries of residence. As such, we are empowering our participants to introduce the concept of developing entrepreneurial solutions to the problems their community is facing, through the means of teaching their peers how to start a business and attract funding in their area by making use of either EU Structural Funds or Start-Up Incubators.

In conclusion, 'Moving Mountains' is a Mobility of Young People meant to instill young people facing hardship with an entrepreneurial mindset towards creating their own opportunities within society. It promotes the sustainable development of remote, disadvantaged regions within European nations, and encourages youngsters to access and make full use of the mechanisms set in place by the EU towards the development of their communities, in an effort to assist both the EU Youth Strategy for 2019-2027, as well as the National Rural Development Strategy of each partner country.

Activities

'Moving Mountains' is a Youth Exchange project aimed at uniting 36 young people aged between 18-30, coming from 6 different European countries, exploring the topic of sustainable development within disadvantaged communities, whilst taking an entrepreneurial approach towards this subject. Its goal is to empower youth towards creating their own opportunities, by exposing them to a myriad of tools and programmes set forth by the EU and other institutions, in order to increase the vertical mobility of individuals coming from lower opportunity backgrounds.

Our 36 participants are coming from Austria, Poland, Belgium, Italy, Greece and Turkey, having 6 slots per each nation, as such ensuring country balance, promoting intercultural dialogue, with each national team being equally divided genderwise. These 6 slots per nation have been particularly designed in order to ensure inclusion of people from vastly different backgrounds and socio-economic standpoints, creating a highly diverse mix of people. As such, slot allocation per each national team consists of: 2 youth workers, 2 participants from disadvantaged communities (geographical remoteness, rural areas), and 2 participants with minority or immigration background. Special attention will be given in order to integrate NEETS individuals falling under aforementioned categories, in order to ensure a diverse mix of opinions and perspectives coming from people facing different challenges in life.

In order to ensure the maximum safety and comfort of our participants, we have planned out an APV beforehand, in an effort to best cater to their specific needs and wants, giving them the power to voice their desires, and bring feedback surrounding the design and planning aspects of our Y.E.

Our project is set to implement a series of unique activities and sessions, aimed at increasing participants' entrepreneurial and financial education skills, whilst highly encouraging their creativity and problem solving competences, at the same time raising their employability chances through the creation of their very own Europass CV's, as well as making use of Youthpass Certificates at the end of our implementation phase.

Activity lists are broken down on a day-by-day thematic schedule, focusing extensively on promoting intercultural dialogue, engaging in problem solving tasks whilst breaking down any stereotypes participants might have between themselves, and creating an inclusive environment for all parties involved. Day 1 focuses on breaking the ice between participants, laying down ground rules, and providing group dynamics. Day 2 is dedicated

towards bringing everybody at the same level of financial knowledge, defining the key words and concepts our project is working on. It also serves at familiarizing participants with the national economies each partner country, whilst introducing them to the concept of SWOT . Day 3 focuses on the macro level of economics. Participants will explore the competitive advantages and disadvantages of each partner country, and discuss about the issues faced by them o a regional level, whilst brainstorming solutions with other participants. They will also familiarize themselves with the 3 main sectors of the economy. Day 4 concentrates on engaging participants' entrepreneurship skills. They will be encouraged to talk about their passions and hobbies, whilst driving them towards creating a business plan around what they like to do. They will familiarize themselves with the 7 key steps in creating a business plan, while at the end going through a 'Dragon's Den' style pitching exercise. The 5th day revolves around the concept of sustainability in business, exposing participants to best-practice methods in sustainable entrepreneurship within remote areas. Day 6 focuses on Tools of Empowerment, where participants will be introduced to a variety of tools meant to increase their social mobility. They will find out about EU Structural Funds for entrepreneurs, how the Erasmus Framework functions, learning about Erasmus for Young Entrepreneurs, together with the basics on how to write their own Youth Exchange projects. At the end, a representative of AMS Murau will assist them in creating their Europass CV's and familiarize them with EURES. Day 7 will be a field trip to Graz, introducing young people to a number start-up owners within the city. 8th day focuses on creation of dissemination presentations and materials, allowing participants to pick and choose the most important learning outcomes which they wish to share with the outside world. Our 9th day is entitled 'Graduation', with the handing of Youthpass Certificates, as well as final evaluations.

Post project implementation, participants will conduct a dissemination campaign consisting of going to schools from disadvantaged communities within their area, and conducting interactive presentations in front of students, presenting our main learning outcomes within 12 highschoools throughout Europe.

Impact

After having joined our project, participants will have gained extensive knowledge over how to unlock and harvest the potential of disadvantaged communities by using entrepreneurial approaches. They will have learned throughout their 9 day stay in Austria how to conduct SWOT analyses, using the SMART technique, and will familiarize themselves with the 7 steps of creating a business plan. Our goal is also to raise awareness around financing opportunities backed by the EU, such as Structural Funds to the likes of EU Start-Up Nation Standard, assisting young people in attracting financing in their communities.

Our expected results revolve around the personal self-improvement of our participants, working extensively on their 8 Key Competences, having daily dedicated reflection sessions, together with instilling them with the necessary knowledge as how to create businesses within low opportunity areas they live in, contributing to the creation of sustainable and qualitative jobs in their communities. By implementing a series of gamified and peer-to-peer learning techniques, letting participants lead sessions themselves, as well as giving them experience in how to market themselves and their ideas through business pitching sessions to the likes of the 'Dragon's Den' reality TV show, we are taking a non-formal approach and creating an environment where participants are able to learn about an otherwise complicated topic in a fun, engaging manner, and sharing ideas between themselves while drawing the main learning outcomes, instead of relying on a lecturer. By introducing peer-to-peer learning and by having a diverse set of countries comprising our project, we are promoting intercultural dialogue.

Within our project's scope, participants will have been instilled with the necessary tools and knowledge not only to establish their own businesses, but also to find financing for them. They will have also raised their employability through having created their own Europass CV's under the guidance of experienced staff of AMS Murau. They will have also gained their Youthpass Certificates at the end of our project, serving as an advantage in their CV's,

proving they have experience working and adapting to international, culturally diverse environments.

Through dissemination sessions which will be conducted by participants, they will gain valuable presentation skills by hosting interactive presentations in front of highschoolers within their own communities. Our expected impact is that of reaching ~1000 young students in their terminal schooling years, and instilling them with the main learning outcomes our participants have had, by letting participants create the dissemination presentations themselves, comprising of the steps towards attracting EU financing for young entrepreneurs in disadvantaged communities, as well as informing about the Erasmus+ Framework, thus encouraging youth towards engaging in lifelong learning opportunities, such as ESC, Erasmus Key Action projects, Erasmus Internships, and Erasmus for Young Entrepreneurs. Hosting disseminations within 12 regional schools across Europe will furthermore bridge the gap between formal and non-formal learning and aid in the modernization of the existing school curriculums already in place.

A secondary impact by conducting dissemination activities in such a manner, as well as integrating people from lower opportunity areas, is that of combatting the phenomena of Euroscepticism, which gains more traction from regions which feel "forgotten" by the rest of Europe. We are actively fighting against the narrative of such groups by presenting to young people precisely the steps and programmes set in place by the EU in order to assist in their socio-economic development. By focusing on low opportunity areas, we are also raising the level of European Identity of these regions, making them feel more interconnected with other parts of the continent.

Another result we are expecting through the implementation of 'Moving Mountains' is that of testing the opportunities for us and partner organizations to move towards KA220 Projects surrounding this topic, with implementation of our Y.E. serving as a stress test between partners, prospecting future partnerships on a higher impact level. We are furthermore raising both ours, and our partner organizations' organizational capacity and visibility, by creating new materials in order to reach youth within our area, as well as having the possibility to attract new youth workers, given that our project will integrate individuals from NEETS demographics, as well as people who have not had prior experience in youth work activities.

Lastly, by conducting this project, we aim to assist the EU Youth Strategy efforts for 2019-2027 towards reducing the EU average NEET demographic to under 9%, while at the same time assisting the National Rural Development Strategy of each partner country through implementation of our planned activities.

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals
Action Type: Mobility of young people

Project Title

E.U.NITY

Project Coordinator

Organisation Michael Dörfler

Address AT

Project Information

Identifier 2023-3-AT01-KA152-YOU-000180303

Start Date Feb 12, 2024

End Date Feb 11, 2025

EC Contribution 42,339 EUR

Partners Youth4You Belgium vzw (BE) , Organizatia Studentilor din Universitatea Babes-Bolyai (RO) , FRESHERA (PL) , Innovative and sustainable initiative in education (UA)

Topics Awareness about the European Union ; European identity, citizenship and values ; Democracy and inclusive democratic participation

Project Summary

Objectives

E.U.NITY is a Youth Exchange project uniting 40 young people aged 18 through 30, coming from vastly different socioeconomic backgrounds which limit their opportunities, such as minority groups, refugees, NEETS individuals, as well as disadvantaged rural areas. Through implementation of this project, we aim at developing their active citizenship skills, with them discovering how to defend their rights, promote democratic values, the meaning of European Identity, as well as understanding the principles, history, and functioning of the European Union. Our goal is to tackle the issue of political disengagement within youth, together with combating the spread of Eurosceptic sentiment and political radicalization within younger demographics.

With the 2024 European Parliament elections approaching, we believe it is of utmost importance to raise awareness about the significance of participating in the democratic process, and encouraging especially less represented groups towards manifesting their democratic right to vote - highlighting how taking this action can change the situation of entire communities. By scheduling E.U.NITY within the context of the upcoming European Elections, we aim to encourage young people towards making their voices heard at the polling sections, as well as instilling them with knowledge as to how they can improve the political situation of their communities, by giving them hands on examples as to how they can access tools set in place by the European Union, such as how they can start a European Citizens' Initiative, where to find internship opportunities within various EU institutions, as well as helping them learn how the complex European Union decision making mechanism functions both on an internal and an international level.

By implementing this project, we will bring together 40 young people from 5 vastly different European nations on a 9 day Youth Exchange set in the middle of the Austrian Alps, in order to exchange perspectives of members coming from a founding country, one which joined later on, one from EU's largest expansion phase, one Eastern European, and a Candidate State. By doing so, they will be able to engage in complex intercultural dialogue over their personal opinions, as well as their communities' regarding what European Identity is, how they perceive the EU, as well as how they can use its institutions for the betterment of their communities. Throughout this Youth Exchange, participants will gain in-depth knowledge over how the European Project began, what values and principles it has been built upon, the most important historical events within its history, together with what institutions comprise of its complex governing mechanism, and how they cooperate between each other. Furthermore, they will gain knowledge about how youth participation in different countries looks like, what youngsters are doing, which tactics are they implementing in order to make their voices heard, engaging in valuable intercultural dialogue and exchanging best practice solutions towards making their voices heard within the democratic process. They will also be exposed to the opportunities the EU gives them on both personal and professional levels, with them learning about the Single Market Area, freedom of movement, as well as internship opportunities within EU institutions, start-up incubators backed by EU funding, the Erasmus Framework and much more.

After having went through our planned learning activities, participants will work towards promoting and spreading their learning outcomes, by creating a series of 5 bite-sized, engaging informational videos surrounding topics such as Active Citizenship and the importance of Democratic Participation, How EU institutions work, what opportunities youngsters can access through the EU, why voting matters. These videos will be extensively shared within their communities, targeting demographics such as university/highschool students, minority groups, refugees, as well as people from disadvantaged communities. Through these efforts, we aim to encourage larger

blankets of the general public towards engaging in active citizenship, as well as mitigating the speech of Eurosceptic movements by presenting the opportunities any European Citizen has access to, as well as explaining in a more fun and nonformal way how rather complex European institutions work.

Through activities such as the Model European Union, participants will better understand the inner workings of the EU as an alliance of nations, through learning-by-doing and roleplaying methods, making their learning outcomes easier to digest. By ensuring the participation of people from lower opportunity backgrounds from various nations, we will be able to better engage our participants with valuable intercultural dialogue, breaking down stereotypes and promoting cross-cultural cooperation.

Activities

Through implementing E.U.NITY, we aim to integrate 40 young people coming from 5 different EU and candidate countries. They will spend 9 days learning about how the EU works as a supranational organization, what opportunities they have within it and how to make use of them, together with how they can become more active and involved citizens within the framework of the EU, making their voices heard and contributing towards change within society. The number of participants will be equally split, with 8 members per each country to ensure balance.

Our participants will come from vastly different nations and cultures, with partner countries being Austria, Romania, Poland, Belgium and Ukraine. By having this mix of nations, we are ensuring for meaningful intercultural dialogue, integrating participants from founding member states, late comers, newcomers from former Iron Curtain nations, as well as including the perspectives of people from a Candidate State. Participants will be able to gain a much wider perspective from their peers regarding the topics of democracy, active citizenship and European Identity. Our participants' profile will focus on bridging the gap between highly experienced people in this topic, including students of International Relations, human rights activists, and young people who have worked in EU institutions, while also focusing on attracting people with little to no experience in these topics, facilitating peer-to-peer learning. We are creating dedicated slots for refugees, minorities and NEETS individuals, with the majority of participants coming from these segments of population. We are placing heavy emphasis towards integrating this demographic, due to the fact that statistically this segment has the tendency to feel most marginalized within the democratic process, and there is high risk of them withdrawing from the democratic process, or to become radicalized. By participating in our project, we will raise their awareness about social mobility opportunities within the EU, as well as presenting why making their voices heard in the voting polls is highly important within the democracies they live in.

Before our YE takes place, we will implement an APV with group leaders in order to ensure the safety, comfort and wellbeing of our participants.

The methodology with which we are planning to achieve our learning outcomes has been carefully planned, following the 3 step learning method of learn-test-practice. All implemented activities will be interconnected, building towards the dissemination materials we will distribute with the help of our partners. Each of the 9 days of E.U.NITY addresses a different topic, with the first day being dedicated towards creating group dynamics, promoting intercultural dialogue, and breaking down predisposed stereotypes through ice-breakers and team-building activities. Second day focuses on building the foundation of participants' knowledge, presenting them with the history, key moments, expansion phases, and sets of values the European Project was built upon. Third day concentrates on familiarization with EU institutions, how the EU mechanisms work, as well as each national sentiments/contributions regarding the EU in each country through activities such as the World Café. Fourth day revolves around Active Citizenship, with workshops such as Human Library of Representation and

participants creating a Mock European Citizens' Initiative. Fifth day will consolidate participants' knowledge over EU institutions through a series of fun, interactive games regarding the roles of EU bodies, continuing with our Model European Union, where participants will be tasked with debating the best 2 ECI's they have created the previous day, passing it through 'EU Parliament', and seeing its evolution when going through EU institutions. Day six is oriented around tools of empowerment, familiarizing participants with opportunities towards improving their and their communities' standing by being presented with opportunities and tools they can access within the framework of the EU. Here, a Human Library event will be organized, putting forth a number of entrepreneurs, social activists, leaders of NGO's, discussing in detail about how they achieved their goals through EU mechanisms. Seventh day concentrates on creation of Dissemination Videos focusing on what they have learned within E.U.NITY. Day Eight is reserved for editing the materials gathered and discussing about EU's Climate Change Policy, and our last day entitled 'Graduation' concludes our Y.E., with participants receiving their Youthpass Certificates.

By instilling knowledge over said topics to participants, and having them create 5 distinct Videos surrounding these subjects, we will ensure their learning outcomes are spread mostly in online format with their peers, raising awareness about the importance of active citizenship, how the EU works, and the advantages they benefit from by being part of this community.

Impact

Our project aims to achieve the following results: during their 9 day stay in Austria, our 40 participants will learn more about the benefits of European Citizenship, and explore the intricate workings of EU decision-making, while actively working on improving their 8 Key Competences. Additionally, we hope to raise awareness about active citizenship and democratic participation among vulnerable communities.

The main outcomes of E.U.NITY concentrate on increasing the degree of democratic participation from young people across Europe. By assisting our participants in learning about the way the EU was created, its core principles and values, as well as the way it functions on a macro level, we will have created much more informed active citizens within our society. We aim to achieve this through methods of gamified learning, as well as peer-to-peer learning, allowing participants to learn about these concepts between themselves and teach each other, rather than having a more formal learning approach. Participants will be tasked with creating a number of 5 bite-sized, engaging and informational video materials over the subjects they have learned throughout this project - with the aim towards distributing them between their peers in various youth representation NGO's, University groups, and so forth. By conducting a rigorous dissemination campaign focusing on our informational materials, we will be able to successfully raise awareness about the importance of democratic participation within our societies, together with explaining the ways in which the EU works, as well as the opportunities it provides, combating far right and Eurosceptic rhetoric within our communities. We strongly believe that through creating easily accessible and entertaining informational materials will help educate both our participants as well as our target demographic about the importance of voting and active involvement in the democratic process - following the principle that if well informed, citizens tend to be more actively involved within the political sphere, contributing towards societal change, as well as limiting the effects of radicalizing speech, and Eurosceptic sentiments.

Relying on the created dissemination videos, we expect to better engage and raise awareness amongst younger demographics about the upcoming 2024 European Elections, encouraging them to make their voices heard at the voting polls. As such, one of our goals is to increase the engagement of the 18-30 year old demographic within the upcoming European Elections. Due to the fact that this segment of the population is less vocal within polls, it has the risk to lead policymakers into passing legislation which is less favorable or even detrimental towards younger demographics, which is why it is important for them to express their opinions and voices within the polls,

showing that they are engaged within the democratic process and are actively interested in having policies in place which are beneficial for their future.

We are placing high emphasis on integrating within our project members of society which stem from disadvantaged backgrounds, such as minorities, refugees, immigrants and NEETS individuals. By doing so, we are able to cover segments of the population which tend to be misrepresented within the democratic process, and as such have an increased risk towards disengaging completely from the political sphere, or shift towards more radical rhetoric. By assisting these demographics in learning how to best make their voices heard, we aim towards mitigating the risks of them becoming alienated or disengaged within society. Our dissemination efforts will focus on reaching this demographic as well, relying on peer-to-peer sharing, and having the participants coming from these communities help us reach target groups. We will furthermore increase employment opportunities within these groups, by presenting various programmes put forth by the EU in order to increase vertical mobility within society.

Lastly, our 40 direct beneficiaries of this project will have diligently worked on increasing their 8 Key Competences, together with gaining in depth experience in working within multicultural environments, being exposed to people from different cultures, backgrounds and religions. They will have increased their employability chances not only by being exposed to the lists of opportunities set forth by the EU for young people, such as the Bluebook or Schuman Internship Programmes, but also having received their Youthpass Certificates at the end of their 9 day stay in Austria.

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals
Action Type: Mobility of young people

Project Title

CalmUnity: Transforming Conflict Together

Project Coordinator

Organisation Neue Generation Osterreich
Address Jauerburggasse 2/3/7 , 8010 Graz , Steiermark , AT

Project Information

Identifier 2023-3-AT01-KA152-YOU-000175701
Start Date Jan 1, 2024
End Date Dec 31, 2024
EC Contribution 39,896 EUR
Partners YOUTH WORKERS ALLIANCE (RS) , Be The Change (IT) , GENCLIK MEVSIMI DERNEGI (TR) , RESTART (SK) , Citizens' Association for Development of Youth Policies "New Rays" (MK)
Topics Prevention of conflicts, post-conflict rehabilitation ; Key competences development

Project Summary

Objectives

Interpersonal conflicts are a part of life for every person. Most of these conflicts are unavoidable and part of necessary communication. However it is becoming more prevalent that most of these conflicts are causing more harm today than ever. Mental health issues, broken relationships, aggressive behavior, misunderstandings, and cultural diversity are only some of the consequences. With 'CalmUnity: Transforming Conflict Together' we aim to teach non-violent communication to youth to help them tackle these issues. The problem is not the conflicts themselves but the approach that people take when dealing with them. Young people don't know how to deal with interpersonal conflicts. While it is an important element in life, schools don't teach this to young people. In Europe, multiculturalism is prevalent, and conflicts can arise from diverse backgrounds and beliefs. Non-Violent Communication creates a safe space for open dialogue, allowing young people to share their differences without fear of violence, discrimination, or prejudice (Deutsch, 2006). Studies have shown that the implementation of NVC programs in European schools has led to a decrease in aggressive behaviors among students (Smith et al., 2012). This reduction in aggression contributes to a more peaceful and harmonious school environment.

The objectives of this YE are:

- Equipping young people with conflict management skills
- Reducing cultural diversity through non-violent communication
- Familiarizing participants with the Erasmus+ Programme.
- Reducing aggression and violence among young people and communities.
- Developing core competencies like English communication, intercultural teamwork, problem-solving, emotional intelligence, and leadership in diverse settings.
- Cultivating emotional intelligence through active listening, empathetic understanding, and assertive expression of feelings and needs

This project will use non-formal methods of learning such as theater-based activities, role play, peer-to-peer learning, team-building, and discussions to teach youngsters how to transform conflicts. They will learn active listening, using I messages, open dialogue, and understanding. They will seek to first understand and then be understood in daily communication. It will make them not be afraid to express their needs, feelings, and thoughts. Instead, they will use conflict as a stepping stone to build better interpersonal relationships. This will lead to more long-lasting impact on their career, personal lifestyle.

Activities

We plan to implement a YE in Rettenegg, Austria which will involve 48 people coming from 6 partner countries (Austria, Serbia, Malta, Turkey, N. Macedonia and Slovakia). Each country will bring 8 people out of which 1 will be a group leader. We will also include 5 people with fewer opportunities. These will be people who come from disadvantaged backgrounds and are facing economical, social or geographical obstacles.

The target group of the youth exchange will be young people in the age from 18 to 30, residents of partner countries, with strong interest:

- to work in an intercultural environment to learn about other cultures
- eager to develop competencies such as teamwork, communication, and problem-solving.
- The project prioritizes the inclusion of individuals facing fewer opportunities with economic, social, or geographic circumstances. This will create a diverse and inclusive group of participants.
- to actively share their experiences through visibility and dissemination activities, contributing to the project's

broader goals.

- Participants who are interested in learning about conflict transformation and non-violent communication
- People who are able and willing to actively engage during all of the activities

The methodology with which we will work will be non-formal education. We will have theater-based activities, peer to peer learning, energizers, team-building activities, discussions, role-play etc. The activities will be in the following trajectory:

DAY 1: Opening of YE "CalmUnity: Transforming Conflict Together". Reviewing the Project Schedule and Goals and Aims of the Project . Fears and Expectations.

DAY 2: Conflict: What Does It Mean? Is it Good or Bad? Simulation. Theater based activities. Causes of Interpersonal Conflict. The psychology behind every conflict. Consequences of approaching conflict the wrong way.

DAY 3: What is Empathy? Expression of Emotions through practical exercises. What is Emotional Intelligence? The Role of Emotional Intelligence in Everyday Life. How to use it in Conflict Transformation.

DAY 4: Negotiation for Conflict Transformation. Identifying Needs in Communication. Analyzing Components of Negotiation. Using Non-Violent Communication in Practice

DAY 5: What is Active Listening? How does it connect with people? Practicing Active listening? Assertive communication in practice. Negotiation Skills in Action.

DAY 6: Creating Conflict Management Materials. Working on the Visibility of The Project. Creaition of Booklet, Videos, Website, etc.

DAY 7: Presentation of Erasmus + programme. Open for Local Community. Brainstorming Ideas for Future Projects. Closing of the YE "CalmUnity: Transforming Conflict Together ". Final Evaluation. YouthPass Ceremony. Closing Thoughts.

Impact

This project will have a positive impact in many areas. Firstly, participants will develop improved skills in non-violent communication, which will enable them to express their feelings and needs effectively while resolving conflicts peacefully. These improved communication abilities will extend beyond the project's duration, benefiting their personal and professional lives. The participants will be able to use these techniques in future career pursuits, interpersonal relationships, and transform perceived enemies into new friends.

Additionally, our project will contribute to the development of participants' soft skills, such as active teamwork. These skills are essential for effective communication and will empower participants to engage constructively in their communities. Also, we expect our project to cultivate better interpersonal relationships within the communities of the participants. By educating non-violent communication and conflict transformation, we aim to reduce stereotypes and misunderstandings among individuals, leading to more inclusive and peaceful communities. Our project will serve as an inspiration for future initiatives focused on conflict transformation, and organisations can use the materials created. Participants will be motivated to take on new initiatives in their communities, spreading the principles of non-violent communication and contributing to a more peaceful and understanding society.

Other results which will contribute to the impact mentioned above include:

- Project Website
- Booklet with non-violent communication practices
- VIdeos from participants on conflict-transformation
- Follow-up Events in local communities
- Articles which will be published on social media and website

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals
Action Type: Mobility of young people

Project Title

The access for young people to culture through digitalization “Let's Dive Into Digiculture”

Project Coordinator

Organisation TüGem - Türkische Gemeinschaft in Vorarlberg und Österreich
Address Schlachthausstraße 1 , 6850 Dornbirn , Vorarlberg , AT
Website www.tuegem.at

Project Information

Identifier 2022-3-AT01-KA152-YOU-000099293
Start Date Jan 1, 2023
End Date Dec 31, 2024
EC Contribution 22,148 EUR
Partners NATSIONALNA ASOTSIATSIA NA RESURSNITE UCHITELI (BG) , ASOCIATIA TINERII 3 D (RO) , Oyuncak Kutuphanesi Dernegi (KalpAnkara EvGM) (TR) , Navissos (RS)
Topics Digital content, technologies and practices ; Digital skills and competences ; Cultural heritage

Project Summary

Objectives

“The access for young people to culture through digitalization “Let's Dive Into Digiculture” Project is under the frame of Erasmus Youth Workers Mobility KA152 to be applied October Deadline to the Austrian National Agency by TüGem – Türkische Gemeinschaft in Österreich

The Project has been designed with the partnership of five different European Partners in order to gather 30 young participants in Ankara Turkey between the dates of 20-30 May 2023.

Partner Organizations:

- 1- Oyuncak Kutuphanesi Dernegi (KalpAnkara EvGM) – Turkey
- 2- (EUTOPIA) International Youth Association - Croatia
- 3- Asociaia Tinerii 3D - Romania
- 4- Navissos - Serbia

The needs of our young people around the concept of digital are: the need for digital skills, the need to access information, the need for access to education, brought to the fore by the COVID 19 pandemic, which for almost two years moved the traditional school to the online environment, automatically this need attracts to itself the need for digital adaptation, the need for data privacy.

In the response projected by us through this project, we formulated a series of objectives directly proportional to the needs of the young people mentioned above, which are as follows:

- O1. Support in acquiring information and data literacy skills
- O2 Encourage the access to the culture, though the new technologies
- O3 Promote youth inclusion through the digitalization of culture
- O4 Identify online tools and resources for the access to the digiculture
- O5 Increase awareness among young people to be responsible as digital citizens
- O6 Provide opportunities and alternatives to be an active part of the digitalization of culture

Activities

Aims:

- Promote youth inclusion through digitalization
- Support young people in identifying and understanding problems that can be overcome by social innovation
- Increase awareness of the positive outcome that social innovations have among young people and communities
- Encourage young people to take action in order to change the status of youths in need in problem-solvers as digital citizens
- Provide opportunities and alternatives to become digital social innovators
- Support and motivate in acquiring entrepreneurial skills in tandem with digital Competencies

Methods: Non-Formal Education methods have been used in the activities in order to provide maximum benefit for the participants.

Training sessions:

- Entertainment vs culture in the digital era
- Social Media for culture education development (after this) – > team building activity -> start a cultural campaign on social media
- Quality digital content
- Protecting Personal Data and Privacy
- The copyright in the digital environment
- Digital storytelling workshop

All of the above activities are designed to implement and build a cultural campaign on social media platforms.

Catch the digital – Photo race in Ankara

Study visit at British Institute of Archaeology. The purpose of the visit is to learn how to use digital technologies in archiving.

"Digitalization as an integral part of our daily life" - Free Debate

App Idea Presentation: "In a digital world, are you ready to transform for tomorrow?" (Team activity)

Start a podcast

Create a digital escape room (digital breakout)

The project will host 30 young people that are between 18-30 years old. Each partner will provide 6 team members (3 Male + 3 Female). We are promoting inclusion for all young people thus each group will include at least one young person with few opportunities.

Impact

Knowledge that will be acquired through the “Let’s dive into digiculture” project’s activities:

- Knowledge regarding digital quality content
- Knowledge regarding cultural and/or educational campaign management (campaign ideas, strategies, implementation, evaluation of result, target groups/audience, usage, rational use of social media power, delivering a meaningful message-logo)
- Knowledge regarding data privacy
- Knowledge regarding copyrighting in the digital environment
- Knowledge about digital storytelling methodologies

Tools that will be acquired through the “Let’s dive into digiculture” project’s activities :

Online tools in order to create a digital product such as:

- podcast (Anchor app)
- logos, cover page for podcast, promoting materials (Canva)
- Digital escape room (more sophisticated digital product) - Creating clues (Google Slides, Docs), image(s) (Google Drawing), locks (Google Form), Google site

Skills that will be acquired through the “Let’s dive into digiculture” project’s activities:

- Social media marketing skills
- Audience segmentation (through “Start a cultural campaign on social media” activity)
- Handling information and content
- Critical thinking
- Creative thinking
- Team building
- Problem-solving (through activities such as creating and solving a digital escape room, App Idea- “In a digital world, are you ready to transform for tomorrow?” Team activity)
- Script writing skills
- Video-making skills

Approaches/behaviours that will be acquired/improved through the “Let’s dive into digiculture” project’s activities:

A) Soft Skills. With reference to the Youthpass Key Competencies:

- Communication in foreign languages
- Digital competences
- Learning to learn
- Social and civic competences
- A sense of initiative and innovation
- Cultural awareness and expression

B) Attitudes and values:

- Being responsible in the digital environment
- Promoting quality digital content
- Being a rational consumer of digital content
- Raising the involvement/engagement of young people, with a specific focus on creating and implementing innovative ideas in online

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals

Action Type: Mobility of young people

Project Title

Back To Basics: Social Media Detox

Project Coordinator

Organisation Neue Generation Osterreich**Address** Jauerburggasse 2/3/7 , 8010 Graz , Steiermark , AT

Project Information

Identifier 2023-1-AT01-KA152-YOU-000118589**Start Date** Jun 1, 2023**End Date** May 31, 2024**EC Contribution** 48,548 EUR**Partners** Udruzenje mladih Zvonce (RS) , AKADEMIYA NA USPEHA (BG) , Be The Change (IT) , Asociación Pilcrow (ES) , Asociatia Bradul, Muntele si Neagra (RO) , ASSOCIATION FOR VOLUNTEERISM VOLONTERSKI CENTAR SKOPJE (MK)**Topics** Digital skills and competences ; Information and communication technologies (ICT)

Project Summary

Objectives

The major goal of the youth exchange "Back To Basics: Social Media Detox" is to discuss the effect and impact of social media on young people's lives because, in today's world, social media is a significant part of many young people's lives. Most people use social media without considering its potential beneficial or bad effects on their life. We think it's critical to focus youth attention on social media and consider both immediate and long-term repercussions, as well as how social media affects young people's communication styles, self-confidence, and self-esteem. We believe it's critical to consider issues like: "How to use social media in a constructive way, such as in educating or enhancing youth engagement in decision-making processes?" How can we prevent the harm that social media can do to young people, such as how to cope with cyberbullying?

The main aim of the youth exchange "Back To Basics: Social Media Detox" is to start a critical discussion about the effects of social media and to educate young people about the safe and beneficial uses of social media, such as using it to address community issues, participate in decision-making processes, or find employment.

Objectives of youth exchange:

- Raising awareness of participants on the influence of social media on behaviour with special focus to be paid to self-esteem and self-confidence;
- Increasing participant's competencies to protect themselves on social media and use social media in a positive way for own benefit;
- Making participants familiar with different approaches to social media and to support their critical view of social media;
- Developing participant's competencies such as communication in English, teamwork in a mix-intercultural team, problem-solving, conflict management;
- Increasing participant's knowledge on Erasmus+ Programme and to support creating new project ideas addressing participant's needs;
- Sharing lessons learned during youth exchange through online media and 'face to face' activities in involved communities to open critical debate on social media in participant's communities.

Activities

We are planning to implement a youth exchange based on non-formal education in Rettenegg, Austria involving 7 Programme Countries and 58 participants (out of which 35 participants with fewer opportunities facing economic, and social obstacles, and cultural differences, 7 group leaders and 2 facilitators). Partner organisations are coming from the following countries: Austria, North Macedonia, Serbia, Bulgaria, Italy, Spain, and Romania.

Group leaders will be selected by each organization. The group leader is expected to be a person with previous experiences in youth work and Erasmus+ Programme who is ready to facilitate the project activities and provide support to the participants during the whole project, especially during implementation phase abroad but also during preparation and follow up period. There is no age limit set for group leaders.

Participants will have the following profile:

Age 18-30 years old;

Motivated to learn more about social media and its productive usage;

Motivated to work in an intercultural team;

Motivated to take part, and learn more about the Erasmus+ Programme;

Motivated to share the knowledge gained in the follow-up period;

Have a communicative level of English.

Impact

Impact on participants: The following competences will be particularly developed by participants:

Communication in their native tongue: Participants will increase their vocabulary in relation to the youth exchange's main themes of social media, the influence of social media, online safety, the Erasmus+ program, and project management for youth projects;

Communication during this youth exchange was done in a foreign language. English: Participants will broaden their vocabulary and gain more self-assurance when communicating in English;

Social and civic competencies: through cooperating with peers from many nations and cultures, participants will improve their teamwork, leadership, and problem-solving skills.

Cultural awareness: The youth exchange program will provide participants with the chance to engage in intercultural learning activities and confront any misconceptions or preconceived notions they may have about one another's cultures. Additionally, participants will broaden their minds and be more prepared to combat prejudice and stereotypes in their communities;

Sense of initiative: one of the primary goals of the youth exchange is to inspire participants to actively participate in their communities and to share with their peers the new knowledge they acquire during the exchange in order to inspire their peers to do the same;

Learning to learn: Participants will seek to acquire one of the most crucial competencies through the youth exchange: learning to learn. During the youth exchange, the participants will be asked to identify their learning objectives, evaluate their learning progress, and talk about how they might use their newly acquired skills in their daily lives.

Additionally, the participants will gain project management skills and knowledge of the Erasmus+ program that they may put to use when creating their own project concepts.

The organisations will gain new partnerships and contacts that they can use when creating upcoming projects. The organizations' understanding of the Erasmus+ Program will grow, and they'll have hands-on experience with the procedures involved in planning the youth exchange. The participants are anticipated to become more involved in their communities, and the organizations taking part will profit from the fresh perspectives these members will contribute. Overall, the youth exchange will improve the level of social media-focused organizations' programs and help young people learn the skills they need to use social media safely.

Additionally, we will promote the dissemination of the lessons discovered to target populations, particularly young people from the communities of participants who are eager to discover how to use social media more successfully. We will invite the participants to consider actions based on peer-to-peer learning that they might organize in their communities in a way to empower their peers to think critically about social media and to use social media in a constructive way in order to increase the influence on the target groups. The participating organizations will assist the participants in making these concepts a reality.

The key results of the project:

1. Web blog will be accessible to young people, youth organizations and representatives of other institutions.
2. Short videos published on YouTube channel will be accessible, as well. These videos will talk about the issues concerning the youth exchange. Erasmus + Programme. The videos will be possible to use as learning materials and we will upload these videos on YouTube and also we will promote them through our network of partners.
3. Booklet: one of the results will be a booklet with practical activities that the participants experienced during the YE, information on the Erasmus + Programme, description of inspiring practices from participant's countries. The booklet will be published on the project blog, FB page. It will be shared through social media, partner's network, presented at ongoing and future project activities of the consortium.

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals

Action Type: Mobility of young people

Project Title

Digital Youth Participation

Project Coordinator

Organisation Sport- und Kultur Verein "NEUER START"
Address Burggasse 81/7 , 1070 Wien , Wien , AT
Website www.neuerstart.at

Project Information

Identifier 2023-1-AT01-KA152-YOU-000142367
Start Date Jun 1, 2023
End Date May 31, 2024
EC Contribution 22,188 EUR
Partners Youth Center of Georgia (GE) , Patras Youth Club (EL) , NGO "Non-formal education for youth" (UA) , Friends For Europe (CZ) , Creative Youth (AM)
Topics Digital safety ; Preventing racism and discrimination ; European identity, citizenship and values

Project Summary

Objectives

In recent years, digital media and networks have become embedded in our everyday lives, and are part of broad-based changes to how we engage in knowledge production, communication, and creative expression. When we live in a digital era and has taken over our daily lives and changed our study and working habits, we must take advantage of these benefits in order to increase the level of participation of youth in social life. Nowadays, youths use social media platforms to communicate with each other while they are even sitting in the same environment. While these websites and digital technologies provide different opportunities for communication, education, entertainment, and social interaction, it should also be taken into account that their uncontrolled engagement with digital media has contributed to some very serious problems. The reason why we want to carry out the project "Digital Youth Participation" is that there is a need to invest in the youth and that digital technology is an essential instrument for participation in a changing society. Nevertheless, there is also a need to do so in a careful, safe manner.

Objectives of this project are the following:

- Enhance critical thinking and media literacy among young people to strengthen democracy and fight manipulation, propaganda and fake news;
- To create a shared knowledge of how young people's digital involvement impacts their sense of civic responsibility, sense of leadership in the community and social activism;
- To prevent and limit the risks associated with the use of digital technologies in the social media/web platforms most frequented by youth;
- to encourage young people to create innovative methods by using role-playing, circle time, and "Digital Citizenship" tools.
- To promote Erasmus + opportunities.
- To share effective methods in preventing racism and intolerance among youth, and in addressing the risks, opportunities, and implications of digitalisation.
- Promoting quality, innovation and recognition of youth;

Activities

The project "Digital Youth Participation", will be held by 36 participants from Austria, Georgia, Greece, Armenia, Czech Republic and Ukraine. The dates: 20-29 October 2023. From each country we will have 6 representatives: 5 youths age 18-30 and 1 team leader (without age limit). The target group is diverse.

The actions' working methods will all be chosen to ensure that everyone is as engaged as possible. In terms of empowerment, debates, mutual learning, informal learning and doing, simulation games, communication and networking workshops, practical assignments, group projects, team-building exercises, visible actions, etc. The Youth Exchange will emphasize the development of non-formal education skills in areas related to the digital world, the ability to work in teams, the improvement of communication skills, and the management of personal relations within a team. It will also place an emphasis on understanding the value of active citizenship, respect for diversity in all its forms, education for tolerance, dialogue, and interculturality.

DAILY REFLECTION: the aim is to allow participants to make evaluations by analyzing each day, what they learned, discuss the link with 8 key competences.

CULTURAL EVENINGS: The participants will get to know the culture, customs, and history of the country, and

they will contribute to intercultural cooperation and communication, elimination of stereotypes and prejudices, reduction of discrimination.

OPEN SPACE: the participants will have an open space in order to implement new initiatives.

Impact

The project will have a significant impact on young people's daily lives by enabling them to support youth in using the internet in a carefully planned, wise, and attentive manner. They will also be able to share the new knowledge they have acquired from fields aside from non-formal education settings.

We believe that the project will give the participants new tools to strengthen their capacity to reach out with essential messages and teach the team how to utilize modern technology safely. The participants will gain awareness of social media, netiquette, and the safety of personal data starting with "The Digital Competence Framework 2.0."

The project will bring greater understanding and responsiveness to social and cultural diversity, and with that, the ability to transfer this competence to their peers on an everyday basis.

The most important is the partner organizations will expand their network. The benefit of the project will also be seen in the established contacts between youth from EU and non-EU countries.

We expect partner organizations will inspire each other and start exchanging best practices. The Erasmus + program will be given a chance to network with the local organizations promoting projects and further partnerships.

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals
Action Type: Mobility of young people

Project Title

Preserving Mental Health In Time of Social Media (Ab)use

Project Coordinator

Organisation The United Power of Youth (Die Vereinigte Kraft der Jugend)
Address Mariatroster Str. 303/15 , 8044 Graz , Steiermark , AT

Project Information

Identifier 2023-3-AT01-KA152-YOU-000173448
Start Date Mar 10, 2024
End Date Sep 9, 2024
EC Contribution 34,464 EUR
Partners Association Plus Ultra (BA) , Biedrība "Youth Line" (LV) , ARMENIAN PROGRESSIVE YOUTH NGO (AM) , Association for Education and Development of Young People - EduArt Skopje (MK)
Topics Digital content, technologies and practices ; Digital skills and competences ; Digital youth work

Project Summary

Objectives

We have identified the following objectives and relatable perspective of youth work practice:

1. Promote the importance of mental health among young people: The project aims to raise awareness about the negative impact of social media on mental health among young people, and to provide the knowledge and skills they need to navigate the digital landscape in a healthy and positive way.
2. Provide support and resources for young people: The project will provide young people with the support and resources they need to overcome the challenges they may face in relation to social media and mental health. This will include educational materials, workshops and other resources that will help preserve mental well-being in the digital age.
3. Develop skills and competences of young people: The project will provide young people with the opportunity to develop a range of skills and competences, such as critical thinking and problem-solving, communication and how to face the challenges in time of social media.
4. Promote social inclusion and personal development: The project will provide opportunities for intercultural learning and active participation for young people, which will help to promote social inclusion and personal development.
5. Make a positive impact on the local community: The project will provide young people with the opportunity to make a positive impact on their local community by raising awareness about the importance of mental health among young people and promoting the need for support and resources.
6. Provide support and resources for organizations and groups of young people: The project will provide organizations and groups of young people with the knowledge and skills they need to address the negative impact of social media on mental health among young people, and to provide support and resources for young people in their local community.

Activities

In order to achieve the objectives of the project, we plan to implement a variety of activities. These activities include:

1. Workshops: We will organize workshops on topics related to mental health and social media, such as the impact of social media on mental health, digital wellness, and online identity. These workshops will provide young people with the knowledge and skills they need to navigate the digital landscape in a healthy and positive way.
2. Interactive games and exercises: We will organise interactive games and exercises that will help young people to understand the impact of social media on mental health and how to use social media in a healthy way.
3. Debate and Discussion: We will organise debates and discussions on various topics related to mental health and social media, allowing the young people to express their opinions and ideas.
4. Social Media Campaigns: We will launch social media campaigns to raise awareness about the negative impact of social media on mental health and how to use social media in a healthy way. We will use our Facebook page and Instagram profile as tools, as well as the channels used by our partners and participants
5. Outdoor activities: We will organise one full-day outdoor activity such as hiking, camping or other nature-related activity that will help young people to disconnect from social media and focus on their well-being.

These activities will be designed to be engaging and interactive, and will provide young people with a variety of

ways to learn about the topic of mental health and social media. They will have the opportunity to learn from experts, to express their own thoughts and feelings, and to connect with other young people who have similar interests.

The number of participants involved in the project will be 40 young people aged 18-30 years old, 8 participants from each participating country. The participants will be selected based on their interest and motivation in the topic of mental health and social media. The selected participants should represent the diversity of the local, regional, national and European level, with different cultural backgrounds, genders and socio-economic status.

Impact

1. Improved skills for navigating in the digital landscape: will provide young people with the knowledge and skills they need to navigate the digital landscape in a healthy and positive way. This will help to improve their mental health and well-being, and to reduce the negative impact of social media on mental health among young people.
2. Increased awareness about the importance of mental health among young people: The project will raise awareness about the negative impact of social media on mental health among young people, and will promote the importance of mental health among young people. By providing educational materials and workshops, as well as social media updates and blog entries in the next 12 months after the project has ended, the project will reach a large number of young people and will help to increase awareness about the importance of mental health among young people.
3. Increased knowledge and understanding of the impact of social media on mental health among young people: Through the workshops, interactive games, debates and discussions, and other activities, we expect the young people to have a better understanding of the potential negative effects of social media on mental health and how to use social media in a healthy way.
4. Improved understanding of digital wellness among young people: We expect the young people to have improved understanding of digital wellness and how to best approach the topic and embed this into the daily life of young people through building skills and healthy habits, such as setting healthy boundaries with technology, developing critical thinking about the information found online, and being able to balance online and offline life, as well as what tools there are to help influence digital health.

These results align with the objectives of the Erasmus+ program, which aims to improve the skills and employability of young people, and promote social inclusion and personal development among young people. By achieving these results, the project will contribute to the overall goal of the Erasmus+ program and have a positive impact on the young people involved in the project.

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals

Action Type: Mobility of young people

Project Title

Fashion as a Sustainability Threat

Project Coordinator

Organisation The United Power of Youth (Die Vereinigte Kraft der Jugend)

Address Mariatroster Str. 303/15 , 8044 Graz , Steiermark , AT

Project Information

Identifier 2023-3-AT01-KA152-YOU-000173663

Start Date Apr 1, 2024

End Date Sep 30, 2024

EC Contribution 27,848 EUR

Partners ARMENIAN PROGRESSIVE YOUTH NGO (AM) , Association for Education and Development of Young People - EduArt Skopje (MK) , Association Plus Ultra (BA) , Biedrība "Youth Line" (LV)

Topics Environment and climate change ; Green skills ; Creativity, arts and culture

Project Summary

Objectives

By implementing the project, our primary goal is to achieve a profound impact on the participants' understanding and engagement with sustainable fashion practices, as viewed from the perspective of youth work practice. The project's objectives are multifaceted, with the overarching aim of empowering the youth participants to become advocates for positive change within the fashion industry and beyond. Specifically, from the perspective of youth work practice, we seek to accomplish the following objectives:

- 1. Raise Awareness and Foster Understanding:** the first objective of the project is to raise awareness among the youth participants regarding the harmful effects of the clothing industry, especially fast fashion, on the environment and society. Through a comprehensive series of educational workshops, discussions, and interactive activities, the participants will develop a deeper understanding of the environmental and social implications of fashion consumption. By providing them with factual information and firsthand experiences, we aim to instill a sense of urgency and responsibility for making sustainable fashion choices.
- 2. Promote Critical Thinking and Media Literacy:** we strive to nurture critical thinking skills among the youth participants, particularly concerning marketing tactics and eco-friendly claims made by fashion brands. Through targeted workshops on recognizing greenwashing, the participants will gain the ability to discern genuine sustainability efforts from mere marketing strategies. Empowering them with media literacy skills will enable them to make informed decisions as consumers and challenge the prevailing fast fashion narrative perpetuated by the industry.
- 3. Cultivate Ethical Fashion Advocacy:** our project aims to cultivate a sense of advocacy for ethical fashion practices among the youth participants. By delving into the social impact of fast fashion and its effects on garment workers, the young participants will develop empathy and concern for the welfare of individuals involved in the fashion supply chain. We aspire to encourage the participants to become vocal advocates for fair wages, worker safety, and improved working conditions in the fashion industry. Through advocacy efforts, they will actively contribute to fostering positive change within the fashion sector.
- 4. Encourage Circular Fashion Principles:**the project places significant emphasis on promoting circular fashion principles among the youth participants. By introducing them to the 7 R's of Circular Fashion, including reduce, reuse, repurpose, repair, resale, rent, and recycle, we aim to inspire a shift away from the prevalent fast fashion culture towards a more sustainable and circular economy. Our objective is for the participants to become leaders in adopting circular fashion practices, encouraging their peers and communities to embrace responsible and eco-friendly fashion consumption.
- 5. Equip with Practical Sewing Skills:** The project's practical workshops seek to equip the youth participants with essential hand-sewing skills for repairing clothes and extending the lifespan of their garments. From the perspective of youth work practice, this objective is crucial in promoting self-reliance and resourcefulness. By gaining the ability to mend their clothes, the participants will develop a sense of empowerment and self-sufficiency, reducing their reliance on constant consumption and encouraging a sustainable approach to fashion.
- 6. Foster Environmental Stewardship:**

From the perspective of youth work practice, the project aims to foster a sense of environmental stewardship among the youth participants. By understanding the detrimental consequences of fast fashion on the environment, they will be motivated to actively protect the planet and adopt sustainable behaviors beyond fashion consumption. Our objective is to cultivate a generation of environmentally conscious youth who consider the environmental impact of their choices in all aspects of life.

7. Facilitate Intercultural Exchange and Collaboration: the Youth Exchange program fosters intercultural exchange and collaboration among young participants from different countries and backgrounds. Our objective is to create an inclusive and diverse environment that promotes global perspectives on fashion's environmental challenges. Through mutual learning and sharing of experiences, the participants will broaden their cultural horizons and develop a sense of shared responsibility towards addressing environmental issues on a global scale.

Activities

The basic elements of the activity are educational and practical workshops by means of non formal learning methods, described in more detail below:

1. Activity spaces: The project activities will take place in a closed venue, which consists of different conference rooms. Certain activities will also take place outdoors - in the surrounding area of Rettenegg (ice breakers, energisers). The places for the activities will be chosen based on their suitability for the specific activity and their accessibility to the participants. The venue is chosen with the aim of making sure the group stays together also in the time after all formal activities have been completed, so they can build closer connections, communicate, get to know each other better and improve their English skills.
2. Non-formal education: a variety of non-formal learning methods will be used during the activity, such as interactive workshops, games and exercises, debates and discussions, individual assignments, etc. These methods are designed to be engaging and interactive, and will provide young people with a variety of ways to learn about the topic of how fast fashion impacts the environment and how to encourage sustainable development through making better consumer choices.
During these sessions, short videos and photos will be made and posted on social media channels using prior defined hashtags and short messages of raising awareness - these will be shared by the partner organisations as well as the participants. The aim is to have this message reach as many individuals and local communities as possible. Moreover, the for each practical workshop short tutorials will be filmed of basic sewing and upcycling skills, which will also be posted on the website and social media channels of all partner organisations, as well as shared by the young participants on their social media channels in order to reach as wider public and the main target group - young people.
3. Outdoor activities: the start of each day will be followed with icebreakers and energisers which will be carried out outside in order for all the participants to catch some fresh air and stretch before the workshops start. The focus of the ice-breakers will be cultural exchange between the participants in order to foster communication and exchange about their countries and cultural heritage. Spending half an hour in nature or enjoying a short walk around in nature around the Retteneg will set the stage for a productive day and it will also support the participants in building friendships and bonds.
4. Aims of the sessions: Each session will have a specific aim or objective that is aligned with the overall goals of the project. The aim of the session will be communicated to the participants at the beginning of the session, and the session will be structured to achieve this aim.
5. Daily Evaluation Form: Each session will be evaluated at the end of every day of the activity in order to assess its effectiveness and to identify areas for improvement. The short evaluation will include feedback from the participants and facilitators on the activities of the day. These will then be discussed during regular short Daily

Team Meetings, where also the group leaders will take part in order to share the feedback collected from the participants during informal talks with the organisers. Moreover, the daily evaluation forms will be discussed, so that if necessary ad hoc changes, decisions or improvements can be made. This activity will also help bring the whole organising team closer together.

6. Facilitation and Training: The activity will be delivered by the trainer who has experience in working with young people and in addressing the sustainability, environment and the polluting factors with a focus on the clothing industry. The trainer will provide guidance and support to the participants throughout the activity.

A total of 40 participants (including Team Leaders) from 5 countries is envisioned by this project. The background of the participants will vary as they come from different countries and cultures. However, they all share a common interest in the topic of environmental sustainability. Each group was formed through a selection process that was open to young people aged 18-30 from Bosnia and Herzegovina, Republic of North Macedonia, Armenia, Latvia and Austria. Each participating group will have one group leader, who will be responsible for coordinating the group and ensuring that all participants are actively engaged in the project. A special attention will be put on gender balance as well as enabling participation in the project of persons with socio-economic disadvantages, coming from Bosnia and Herzegovina and North Macedonia.

Impact

This Youth Exchange project aims to equip young participants with valuable knowledge and skills to actively contribute to environmental preservation and sustainability goals. The project will encompass a series of activities, including non-formal education and creative workshops, to raise awareness and provide practical skills that the participants can utilize immediately and throughout their lives. A key objective is to instill a change in mindset, encouraging participants to rethink their approach to clothing consumption and adopt more sustainable practices.

One of the central focuses of the project is imparting hand-sewing skills, which will empower the participants to repair and upcycle their clothes. By learning how to mend small rips and broken buttons, the participants will be less inclined to discard garments, promoting a shift away from the throwaway culture perpetuated by fast fashion. The skill of upcycling will enable them to breathe new life into old clothing items, further extending their usability. These practical skills will be invaluable to both boys and girls, promoting self-sufficiency and resourcefulness.

Beyond the Youth Exchange, the project aims to create informal ambassadors who will carry the message further to their social circles, ensuring that the vision of the project continues even after its conclusion. Participants will actively share the knowledge and tutorials developed during the project via social media platforms, raising awareness of the true dangers of fast fashion and its environmental risks. By fostering a spillover effect, the project seeks to inspire young people to share their newfound knowledge and skills with their families, friends, and peers, creating a ripple effect of positive change.

The participating organizations will benefit from the knowledge and resources gained during the project, enabling them to implement similar activities in their local communities. The deliverables produced, such as workshop tutorials and social media content, will be shared with the organizations to use and disseminate on their websites and social media channels. Each participating organization will also be responsible for organizing a one-day workshop in their local community, inviting young people to learn basic hand-sewing skills based on the tutorials developed during the Youth Exchange. This will further expand the impact of the project to a wider audience.

The overarching issue addressed by the project is the detrimental environmental impact of the fashion industry. Producing clothes consumes vast amounts of natural resources and contributes significantly to greenhouse gas

emissions, contributing to climate change. The project recognizes that the fashion industry's impact is a global concern, and it seeks to educate young people on how their shopping habits and behaviors influence the environment and the planet. With the rise of fast fashion among young people, the project aims to target this demographic, raising awareness of the implications of frequent online clothing purchases and encouraging more sustainable choices.

The project's impact is multifaceted, aiming to change the mindsets of young people in Europe, starting with the participants of the Youth Exchange. By educating them about the impact of their shopping habits and promoting a more sustainable mindset, the project aims to create a lasting change in their behavior. Leveraging social media platforms, the project will reach a wider audience, with participants sharing the content created during the exchange on their platforms, further spreading awareness among their peers and followers. Additionally, the one-day workshops organized by participating organizations will engage a total of 150 young people, broadening the impact beyond the Youth Exchange participants to the local communities involved.

The project's reach extends beyond the immediate participants, as organizations share the content on their websites and social media platforms, reaching diverse age groups. By building a strong network of organizations at the European level, the project aims to engage a wider public in the solution to the fast fashion problem. The project's success may inspire other youth organizations to address the issue, fostering collaboration and encouraging collective action in the pursuit of a sustainable fashion industry. Overall, the project strives to create a lasting impact by empowering young people to become active agents of change in their communities and advocates for a more sustainable fashion future.

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals

Action Type: Mobility of young people

Project Title

The power of minorities

Project Coordinator

Organisation	IniciativAngola
Address	Pfarrplatz / Pred cerkvijo 1 , 9122 St. Primus / Šentprimož , Kärnten , AT
Website	www.angola.at

Project Information

Identifier	2023-1-AT01-KA152-YOU-000140851
Project Web Site	http://angola.at
Start Date	Jun 1, 2023
End Date	Nov 30, 2024
EC Contribution	60,026 EUR
Partners	Dvojezicna srednja sola Lendava / Ketnyelvu Kozepiskola Lendva (SI) , Fondacija "Sorvanj" (RS) , Liceo Scientifico - Znanstveni licej "France Preseren" (IT)
Topics	Inclusion of marginalised young people ; Roma and/or other minorities ; Cultural heritage

Project Summary

Objectives

Our project is intended to enable young people who belong to a wide variety of minorities to exchange ideas and engage with their own minority as well as with other minorities. This should strengthen knowledge and awareness about one's own and other minorities and promote the exchange of knowledge and experience.

By exchanging and dealing with different ethnic, cultural, and linguistic origins, we hope that we can promote awareness and respect for diversity and contribute to the elimination of hatred and discrimination.

The young people will deal with their own minority and get to know other minorities better - this should strengthen an open, diverse, and tolerant Europe. We would also like to enable young people to reflect on their own identity within the minority. The young participants should also recognize a need for action and find their role - we want to strengthen active citizenship and promote political, cultural, and social participation of young people.

Activities

Our project will contain two activities: a preparatory meeting and a youth exchange. The preparatory meeting will take place in Carinthia, Austria, while the youth exchange will take place as an itinerary activity - part of the youth exchange will take place in Carinthia, in Eberndorf, and part in Trieste, Italy.

The participants are young people from four countries:

- Carinthian Slovenes (InitiativAngola, Austria)
- Slovenes in Italy (school "Gimnazija France Prešeren" in Trst/Trieste, Italy)
- Members of the Hungarian minority in Slovenia ("Dvojezična srednja šola Lendava" school from Lendava/Unterlimbach, Slovenia)
- Members of the Hungarian minority and other minorities (e.g. Rom:nja) in Serbia (Sorvanj, Serbia)

At the preparatory meeting, group leaders and young participants from each partner organization will take part. The meeting should serve to prepare the youth exchange and include the creation of the final program and the strengthening of cooperation between the partner organizations.

60 young people and seven group leaders and adult companions will take part in the youth encounter. The accompanying persons are youth workers from the partner organizations or teachers from the participating schools. They know the participating young people very well and have met with them several times before the youth exchange.

Impact

We expect the following effects for the participating young people:

- More sensitivity about minority issues
- Greater understanding of ethnic, social, linguistic, and cultural diversity
- Improved ability of self-expression
- Improved language skills
- Improved social skills
- More knowledge about historical events related to minorities
- More awareness of European values and projects
- Satisfaction and motivation in the everyday life of the participants

At local/national level, the project will show the relevance of the topic for the Slovenian minority in Italy and Austria and the Hungarian minority in Slovenia and Serbia. We wish that the project contributes to a respectful and tolerant treatment of the minorities in Europe. Furthermore, we would like to use the project to raise

awareness of diversity in Europe.

During the youth exchange, the young participants will create a brochure, a "youth newspaper". Also, during the week, the young people will prepare a short video that we will publish on our YouTube channel, share on our social networks and play on various occasions.

At the end of the youth exchange there will be a final presentation of the project, which will be open to the public and moderated by the young participants themselves.

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals
Action Type: Mobility of young people

Project Title

Circability

Project Coordinator

Organisation Motorik-Tanz-Artistik (2014)
Address Schwarzparkstr. 3a , 5020 Salzburg , Salzburg , AT

Project Information

Identifier 2023-3-AT01-KA152-YOU-000178170
Start Date Jan 1, 2024
End Date Dec 31, 2024
EC Contribution 66,647 EUR
Partners VSIA Rigas cirks (LV) , Tsirkusestudio Folie MTÜ (EE)
Topics Disabilities ; Creativity, arts and culture ; Bridging intercultural, intergenerational and social divide

Project Summary

Objectives

WHAT DO WE WANT TO ACHIEVE BY IMPLEMENTING THE PROJECT?

Our overall goal through the implementation of this project is to mobilize young people from different countries, some of whom face physical and other barriers, and empower them to overcome boundaries and reach their full potential through the transformative medium of circus arts.

Young people should be sensitized to living with physical disabilities and be able to experience new perspectives on this reality of life. Tolerance, patience and understanding shall be promoted and the potential of contemporary circus for inclusion and diversity, for solidary practice and for overcoming barriers shall be shown to a broad public.

WHAT ARE THE OBJECTIVES OF OUR PROJECT?

We have identified the following goals as central to our project:

SKILLS AND COMPETENCIES DEVELOPMENT: develop circus skills of participants with and without physical disabilities so that they can develop new skills and go beyond their previous limitations; develop social, cultural, educational and vocational skills.

SOCIAL INCLUSION: Promote social inclusion by breaking down barriers and stereotypes associated with physical disabilities through the medium of circus arts.

INCLUSIVITY AND ACCESSIBILITY: Promote inclusion in circus arts by creating an accessible, welcoming, and equal environment for participants with physical disabilities.

INTERCULTURAL UNDERSTANDING: Promote intercultural understanding and tolerance among participants from different countries and backgrounds.

PERSONAL GROWTH: Support the personal growth and self-confidence of all participants to enable them to overcome challenges and stereotypes; personal development and transformative experiences that lead to greater tolerance, openness to the world, and new professional and educational perspectives.

TEAMWORK AND COLLABORATION: Promote teamwork and collaboration among participants, emphasizing the importance of working together while respecting each other's abilities to achieve common goals.

PERFORMANCE: Conclude the two-week mobility with a successful and inclusive circus performance showcasing the skills and progress of all participants.

PEER EDUCATION: Participants become peer educators by taking home and sharing their newly acquired circus skills, competencies and knowledge with their peers and communities.

LONG-TERM IMPACT: To develop strategies and methods of support that will enable participants to continue to engage in circus arts and disability-related activities after the completion of the project. To motivate them to continue with the learned practice after the project, to think forward themselves and implement activities. To equip them with tips on best practices, connections to stakeholders and organizations that work inclusively, socially and creatively, and to encourage them to create their own projects.

BUILD CAPACITY: Strengthen the capacity of participating circus organizations and support participating team members and stakeholders in their capacity development to provide inclusive programs for people with physical disabilities.

NETWORKING AND PARTNERSHIPS: Build lasting international partnerships among participating organizations to facilitate future collaborations and exchanges.

EVALUATION AND DOCUMENTATION: Comprehensive evaluation on multiple levels (personal, project related, program content by participants and team members) to assess the impact of the project and document the progress and achievements of the participants.

SUSTAINABILITY: Follow-up activities to ensure sustainability of project results and planning of future joint projects and activities....

DISSEMINATION OF RESULTS: Disseminate project results and best practices with a broader audience to inspire and inform similar initiatives in the field of inclusive circus arts.

PROMOTE ERASMUS+ VALUES AND LIFELONG LEARNING: Disseminate the Erasmus+ Programme in order to raise awareness of the opportunities within it and promote the values and objectives of the Erasmus+ Programme, including the promotion of mobility, lifelong learning and intercultural exchanges.

PARTICIPANTS' WELLBEING: The physical and emotional well-being of all participants is a priority throughout the project, taking into account their specific needs and arrangements.

By achieving these goals, we hope to inspire broader social change toward greater inclusivity, understanding, and opportunity for people with physical disabilities and social, economic, and geographic barriers to the circus arts, and ultimately contribute to a more equitable and inclusive world.

Activities

The main activity will take place from 14th July - 27th July 2024 in St. Gilgen, Austria with participating groups from Austria, Estonia and Latvia. The two week program will revolve around the topic of inclusivity through the medium of circus arts. The participants will engage with various circus disciplines, creations of small acts, activities for group dynamic / group formation, cooperative and collaborative work, activities for sensibilisation and awareness for the multiple physical realities the abled and disabled participants will bring, activities in public space, open space as room for personal development and peer-to-peer exchange, accompanied evaluation and the final circus show, which will be performed in the EUROPEAN CAPITAL OF CULTURE 2024 BAD ISCHL.

ICE BREAKER & MORNING CIRCLE:

Each day will be starting off with an icebreaker and a morning circle. First shall foster the group dynamic and introduce the different cultures and languages through playful non-formal activities. Latter is a non-formal open group talk on needs, wishes, issues and other topics that the participants wish to communicate with the group. It serves as a platform fostering the well-being of the group and its individuals as well as a place where participants can encourage themselves, learn and practice to speak up in a safe and protected environment.

MORNING ACTIVITIES:

Daily physical preparation: serving as an energizer to get ready for the day together as a group, guided by professional sports pedagogs, who are well experienced in working with disabled people in sports and other movement practices.

Further morning programme: skill development in more structured activities with non-formal approaches, consisting of workshops/trainings on different circus disciplines, improvisation, dance, theatre, movement research and other tools for creation. Participants can improve their own skills in diverse circus disciplines, develop new ones, explore their abilities and face new challenges in overcoming stereotypes of ability and disability. They will explore a wide range of approaches to creativity, experience the complexity and entirety of what circus as an art form and profession comprises and creative processes: finding an idea, research, creating material, storytelling, understanding dramaturgy (spacial, temporal, social, political, conceptual) performing, stage design, light, sound, costume, texts, etc.

AFTERNOON ACTIVITIES: non-formal activities both designed/led by facilitators and participants. Topics include group dynamic and awareness, sensibilisation for inclusive approaches to circus, independent creative processes, outdoor activities, creation of small acts and the creation of the final show. The creation of the latter will happen in small groups, which are accompanied by mentors and in the end put together into one theatre evening / performance. The process will also include role allocation, responsibilities, communication, organisation and logistics within the group and external people, programming a theatre evening, writing a program text

(description of the performance) and advertisement (flyers, social media).

(MORNING AND AFTERNOON PROGRAMME ARE INTERCHANGEABLE, DEPENDING ON THE GROUP'S NEEDS)

CLOSING OF THE DAY: this activity will be important to round up the day as a group and fostering conscious learning and living. The participants will experience multiple ways to reflect on their day in non-formal games: what they have learned, what happened within the group, which competencies are new, which they could further develop, what was eye opening / transformational / difficult, how did it change their approach to circus and/or life, etc. These sessions will be offered with sensibility and special care, as they are a crucial pivotal point in the project. The Youth Pass will guide the reflection and evaluation processes throughout the entire youth exchange.

OPEN SPACE:

Space for peer-to-peer exchange, learning, free space to try out everything the participants want (training together, talking, playing, offering workshops, etc.)

The RENEGADE (colourful evening of small fun acts), INTERCULTURAL EVENING (with culinary and cultural specialties from all present nationalities), SIGHTSEEING (around Wolfgangsee and Salzburg) and FINAL PERFORMANCE will be organised and implemented by the participants.

The ERASMUS+ programme and the Youth Pass will be presented in non-formal activities, such as the "project-cafe".

Participants (36 in total) will come from Austria, Estonia and Latvia as well as other national/cultural backgrounds (f.i. Costa Rica). They are between 14 and 23 years old. Efforts towards gender equality will be made. 30% will have a background of physical disability, 20% geographical, economical and social barriers. All participants will bring either an advanced level of circus training or experiences / interest in movement related fields.

Impact

This project has the potential for transformative outcomes and far-reaching impacts. In particular, we have identified the following outcomes:

IMPROVED CIRCUS SKILLS: Participants will experience and (further) develop a wide range of circus skills including acrobatics, aerial arts, juggling, dance, theatre and more. These newly discovered talents will not only boost their self-esteem but also provide them with a unique form of creative expression.

PERSONAL GROWTH: The project will contribute to the personal growth of all participants. They will strengthen their resilience, self-confidence and sense of achievement as they overcome physical and social challenges and grow beyond their preconceived limits.

INCLUSIVITY IN CIRCUS ARTS: By actively promoting inclusivity and accessibility, this project serves as a showcase in the circus arts community. It will demonstrate that circus can be a medium for all, breaking down stereotypes and encouraging more inclusive practices in the future.

INTERCULTURAL UNDERSTANDING: The exchange aspect of the project will promote intercultural understanding. Participants will gain an insight into the lives, cultures and challenges of their peers from other countries, leading to greater tolerance and empathy and strengthening a sense of European community.

PERFORMANCE SUCCESS: The culmination of the project, a circus performance, will be a testament to the determination and commitment of the participants. It will show that young people with physical disabilities and other barriers can excel in the arts and challenge society's perception of disability and social justice.

PEER EDUCATION: Through their newly acquired skills, participants become advocates and educators in their own right. They can inspire and guide others, both in their local communities and more broadly, to spread the message of inclusion and circus arts as a medium for social change.

COMMUNITY ENGAGEMENT: The project will work with local communities in all participating countries to showcase the talents and achievements of participants. This engagement will raise awareness and understanding of the abilities of people with physical disabilities and social, economic and geographical barriers.

LONG-TERM IMPACT: The impact of this project will extend beyond its duration. Participants will bring their improved skills and newfound confidence to their future endeavours, whether in the arts, education or employment. Through the exchange of good practice, partner organisations will be supported to integrate and promote inclusive work in their work in their home country.

CAPACITY BUILDING: Participating circus organisations will gain valuable experience in creating inclusive programmes. They will develop expertise in addressing the needs of people with disabilities, potentially inspiring the introduction of similar practices in their wider communities and in their own work. Establishing MOTAs and the project partners as organisations that provide inclusive circuit training, and encouraging other regional sports organisations to do the same, will have an impact that goes beyond the project.

SUSTAINABLE PARTNERSHIPS: The project will build lasting international partnerships between participating organisations that will facilitate future collaborations and exchanges. These partnerships will contribute to ongoing efforts to promote inclusion in circus arts.

EVALUATION AND DOCUMENTATION: A rigorous evaluation will ensure that the impact of the project is effectively measured and assessed. This documentation will provide valuable insights into the success of the project and serve as a resource for future initiatives.

DISSEMINATION OF RESULTS: Sharing the project results, lessons learned and best practices with a wider audience is a critical step in maximising the impact of the project. It will inspire and inform similar efforts, contributing to the wider promotion of inclusion and accessibility.

VISIBILITY: An appearance as part of the European Capital of Culture Bad Ischl 2024 programme will provide great visibility to inclusive circus. Dissemination of the film footage to the regional, national and international circus network and to European youth work and inclusion organisations and stakeholders will illustrate the important contribution that circus arts can make to inclusion and diversity in Europe.

the project “Circability” aims to be a catalyst for positive change. It seeks to empower young people with physical disabilities and social, economic and geographical barriers, to promote inclusion in circus arts, to support intercultural understanding and to challenge societal perceptions of disability. The expected outcomes and impacts are not limited to the duration of the project, but are intended to have a lasting, transformative effect on participants, communities and the circus arts sector in general.

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals
Action Type: Mobility of young people

Project Title

Mobilization of young people using online chanel

Project Coordinator

Organisation Projektberatung und Management Expert Assoziation
Address MARIAHILFSTRASSE 3 , 2413 Berg bei Wolfstahl, NÖ , Niederösterreich , AT
Website <http://www.pamea.eu>

Project Information

Identifier 2023-3-AT01-KA152-YOU-000173545
Start Date Feb 1, 2024
End Date Aug 31, 2024
EC Contribution 40,707 EUR
Partners ASOCIATIA NEVO PARUDIMOS (RO) , ASSOCIATION FOR SUSTAINABLE DEVELOPMENT SFERA INTERNATIONAL BITOLA (MK) , Együttható Közösségépítő Egyesület (HU) , Spolek ActiTmel.cz (CZ) , Topluma Destek Dernegi (TR)
Topics Democracy and inclusive democratic participation ; Digital skills and competences ; Promotion of alternative forms of participation

Project Summary

Objectives

82 % of people think political systems need drastic reform to be fit for the future and 70 % feel that young people should have more say (Be Seen, Be Heard Global Report, 2022). With less than 3 per cent of parliamentarians worldwide under the age of 30, young people continue to be underrepresented in political processes and decision-making (IPU, 2021).

In today's digital-centric world, online connectivity is paramount. Our increasing reliance on the internet has revolutionized the way we collaborate, communicate, and relate with others, both in our immediate circles and globally. Young individuals must be equipped with proper digital skills to remain relevant in this rapidly evolving landscape.

According with the report "Covid-19 impact on youth participation and youth spaces" made by European commission and Council of Europe youth organisations emphasised that all key dimensions of youth participation and spaces studied through the survey were severely affected, including accessing and engaging young people, citizen participation, access to information, freedoms of association and assembly, and ability to act autonomously. Organisations continued to advocate for the access to democratic rights and freedoms. The dominant forms of youth engagement through organisations remained online and offline consultations, plenaries and assemblies outside institutional politics. Engagement in activities linked to political institutions and processes was an important, albeit less frequent, form of youth engagement.

The internet's ubiquity and the rise of digital technologies have catalyzed societal growth and job opportunities, enhancing many people's quality of life. As per Statista's 2020 report, 99 percent of users in Austria between 16 and 24 years used the internet on a daily basis. Furthermore, 96 percent of people between the age of 25 and 34 used the internet daily so the survey. 93 percent of people between 35 and 44 also used the internet daily According with current survey on the subject of "Young people and misinformation on the Internet" made by Saferinternet.at Austria's young people are in a dilemma when dealing with information on the Internet: Young people primarily obtain information on everyday topics via social media, but hardly trust the information obtained there.

The results show a worrying development and a great need for action. The majority of Austrian young people (62 percent) use social networks every day to find out about current topics. At the same time, 39 percent of those surveyed rate the content on these platforms as not very credible, and for 23 percent it is even unbelievable".

Young individuals are not only fervent internet users but are also engaged in various social media platforms like Facebook, Instagram, and Messenger which offer them many times wrong informations.

Europe, however, portrays a diverse digital landscape. Some countries are digitally advanced, while others lag. Even the adherence to digital human rights varies across nations. The vast internet engagement among the youth signifies their potential to amplify civic participation through online initiatives and activism.

Yet, many youths remain oblivious to the dual nature of the internet. While it offers vast benefits, including global connectivity and information accessibility, it also poses challenges like cyberbullying, exposure to misinformation, and online hate.

When we asked young people about involved in decision making process and using online tools for this most of them booth in Austria and in the partner countries involved in shaping this project they told us that first they dont trust the online processes because many times are influenced by fake accounts and second they told us that they dont know how to change/ influence those processes.

This initiative is inspired by the young people attending the voluntary activities of PAMEA. Their experiences during the global pandemic underscored the internet's potential in fostering connectivity. They advocate for young individuals to harness the web and technology to address societal challenges.

This project aim is to foster online activism, encourage youth participation, and cultivate a sense of digital citizenship.

Our project's SMART objectives are:

1. Advancing online youth activism respecting human rights and digital citizenship among 42 participants in a 8-day youth exchange.
2. Enlightening 42 participants about the internet's pros and cons within the 8-day youth exchange.
3. Delving into digital storytelling's potential as a tool for online activism for the 42 participants during the youth exchange
4. Enhancing the 42 participants' comprehension of online campaigning in the 8-day youth exchange

Activities

Within this project we plan to implement one youth exchange which will involve 42 young people, 7/ country aged 16-22 and 6 group leaders over 18 years old.and two facilitators with a wide experience in Erasmus plus and digital citizenship projects.

The Austrian group it's composed of young people living in the Rural area near Viena who were doing voluntary work with our NGO booth online and offline. In many cases their access to social life or diferent cutural or voluntary activities it's done trough internet and for many of theyr froends, colleagues this it's a barieer due to the fact that they dont know to use this chanel's very well or they face dificulties in making a diference between fake or real news/ informations/ actions in online.Romanian participants,are comming particularly from the Roma community from Resita, seek knowledge to combat online hate and desire more digital access to amplify the realities of their communities. The young people from Resita are socially excluded and even online mani times they face bulying and discrimination.

The Turkish group, primarily migrants, view this project as a golden opportunity to bolster their online presence and defend against hate speech. Their main aim is to further causes that enhance societal harmony using diferent online chanel's. Most of the turkish participants faced exclusion and discriminative situations booth online and offline.

The Czech contingent hopes to gain insights into the internet's possibilities and its pitfalls. They are young people from Melnik area and Ukrainian migrants from small urban and Rural area near Melnik which in most of the cases have and use internet as main tool for accesing etertainment and infomations.

The Macedonian groups aim to transpose their offline activities online to enhance their digital citizenship. They are young people living in the small town of Bitola. Same like the Czech young people they spent a big majority of their time online and get most of their informations from online chanel's. They want to understand ad learn to use better the internet.

The Hungarian group are young people Roma and nonroma from Gyongyos area and the rural area near Budapest who faced in theyr activities as volunteers situations when they were excluded or discriminated due to lack of knowledge about how to use safe the internet.

In essence, this project aspires to equip young individuals from diverse disatvantage backgrounds with the tools and understanding they need to thrive, contribute, and stay safe in the digital age.

Participating groups will be created using online recruitment process combined with face to face meetings. We will have 7 participants from each country. We will try to secure gender balance by bringing 3-4 boys and 3-4 girls from each country communicating between us constantly in order that also as general numbers to have equal numbers of girls and boys.

The group leaders will be people with a big experience in working with young people from disatvantaged communities in developing online activities and promoting participation and inclusion of young people.

If exceptional situations will apear and from one country we have problems in respecting gender balance we will tray to compensare with another country.

Impact

The initiative aim to profoundly influence the participants, addressing very important topics like active citizenship, youth engagement, and activism using online communication channels.

Our project aim to respond to the following needs of the participants:

- Gaining insights into online activism, youth engagement, the relationship between the digital age and human rights, and online citizenship.
- Learning about how to use digital tools for community participation.
- Recognizing the pitfalls of internet usage.
- Discerning authentic news from false narratives.
- Mastering digital tools across various sectors.
- Conducting effective online campaigns on different topics.
- Enhancing self-confidence and self-worth.
- Cultivating inclusivity, especially for the marginalized young people.
- Exploring Erasmus+ and its great opportunities.

The partners identified needs which our project try to respond are:

- Integrating digital tools into their subsequent endeavors, leveraging the skills gained during this project.
- Navigating the digital world more efficiently.
- Discovering innovative methods to connect with the youth and advance online youth work.
- Strengthen current partnerships and forging new collaborations.
- Amplifying their online presence on both local and global scales.
- Sharing and learning from shared experiences.

Impact on the Young Participants:

Individually, the participating youth stand to gain an expansive spectrum of insights and capabilities. They'll not only develop new friendships but will also foster bonds with peers from diverse nationalities, paving the way for collaborative future endeavors. For the 42 participants, this intercultural journey will develop their existing skills, offering insights into varied perspectives, deepening their appreciation for diverse cultures, and fostering mutual understanding. This experience will make them more empathetic, broad-minded, receptive, and inclusive, especially in leveraging the internet for online activism. A holistic digital competency is an inherent takeaway from this project.

Throughout the project's duration and in its aftermath, the 42 participants will elevate their understanding of active citizenship and digital involvement. Learning from their peers' experiences will not only spur proactive participation but also give them with pragmatic skills, amplified by the rapport they establish with fellow participants.

Reiterating, the 42 participants will undergo a transformative intercultural experience. Their enhanced open-mindedness, tolerance, and understanding will drive them to utilize the internet more inclusively for online activism. The thematic undertakings within the project will empower them to be more self-reliant, socially conscious, and actively engaged within their local community. This venture will generate in them innovation, teamwork across borders, and effective communication skills, including self-presentation.

Participants will learn in a practical and friendly way how to use the online platforms in order to influence decisions and how can they generate good initiatives which to influence the life of their peers and of their communities.

Equipped with a deeper understanding of online dynamics, they'll harness digital tools more adeptly, discern the internet's dual nature, grasp digital storytelling's nuances, and devise their online campaigns on varied subjects. They'll also refine their aptitude for designing impactful communication campaigns. Further, their capacity for self-assessment will be augmented, employing European assessment instruments like the Youth Pass and avant-garde methodologies to share their learning outcomes with concerned parties.

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals
Action Type: Mobility of young people

Project Title

Mindful Media: Shaping Youth Well-Being

Project Coordinator

Organisation Neue Generation Osterreich
Address Jauerburggasse 2/3/7 , 8010 Graz , Steiermark , AT

Project Information

Identifier 2023-3-AT01-KA152-YOU-000175392
Start Date Jan 1, 2024
End Date Dec 31, 2024
EC Contribution 48,140 EUR
Partners Be The Change (IT) , BACKSLASH (ES) , FONDATSIYA KURAZH (BG) , YOUTH COUNCIL NEXT GENERATION SKOPJE (MK) , Bosphorus Youth Team (TR) , ASOCIACIJA TAVO EUROPA (LT) , EKOLOSKO UDRUZENJE ZA ZASTITU I UNAPREDJENE ZIVOTNE SREDINE (RS)
Topics Physical and mental health, well-being ; Digital skills and competences

Project Summary

Objectives

Through the project "Mindful Media: Shaping Youth Well-Being", we want to help young people better manage their mental well-being by giving them the knowledge, skills, and resources they need to take care of themselves mentally.

The purpose of the project is to make mental health something we can openly talk about without feeling judged. We want to create a safe space where people can share their mental health experiences. We'll provide helpful support like informative brochures, details about local workshops, and helpline numbers. We'll also use social media and TikTok to spread the word about mental health and let everyone know it's okay to feel not okay sometimes and that seeking help is important.

Media, like TV and the internet, can help everyone understand mental health better, especially young people. It can be a strong tool to make people more aware and less judgmental about mental health issues. By showing mental health problems in a true and caring way, the media can teach young people about the signs of these problems and encourage them to get help if they need it. Media can also show young people good ways to take care of their mental health, like how to handle stress.

Media can be a big help for young people who can't easily find mental health services or information. For example, through social media, young people can find mental health resources and groups that offer support. And through documentaries and news stories, they can learn about different ways to treat mental health issues. In a nutshell, our project is all about making a community where mental health is a top priority, and everyone is encouraged to look out for themselves and others.

Objectives of this project are:

- increasing access to mental health resources and support for youth through media;
- conducting research and creating campaigns and discovering effective methods of interaction and care for those suffering from mental illness
- promoting mental health understanding and its components;
- promote the benefits of non-formal education, with a focus on outdoor learning, for positive local, regional, and global change.
- Inspiring young individuals from the European Union and Eastern Partnership nations to collaborate and address social issues together.
- Investigating the possibilities within the Erasmus+ program, including mobility, youth empowerment, and informal learning.
- introducing European non-formal education projects and raising awareness about YouthPass qualifications.

Activities

The youth exchange project "Mindful Media: Shaping Youth Well-Being" is scheduled to run from June 11, 2024, to June 17, 2024 (excluding travel days: 10/06/2024 as arrival and 18/06/2024 as departure day) in Retteneg, Austria. The participating partner countries include Austria, Serbia, Bulgaria, Spain, North Macedonia, Italy, Turkey, and Lithuania. Each participating organization will be represented by 7 young participants, with one being in the role of a group leader, resulting in a total of 56 participants. Within each national team, 5 participants with fewer opportunities will be included.

This project will include non-formal education methods and techniques to enhance participants' comprehension of

mental health issues and provide practical experiences. The program will promote active participation in the learning process, encompassing various settings such as individual work, small groups, and multicultural groups to foster intercultural learning and collaboration.

The project will be structured into three main parts:

Part 1 (Day 1 and Day 2): Participants will engage in activities for getting to know each other, including name games, icebreakers, and team-building exercises. They will also discuss their fears and expectations related to the youth exchange, receive an introduction to the Erasmus+ Program and other EU opportunities, explore the concept of non-formal education, and collaboratively create ground rules for the project.

Part 2 (Day 2 until Day 6): Workshops and discussions will focus on understanding mental health and well-being, defining mental health, exploring inclusion versus exclusion, examining the role of media in our lives, and assessing the impact of social media on young people's mental health. Participants will delve into the portrayal of mental health in media, both traditional and social, and explore written and visual media and how to interact with them. The creation and planning of media works will be a key component, with input from a young video producer. The segment will culminate in presentations of media works and audience feedback.

Part 3 (Day 6 and Day 7): The focus will shift to increasing participants' awareness of the Erasmus+ Program, supporting the development of new project ideas, and gathering project documents and evaluations. Sessions will cover project management terms, brainstorming for future projects within groups, presentation of project ideas, reflection, and final evaluation. The project will conclude with a Youthpass ceremony.

Participants in the youth exchange project will be aged 18 to 25, hailing from the partner countries. They should be motivated to engage in Erasmus+ projects, collaborate in international teams, and share their experiences during the follow-up phase. Proficiency in English is required for participation in preparatory meetings, youth exchanges, and related activities. The project will also include 5 participants with fewer opportunities per country, particularly unemployed youth facing socioeconomic challenges, including those from rural and urban areas with limited access to free-time activities and opportunities. Group leaders, chosen by partner organizations, should ideally possess prior experience in youth work and the Erasmus+ Program, along with the readiness to facilitate project activities and support participants. No age limit will be imposed on group leaders.

Impact

The project "Mindful Media: Shaping Youth Well-Being" is expected to have a significant impact on the participants, including increased awareness and understanding of mental health issues, leading to a reduction in stigma and improved help-seeking behavior. Participants will also benefit from improved access to mental health support and resources, enhancing their ability to manage and enhance their mental well-being. Additionally, the project aims to foster increased self-care and resilience among young people, equipping them with valuable knowledge and skills for self-improvement. As a result, participants are likely to exhibit greater initiative and enthusiasm for engaging in new local and international projects, contributing to the development of innovative initiatives. The project will inspire participants to challenge mental health prejudices and stereotypes, fostering open-mindedness and tolerance. They will create a handbook to promote mental health and well-being in their communities, which will be widely accessible through the EU Dissemination Platform, project website, and partner organizations' social media channels, ensuring the project's impact extends beyond its duration. Additionally, the project has established online platforms, including a website, YouTube, and Instagram accounts, to facilitate engagement and dissemination of project outcomes. Participants will have a chance to work on the handbook "Healthy Mind, Happy Life" which will be promoted on the partner's social media channels and also will be disseminated on Salto platform. The purpose of this handbook is to provide young people with essential information and resources to promote mental well-being. It offers guidance on understanding the importance of mental health, provides contact numbers for organizations that offer help, and encourages a positive mindset

through counseling and therapy. The handbook aims to empower youth to take charge of their mental health, seek assistance when needed, and support their peers in their mental well-being journey. During the activity, the participants will work on a short 10-minute movie called "Mind Matters". that highlights the importance of mental health and the challenges young people may face. This film will feature personal stories and experiences, and creative storytelling to convey the message effectively. The film will be shared on various online platforms, including social media and project blog platforms, to reach a wide audience and raise awareness about mental health.

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals
Action Type: Mobility of young people

Project Title

No One Wants to Leave Home!

Project Coordinator

Organisation Verein für Gemeinwesenarbeit und Minderheitenintegration

Address Alte Straße 26 , 6600 Pflach , Tirol , AT

Project Information

Identifier 2023-1-AT01-KA152-YOU-000120405

Start Date Jun 1, 2023

End Date Mar 31, 2024

EC Contribution 41,472 EUR

Partners FAKTOR a Jövő Közösségéért Egészségügyi és Sportegyesület (HU) , KUFF Refugees and Minorities Solidarity Association (ES) , SHAFT ORGANIZATION (TR) , Greek Multicultural Movement (EL) , Civic Organization "Development and Initiative" (UA)

Topics Reception and integration of refugees and migrants ; Preventing racism and discrimination ; Community development

Project Summary

Objectives

Even though the history of refugees dates back to ancient times, it is still not recognized by most countries. However, this situation will continue to persist throughout the existence of people in this world where people live and set the rules. In this context, our project will examine the living conditions, physical and mental health, social, economic and educational status of refugees who are not accepted in societies. As a result of this examination, it will be ensured that especially young people can empathize and look at the lives of refugees from a window and remember that they are also human beings. Our main goals are to use the word refugee as an adjective and to destroy the idea that all kinds of evil can come from them. Our thoughts that we aim to realize with our project are explained as follows;

- * First of all, to raise awareness and empathy among young people about refugees and their lives,
- * To enable young people to develop themselves and socialize,
- * Raising social awareness and enabling refugees to live in better standards and enabling countries to question themselves and their policies,
- * Ensuring that decisions taken by the UNHCR are understood by local communities and refugees,
- * Preventing the discrimination created by the word "refugee" and its use as an adjective to characterize people and raising awareness on the issue,
- * Ensuring that refugees are reminded that they are human beings too,
- * Making the distinction between good and bad people and questioning the idea that "all refugees are bad!",
- * Supporting young people's language learning and self-development,
- * Enabling young people to meet people from different cultures and countries,
- * Enabling young people to get rid of prejudices and negative thoughts they have developed towards people of different nationalities,
- * Supporting the participation of refugees in such international projects,
- * To enable other young people with fewer opportunities to benefit from Erasmus Plus Program opportunities

In addition to these, we also have objectives that we have set for the realization of our project in terms of the key competencies of the Erasmus Plus Program and Youthpass. These objectives are as follows;

- The language development of our participants will be supported during the process. Training programs will also be provided to ensure that our participants who feel inadequate in language can easily adapt to the process. All our participants will acquire the skills to learn and communicate in a foreign language.
- Our participants, local people, people from different countries and cultures and our target audience will be informed about both the Erasmus Plus Program and our project.
- As a result of the activities carried out, our participants will be able to meet and mingle with people from different cultures, countries and languages. With the activities carried out and the synergy created in the project environment, our participants will be able to get rid of their prejudices and negative thoughts about each other. Especially by including our participants with limited opportunities in the process, it will be ensured that young people pay attention to their choice of words, get to know each other and get to know each other and decide on the qualities of people.
- In addition to all these, our participants will also learn how to learn during this process.

Activities

In our project, we plan to organize various activities in order to raise awareness of our participants about refugees. With these activities, our participants will come together with our participants with fewer opportunities (refugees) and carry out various activities and realize how wrong it can be to discriminate between people. The activities to be implemented in this context are as follows;

Meeting Activities

Our participants will learn about each other and get to know each other during the meet and greet games. In this process, they will make new friends and get rid of their racist/discriminatory thoughts.

Seminar Studies on the Subject

During the seminar our participants will learn about our project on refugees. This information will also be supported by presentations.

Reinforcement Studies related to the subject

In our project, after the seminar lectures and presentations, reinforcement activities will be organized to ensure that the subject is better understood by our participants.

Culture Studies

Participants coming from different countries and cultures will be able to acquire cultural knowledge of both the participants and the local people in the process and to create cultural bridges.

Interaction with Local Communities

These activities will be carried out with the aim of enabling the participants, who have knowledge on the subject, to share their knowledge with the local people so that they can also be informed. These activities will be carried out in relation to both the Erasmus Plus Program and the refugees.

Evaluation Studies

These activities will be carried out in such a way that the participants will be able to evaluate themselves and the leaders as well as the process and the project in order to evaluate the functioning of the process.

Participants' Profile

Our participants are between the ages of 18-30, from 6 different countries in groups of 8 people in total, 4 from each country with fewer opportunities. In our project, which has 48 people in total, there are 6 leaders without age limitations. In all groups, attention is paid to gender and country balance. Half of the leaders, participants with fewer opportunities, 8 participants from each group and 48 participants in total are male and the other half are female. Care was taken to ensure equal participation from all countries. Of the 4 participants from each country, one is a refugee and the other 3 are economically limited. In this regard, the necessary support will be provided for the participants who are involved in the project process and have fewer opportunities.

In the process, participants will develop awareness about the situation of refugees, learn to interact with people from different cultures, take social responsibility, inform people, socialize and communicate in a foreign language.

Impact

We expect our project to have various impacts after its implementation and completion. Likewise, the studies carried out so far support this process and show that various impacts may occur as a result. In this context, there are impacts that we also plan to have. These impacts are described as follows;

- First of all, all young people participating in our project will develop awareness about refugees and refugee rights.
- Between 5%-10% of the local people in the implementation area of our project will be affected in the process. Later, this rate may increase over time when they interact with the stimuli around them.
- Our participating organizations and stakeholders will also be affected by our project related to refugees. Each of them will be able to look at the issue again from a different perspective and a different window.
- As a result of the dissemination and sustainability activities, people will evaluate their individual lives and improve their empathy skills.
- What happens in the process will also support people at this point and make them re-examine the laws or rules regarding refugees.
- Young people will realize that they need to be more fair in their thinking.
- In addition, both our participants and participating institutions and organizations as well as the local community will be informed about the Erasmus Plus Program and Youthpass.
- All of our participants will be encouraged to learn a foreign language. During this process, they will complete their own work and improve themselves in the use of foreign languages, both with the foreign language education they receive and with their past experiences.
- In the process, all of our participants will improve themselves and learn to learn first and foremost.
- As a result of the implementation, dissemination, sustainability and finalization stages of the project, our participants will get rid of their thoughts such as racism and discrimination. In this way, they will be able to change the thoughts of the people around them by approaching the issue more moderately. In this way, the elimination of refugee hostility will be supported.
- Participants will be encouraged to work with people with limited opportunities. In this framework, it will be ensured to understand what young people with fewer opportunities can achieve if they are supported and that people are not different from each other in terms of opportunities.
- All of our participants will gain self-confidence in the process.
- People's media-induced negative attitudes, thoughts and judgment systems towards all refugees will function in a more self-controlled and impartial manner. In particular, our participants will refrain from judgments. They will also inform the people around them about this issue and explain that people can be divided into good or bad. It will even be thought that it should be accepted that humans are beings who can make mistakes. However, if there is a crime committed, it should be considered that this crime will not be forgiven in this way and a balance between both issues should be achieved. This issue should be examined in a similar way in all countries.

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals
Action Type: Mobility of young people

Project Title

Fusion Inclusion

Project Coordinator

Organisation Michael Dörfler

Address AT

Project Information

Identifier 2023-3-AT01-KA152-YOU-000178139

Start Date Apr 15, 2024

End Date Apr 14, 2025

EC Contribution 42,979 EUR

Partners Youth4You Belgium vzw (BE) , Ulysses Young (EL) , Organizatia Studentilor din Universitatea Babes-Bolyai (RO) , CENTER FOR EUROINITIATIVES (UA)

Topics Reception and integration of refugees and migrants ; Preventing racism and discrimination ; Inclusion of marginalised young people

Project Summary

Objectives

Throughout the past decades, European nations have been faced with migration waves due to major geopolitical events happening around the Globe. Some of the most crucial migration waves in recent history can be linked to the collapse of the Iron Curtain, with post-soviet nationals fleeing from poverty and political instability, the Yugoslav Wars forcing millions to flee due to ethnic tensions, the Syrian Civil War which led to the 2015 Refugee Crisis, and most recently the 2022 invasion of Ukraine. Through all these historical moments, the EU stood as a beacon of hope, a chance for a better and safer life for displaced individuals. Given the reality of the world we live in, it is obvious that the E.U. will continue to attract displaced populations to live within its borders, which has led in previous years to an increase in xenophobia and far-right reactionist movements, creating tensions between local communities and newly arrived individuals.

Given this aspect, it is more important than ever that the gaps between locals and displaced people are being bridged, reaching a level of empathy, mutual understanding and cooperation between all parties involved. This is why 'Fusion Inclusion' aims to bring together a number 40 young people, aged between 18-30 years old, coming from 5 different countries, with vastly different backgrounds. Within our project's scope, we are bringing together an equal number of youth from local communities which don't have migration backgrounds, youth workers, second generation migrants, and first generation migrants/refugees, in order to get together, create long-lasting bonds, as well as exchange ideas between themselves regarding best-practice methods towards creating a prosperous environment within Europe, where both locals and migrants feel comfortable with each other, and everybody feels included.

In order to best achieve this goal, we have carefully designed the curriculum of 'Fusion Inclusion' to focus on the main topics engaged by EU Action plan on Integration and Inclusion 2021-2027, sparking meaningful conversations within workshops regarding Social, Educational and Professional integration of migrants and refugees within newly found communities. By implementing a number of gamified learning methods, our participants will be able to debate between themselves and come up with the best strategies in order to create a more inclusive environment for displaced people. Major focus will be given towards intercultural dialogue between team members, by using both conscious, and subconscious designs within our project towards facilitating cross-cultural cooperation. By having a highly diverse set of individuals taking part in our project, as well as breaking stereotypes between participants already from an early stage, ensuring that they are in an inclusive and safe environment, they will be able to work together in randomized teams, expressing their opinions and using peer-to-peer, nonformal learning methods in order to reach the best outcomes towards the subject of migrant integration in these 3 key aspects of an individual's life.

In order for our participants to self-reflect and reinforce the knowledge they have gained throughout their 9 day stay in Austria, as well as sharing the most crucial learning outcomes they have come up with surrounding our topic with the outside world, we have designed our dissemination campaign to be fully created and implemented by our participants. Within our project's scopes, we aim at creating a short, easy to digest Digital Booklet for Young Migrants and Local Communities. This booklet will be an amalgamation of what our participants deem to be the most important learning outcomes they have come up with throughout their participation within our Youth Exchange, and will cover a number of tips and tricks surrounding migrant inclusion, following the steps of the EU Action plan on Integration and Inclusion 2021-2027, whilst giving practical suggestions and recommendations towards the creation of a more harmonious living environment for both locals and migrants. Said booklet will be

put together in English, and will then be translated into 5 different languages in order to overcome linguistic barriers and allow ease of access for migrants.

Our activities will implement a philosophy of peer-to-peer learning, where participants will personally lead sessions, thus raising their leadership, self confidence and public speaking skills.

In conclusion, 'Fusion Inclusion' is a Youth Exchange project meant to increase the level of integration between newly arrived migrants and local communities by uniting young people from highly diverse backgrounds for 9 days, having them brainstorm best practice methods in order to achieve integration between communities, by making use and advancing on the agenda of the EU Action plan on Integration and Inclusion 2021-2027, covering topic such as Social, Educational and Professional Inclusion within new communities.

Activities

'Fusion Inclusion' will bring together a total of 40 young people, aged between 18-30 years old, in the alpine community of Neumarkt in der Steiermark, Austria. Within the scopes of our project, participants will spend 9 days debating and researching best-practice methods towards creating a more inclusive environment for migrants arriving to their countries, in an effort to assist in their integration process while at the same time bridging the cultural divide between communities through intercultural dialogue and cross-cultural understanding. By doing so, our participants will be able to promote the EU Action Plan on Integration and Inclusion 2021-2027, making progress on the key aspects covered by this strategy in terms of focusing and raising awareness over practical methods towards achieving proper social, educational and professional inclusion of migrants within society.

Our 40 participants will come from 5 distinct EU and candidate states, integrating members from Austria, Romania, Greece, Belgium and Ukraine. Country selection has been carefully made in order to ensure a high quality of intercultural dialogue between participants, with each country having been affected by migration, as well as integrating the perspectives of people coming from a non-EU, candidate state within the conversation. With the Russian invasion of Ukraine still undergoing, having displaced a high percentage of their population, we strongly believe it will be beneficial to integrate a Ukrainian perspective surrounding the topic at hand, while at the same time bringing participants from this country closer to the European Union. We are reserving a number of 8 participants per sending nation, ensuring country balance. Furthermore, we are subdividing these 8 slots per nation into specific categories of people, integrating within our project a number of 2 locals, not having migration background, 2 youth workers, 2 second generation migrants, and 2 first generation migrants/refugees, in order to create a 'fusion' between locals and non-locals within their community, further serving towards better societal inclusion of individuals. We are also implementing a gender balance policy, having a number of 4 male, and 4 female participants per country. We will focus on prioritizing NEETS individuals within our project's scopes, in order to encourage lifelong learning and raise their employability.

In order to ensure the safety and comfort of our participants, as well as achieving our desired learning outcomes, an APV with group leaders and additional volunteers will be implemented at our project's venue.

Our project aims to implement a number of activities linked to the "EU Action plan on Integration and Inclusion 2021-2027", aimed at achieving a more harmonious integration process in young migrants' social, educational and professional lives within newly found communities. Throughout their 9 day stay, participants will diligently work on different topics meant to create better understanding towards the topics of migration, refugees, support and integration of displaced individuals. At the end of our project, they will compress the most crucial and useful learning outcomes they have come up with, having created a 'Digital Booklet for Migrants', aimed at presenting displaced youth with tips and tricks towards being easily included within new societies, serving as our main

dissemination materials.

We will make use of a myriad of non-formal learning methods in order to encourage our participants' learning outcomes through gamified, peer-to-peer, and theatrical learning. Participants will host sessions themselves in order to raise their self-confidence and public speaking skills. With our curriculum being divided in daily themes, participants will start on the first day with the creation of group dynamics, creating an inclusive environment where they can freely express themselves. Second day will instill the foundations of our topic, bringing everybody up to speed with the terminology and concepts we will use throughout the project. Third day is reserved for the acknowledgement of privileges and preconceptions, in order to better understand different situations in life and how to create a more empathic environment. Fourth day focuses on cultural understanding, delving into how societal differences play a role in how people are motivated, as well as how to work around these differences between cultures. Day five will discuss about education and skill enhancement, encouraging participants to take part in lifelong learning opportunities. The sixth day focuses on employability and career development, where participants will create their very own Europass CV's, and learn about how to search for career opportunities. Day seven consists of a field trip to Hallstatt, where participants will engage with locals regarding the topic of migration. Day eight will be the creation of our dissemination materials. Lastly, the ninth day will be graduation.

Impact

By implementing Fusion Inclusion, we aim at creating a more inclusive and empathetic environment, merging both local communities and migrants/refugees towards creating a society based on mutual understanding and cross-cultural cooperation. Having designed our project's curriculum around the EU Action plan on Integration and Inclusion 2021-2027, we are striving to assist the Union's goals when it comes to creating a better environment for newly arrived migrants, synergizing individuals which come from highly different backgrounds, helping them overcome cultural differences and assist them in the social integration within new societies.

Our main goal with implementing this Youth Exchange is to address the topic of Migrant Integration, extensively working over the most crucial topics in order for displaced individuals to feel more integrated into society. As such, Fusion Inclusion is meant to fuse and include individuals from highly diverse backgrounds, bringing together 40 individuals stemming from local communities, 2nd generation migrants, and 1st generation migrants and refugees, in order to break down stereotypes between them, instilling them with a mentality of compassion and mutual help by showing them they are not that different despite originating from different geographical areas, having different religions and different languages. By following this Action Plan, our 40 participants will engage in meaningful intercultural dialogue in order to come up with the best methods towards a more efficient inclusion of displaced people within communities, focusing extensively on Social, Educational and Professional aspects of migrant integration.

During their 9 days spent in Austria, participants will be able to make a clear distinction between the terminology with regards to displaced people, being conscious about the differences between refugees, migrants, IDP's and asylum seekers. Further, they will gain a better understanding over why cultural differences emerge, having sessions meant to present the differences between shame, guilt and fear cultures, as well as subconscious motivating factors determine actions and behaviors of people coming from different geographical and cultural backgrounds. They will learn about lifelong learning opportunities, as well as how migrants can access different formal and non-formal learning programmes, and lastly they will have increased their employability by having dedicated sessions towards integration into the job market, being exposed to the Europass CV by creating their own, as well as looking at job-seeking portals such as EURES.

Having done all these, participants will create a 'Digital Booklet for Young Migrants and Local Communities',

which will comprise of what they deemed were the most useful learning outcomes of our project, and will create a series of tips and tricks aimed at facilitating the integration of newly arrived migrants into society in concordance to the EU Action Plan on Inclusion and Integration. This booklet will be available in English and 5 additional languages, as such allowing ease of access towards the information gathered, in an effort to bridge linguistic gaps. Materials will be published by the means of a thorough online Dissemination Campaign, within different social media groups/forums comprising of our target demographics, in an effort to assist people who find themselves in new communities towards better integrating themselves, using the tools and suggestions researched by participants.

Additionally, we aim at instilling our 40 participants with an inclusive and empathetic mindset when it comes to the topic at hand, by having them form long-lasting friendships and connections between themselves, whilst learning about the hardships which come with displacement. We wish to develop their interpersonal skills by implementing a myriad of non-formal methods of learning, ranging all the way from gamified learning, to peer-to-peer, debating, and theatrical learning. Since the youth of today are the leaders of tomorrow, we also wish to empower them by instilling them with self-confidence, leadership and public speaking skills, having them implement the activities of our sessions themselves, thus entrusting them over the deliverance of quality learning outcomes.

Within our project's scopes, participants will rigorously work at developing their 8 Key Competences, having daily self-reflection sessions, allowing them to quantify their soft skills and recognize the progress they have made on a day-by-day basis. They will additionally raise their own employability, by having created their very own Europass CV's under the guidance of a professional from AMS Murau, familiarizing themselves with its format, as well as benefitting at the end of our project from their Youthpass Certificates, recognizing their learning outcomes, and proving that they have had experience in working within the context of diverse, multicultural environments in the past.

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals
Action Type: Mobility of young people

Project Title

United in UNESCO

Project Coordinator

Organisation BeyondBühne
Address Waltersdorferstraße 40 , 2500 Baden , Niederösterreich , AT
Website www.beyondbuehne.at

Project Information

Identifier 2023-3-AT01-KA152-YOU-000181268
Start Date Feb 1, 2024
End Date Oct 31, 2024
EC Contribution 40,483 EUR
Partners Ritual Teatr Yaradicilig Laboratoriyasi (AZ) , Crooked House Theatre Company (IE) , MTÜ Pere teater Flying cow (EE)
Topics Creativity, arts and culture ; European identity, citizenship and values

Project Summary

Objectives

Our project, "United in UNESCO," aspires to achieve several key objectives within the realm of youth work practice. We aim to empower young people aged 16 to 20 from four countries, including Austria as the host, by offering them a unique platform for cultural engagement and artistic expression.

Through this project, we seek to:

- Foster Cultural Empowerment: Our foremost objective is to empower young participants to explore and celebrate their cultural heritage and that of the Great Spa Towns of Europe. Through workshops, performances, and immersive experiences, we aim to ignite a sense of cultural pride and ownership among the youth.
- Enhance Intercultural Understanding: We strive to promote intercultural dialogue and learning by bringing together participants from diverse backgrounds. By actively engaging with one another's cultures and traditions, young people will gain a deeper appreciation for cultural diversity and develop skills to navigate a multicultural world.
- Facilitate Skill Development: Our project aims to equip participants with valuable life skills, including teamwork, communication, problem-solving, and artistic expression. We believe that by immersing themselves in creative processes and collaborative projects, young people will develop essential competences for their personal and professional futures.
- Inspire Active Citizenship: We aspire to inspire active citizenship by encouraging participants to take an active role in their communities and in the broader European context. By addressing socially relevant topics and promoting civic engagement, we aim to nurture a sense of responsibility and agency among young people.
- Preserve Cultural Heritage: An important aspect of our project is to raise awareness about the cultural heritage of the Great Spa Towns of Europe and the significance of its preservation. We aim to instill a sense of stewardship for cultural treasures and traditions, encouraging participants to contribute to heritage conservation efforts in their own communities.
- Promote European Identity: Through cultural exchange and collaboration, we intend to connect young people to the European project. By fostering a sense of European identity and belonging, we hope to contribute to a more unified and cohesive Europe.

In summary, our project's objectives encompass cultural empowerment, intercultural understanding, skill development, active citizenship, cultural heritage preservation, and the promotion of European identity. We believe that by achieving these objectives, we will make a meaningful and lasting impact on the participants and contribute to the broader goals of youth work practice and the Erasmus+ program.

Activities

Our project, "United in UNESCO," will feature a diverse range of activities designed to engage and empower young people while promoting cultural understanding and heritage preservation. The core activity is a youth exchange and will involve a total of 34 young participants aged 15 to 25 and 9 group leaders from Austria, Estonia, Ireland, and Azerbaijan, who will meet in Baden, Austria from May 30 to June 9, 2024. These young people will represent a diverse range of backgrounds and perspectives, contributing to the project's intercultural dialogue and learning objectives.

The planned activities include:

- Cultural Workshops: Participants will engage in a series of youth theatre workshops, such as acting and dancing, aimed at fostering artistic expression and skill development. These workshops will be facilitated by the experienced facilitators of BeyondBühne.
- Creative Collaborations: Young participants will work together in cross-cultural teams to create artistic performances and cultural displays that reflect the heritage of the Great Spa Towns of Europe. These collaborative projects will encourage teamwork and intercultural dialogue.
- Heritage Site Visits: Guided visits to UNESCO-designated heritage sites of the great Spa towns of Europe in Baden, Austria, will provide participants with a deeper understanding of cultural heritage preservation. Local experts will offer insights into the historical significance of these sites.
- Intercultural Dialogues: Interactive sessions and discussions will promote intercultural understanding, allowing participants to share their cultural backgrounds, experiences, and perspectives. This will foster a sense of unity and appreciation for diversity.
- Public Performances: The project will culminate in performances in Baden's public spaces, showcasing the creative works of the participants. These events will be accessible to both locals and tourists, enhancing cultural visibility.
- Skill-Building Activities: Participants will engage in skill-building activities, including leadership development, communication workshops, and problem-solving exercises. These activities aim to equip young people with essential life skills.
- Socially Relevant Discussions: Participants will address socially relevant topics, such as environmental issues and civic engagement, through discussions, debates, and interactive sessions. These conversations will encourage critical thinking and active citizenship.
- Cultural Experiences: Beyond artistic endeavors, participants will have the opportunity to experience the vibrant cultural scene of Baden, including visits to museums and the spas.

Through these activities, we aim to create a dynamic and enriching experience for our participants, enabling them to develop skills, deepen their appreciation for cultural heritage, and foster lasting cross-cultural connections.

Impact

Our project, "United in UNESCO," is designed to yield a range of results and make a meaningful impact on multiple levels. Here are the expected results and impacts:

- Youth Empowerment: We anticipate that participants will experience personal growth, enhanced self-confidence, and a stronger sense of identity. Through artistic expression and skill development, they will be empowered to pursue their passions and aspirations.
- Intercultural Understanding: The project will promote intercultural understanding by bringing together young people from diverse backgrounds. As they collaborate and share their cultural experiences, participants will gain a deeper appreciation for diversity and develop cross-cultural communication skills.
- Skill Development: Participants will acquire a diverse set of skills, including artistic, communication, leadership, and problem-solving skills. These competences will be valuable for their personal and professional development.
- Active Citizenship: We expect that the project will inspire active citizenship among participants. Through discussions on socially relevant topics and civic engagement activities, young people will develop a sense of responsibility and agency in their communities.
- Cultural Heritage Awareness: Participants will gain a heightened awareness of the cultural heritage of the Great Spa Towns of Europe and the importance of its preservation. This awareness may lead to increased engagement in heritage conservation efforts in their own regions.
- European Identity: By connecting young people to the European project and fostering a sense of European

identity, the project will contribute to a more cohesive and unified Europe. Participants will feel a stronger sense of belonging to the broader European community.

- Public Cultural Showcase: The project's public performances in Baden will make a tangible impact by democratizing access to cultural experiences. Locals and tourists alike will have the opportunity to engage with the rich cultural heritage presented by the participants.

- Local and Regional Impact: The project will leave a lasting impact on Baden, Austria, by transforming the city into a hub of cultural exchange and celebration. It will enhance the city's cultural visibility and contribute to its reputation as a cultural destination.

- Knowledge Sharing: Through the dissemination of project results and experiences, we anticipate that other youth organizations and cultural initiatives will benefit from our best practices. This knowledge sharing will contribute to the broader field of youth work and cultural engagement.

- European Collaboration: The project's collaboration among organizations from Austria, Estonia, Ireland, and Azerbaijan will strengthen European networks of youth theaters and foster enduring partnerships for future projects.

In summary, "United in UNESCO" is poised to empower young participants, promote intercultural understanding, develop essential skills, inspire active citizenship, raise cultural heritage awareness, and strengthen European identity. Additionally, the project will make a significant impact on Baden's cultural landscape and contribute to knowledge sharing and European collaboration in the field of youth work and cultural engagement.

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals
Action Type: Mobility of young people

Project Title

Earth's Call

Project Coordinator

Organisation InicativAngola
Address Pfarrplatz / Pred cerkvijo 1 , 9122 St. Primus / Šentprimož , Kärnten , AT
Website www.angola.at

Project Information

Identifier 2023-3-AT01-KA152-YOU-000177237
Start Date Jan 1, 2024
End Date Dec 31, 2024
EC Contribution 58,833 EUR
Partners Associacio Programes Educatius Open Europe (ES) , ROSTO SOLIDARIO - ASSOCIACAO DE DESENVOLVIMENTO SOCIAL E HUMANO (PT) , Zavod Antona Martina Slomska (SI) , Don Bosco Szalézi Társasága (HU) , "Хришћанско хуманитарно удружење - Пут, Истина и Живот" (RS) , Katolicki skolski centar "Petar Barbaric" - Gimnazija Travnik (BA) , KLASICNA GIMNAZIJA FRA MARIJANA LANOSOVICA S PRAVOM JAVNOSTI (HR)
Topics Environment and climate change ; Inclusion of marginalised young people ; Awareness about the European Union

Project Summary

Objectives

The present project aims to promote positive examples of sustainable living, responsibility towards our planet and sustainable development. It aims to motivate participants to lead a responsible and environmentally friendly way of life.

Throughout the project, participants will have the opportunity to learn about the importance of living sustainably and will be presented with some good practice examples. Participants learn to critically reflect on their own lifestyle and to apply some eco-friendly practices such as waste sorting, reuse and recycling, use of public transport, buying second-hand items, etc.

The main themes of the project are environment and environmental sustainability, climate change and other ecological problematics, the personal and shared responsibility for the planet, sustainable living, cultural learning and mutual enrichment.

Activities

Our project will include two activities: a preparatory meeting and a youth exchange. The preparatory meeting and the youth encounter will take place in Carinthia, Austria.

Group leaders and young participants from each partner organization will take part in the preparatory meeting. The meeting is intended to prepare the youth exchange and include the creation of the final program and the strengthening of cooperation between the partner organizations.

60 young people, eight group leaders, one facilitator and an accompanying person will take part in the youth exchange. The group leaders are youth workers from the partner organizations or teachers from the participating schools. They know the young participants very well and have met with them several times before the youth exchange.

The young participants are students from the participating schools, members of the partner organizations or other people who were invited and selected by the partner organizations. They are interested in the topic of the project and would like to be actively involved in society, get to know new young people from different countries and expand their own horizons.

Impact

We expect that the participants will gain new knowledge about the topics of the youth exchange. The insights and knowledge gained should affect the everyday life of the young people even after the end of the project.

We expect that the participants (but also everyone else involved) will critically reflect on their practices related to consumption, sustainable living and pollution and change their lifestyle at least a little bit after realizing the importance of this during the youth exchange.

We wish and expect that the participants continue to spread the values of youth exchange in their own environment and in their everyday life - from simple sustainable practices to initiating their own workshops, lectures, actions or even movements to promote sustainable living.

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals

Action Type: Mobility of young people

Project Title

Embrace Yourself

Project Coordinator

Organisation	IRARU - IG zur Förderung von Kultur, Integration und soziokulturellen Initiativen
Address	Rauchfangkehrergasse 20/3 , 1150 Wien , Wien , AT
Website	https://iraru.org/

Project Information

Identifier	2023-3-AT01-KA152-YOU-000171735
Start Date	Apr 1, 2024
End Date	Mar 31, 2025
EC Contribution	24,207 EUR
Partners	GASZO (PL) , SPORTNO ANIMACIJSKI KLUB ZA OTROKE IN ODRASLE MKREATIVA (SI) , Forward for Future (UA) , Wonders of Milas (TR)
Topics	Physical and mental health, well-being ; Digital skills and competences

Project Summary

Objectives

Mental health is defined by the World Health Organization (WHO) as "a state of well-being in which the individual realizes his or her own capabilities, can cope with the typical stresses of life, can work productively, and can make a contribution to his or her community." Having good social skills, feeling good about oneself, being adaptable to one's environment, being productive at work, and being able to engage in group activities are all signs of mental health. According to the WHO, there some facts about mental health of young people;

-Emotional disorders. Globally, depression is the fourth leading cause of illness and disability among young people aged 15-19; anxiety is the ninth leading cause.

-Behavioural disorders. They are the second leading cause of the burden of disease among adolescents aged 10-14 years; and the eleventh leading cause among those aged 15-19 years.

-Eating disorders. These usually appear during adolescence and early adulthood. They often coexist with depression and/or anxiety.

-Psychosis. Most commonly emerge in late adolescence or early adulthood.

-Suicide and self-harm. Suicide is the fourth leading cause of death among adolescents worldwide. Mental problems play a key role in the emergence of suicidal behaviour, with depression and hopelessness being associated with 9 out of 10 cases of suicide.

On the other hand, in Europe, prior to the COVID-19 pandemic, mental health issues were widely prevalent, had a negative impact on health and well-being, particularly for young people, and incurred significant expenditures for the economy and larger society. The mental health and well-being of adolescents and young people has also been heavily affected by COVID-19 containment measures. According to the Eurofound Factsheet published in April 2021, Since the start of the pandemic, the number of young people with mental health problems has at least doubled. As many as 64% of all young people are at risk of depression, and young people are between 30% and 80% more likely to report symptoms of depression or anxiety than adults. All age groups' mental health has fallen to its lowest point since the pandemic began more than a year ago. Those who have just lost their jobs and young people are particularly affected by this.

Besides; Medical University of Vienna report says that 23.93% of all young people in Austria are currently suffering from a mental health problem, over a third of all adolescents have had a mental health problem at some stage in their lives. That is the central finding of the first Austria-wide epidemiological study into the prevalence of mental health problems in Austria, conducted under the supervision of Andreas Karwautz and Gudrun Wagner at MedUni Vienna's Department of Child and Adolescent Psychiatry.

Thus, we, all the partners, has stated our concrete objectives (O) just as below to refer mentioned global, national and local needs;

O1 is to raise awareness about mental well being among young people.

O2 is to raise mental well being of young people via Expressive Art Therapy.

O3 is to create a virtual therapy museum on Metaverse.

O4 is to foster intercultural dialogue and social inclusion.

Embrace Yourself, our project, will invest in the mental health of our young population, understanding that their well-being today will determine the future of our world tomorrow. By promoting young people's mental health, Embrace Yourself will help create a more optimistic, sympathetic, and resilient generation that can overcome obstacles and prosper in a world that is constantly changing.

Embrace Yourself has been designed on getting the youth aware of their own mental well being and also will be implemented with addressing improvement of well being by integrating mental self care strategy; expressive art therapy.

Our project will not only be the real action but also provide a safe space for young people to unwind, relax, and find a sense of control over their emotions and thoughts with the help of expressive art therapy. Finally, The EU Youth Strategy aims to support the health and well-being of young people with a focus on: Promoting mental and sexual health, sport, physical activity and healthy lifestyles, Promoting cooperation between schools, youth workers, health professionals and sport organisations, Making health facilities more accessible and attractive for young people; Embrace Yourself will be at the same line with this strategy via all 4 objectives.

Activities

Pre-activities of the exchange;

In July 2023 There have been several online meetings for writing an effective project and scheduling.

The Burnout Assessment Tool (BAT), by Schaufeli et al. has been conducted to all participants at the writing process of the Embrace Yourself and just after the end of the project in April 2025 it will be reconducted.

Participants will create the logo of the project and sign the cooperation agreement in May 2024.

There will be a kick-off meeting in May 2024 and an online Transnational Project Meeting in June 2024 via Google Meet application before the exchange.

The participants will create project social media accounts and webpage.

Exchange activities;

There will be workshops, role-plays, debates, drama and counselling sessions for mental health care using Expressive Art Therapy.

A virtual therapy museum will be created collaboratively.

The coordinator will organise cultural trips to enhance the cultural awareness during the exchange.

There will be Padlet reflective question activities at the end of each day.

Participants will brainstorm on long term mental health care methods.

There will be workshops to create reels videos for the project social media accounts

Post-activities;

BAT will be reconducted to all participants at the end of the project.

There will be an evaluation online meeting of the exchange in September 2024 and 2 follow up online meeting in November 2024 and February 2025 and writing the final report meeting in April 2024 via Google Meet.

Participants will be supported to participate in mental health care issues or projects by the leaders even after the end of the project lifetime, the projects that are organised by non-governmental companies, scientific bodies and training centers.

The virtual therapy museum can be edited until the end of the project.

Each team will have workshops about mental health awareness in October World Health Month and May Mental Health Awareness Week 2024 and Erasmus Days 2024.

Each team will continue to take part in the seminars, webinars about the target topic locally, nationally and internationally.

Participants will include 8 young people and 2 leaders from IRARU, the Austrian coordinator, MKreativa, Slovenian partner, Wonders of Milas, Turkish partner, Gaszo, Polish partner and F4F, Ukrenian partner, 25 young people and 5 leaders in total. They will have mental health awareness and mental health care activities during 7 days. The participants who have fewer opportunities as migrants and are from financial disadvantaged groups, will be volunteers for transnational cooperation, have participated in mental health care activities or willing to be an active participant, be eager to participate in Erasmus + mobility, have intercultural understanding and tolerance.

Impact

Embrace Yourself will create a conscious awareness about their own mental health among young people. It

teaches our young community to consider their emotional and mental states. They will be better able to identify the causes of burnout, such as an excessive workload, ineffective time management, or a lack of self-care, thanks to this increased self-awareness. This will lead young people to decide for themselves how to adjust their behavior and bring about positive changes to safeguard their well being.

will join in the exchange activities based on Expressive art therapy

Participant young people will join activities based on Expressive Art Therapy during the exchange to improve their mental well being as mentioned in the project details. Human beings have used expressive arts as healing modalities since ancient times (Malchiodi, 2020). Expressive arts therapy is a multimodal holistic health intervention that mobilizes creative expression in the service of healing both mind and body and also bridges the gap between the conscious and the unconscious mind. Expressive arts therapy incorporates elements of all forms of creative expression into a multimodal expressive form of integrative psychotherapy (Knill et al., 2005).

The process of this exchange, which enables participant young people to gain new understanding and meaning that might not be possible with traditional talk therapy techniques, is the main subject of this project. Additionally, it will improve their physical, mental, spiritual, and emotional well being.

This virtual museum, which will be created in the exchange, will provide an engaging and educational experience and young people will learn about different mental health issues, coping mechanisms, and self-care techniques in an engaging and memorable way through multimedia exhibits, interactive displays, and educational content.

On the other hand, one of the long term benefits of mental health awareness for young people is improved self-understanding. Young people will spot early indicators of stress, anxiety, or depression by being mindful of their feelings, thoughts, and behaviors. They will create useful coping strategies, such practicing mindfulness, asking for help from loved ones, or finding creative outlets, by recognizing their mental states. Young people who have a strong sense of self are better equipped to handle the challenges of life.

Academic performance, the other long term benefit, greatly impacted by mental health disorders. Reduced focus, a lack of desire, and compromised cognitive functions is caused by stress, anxiety, and depression. Creating a mentally healthy young generation will foster optimal academic performance and this will allow young people to reach their full potential.

Embrace Yourself will provide a non-formal education environment about mental health well being to the participant young people and this will promote open discussions about mental health for young people and encourage them to seek help when needed and receive timely support, leading to better long-term outcomes.

Embrace Yourself will allow the young participants to contrast and exchange knowledge, traditions and experiences developed in different contexts that can influence each other mutually.

Besides, Partner organisations will be encouraged to heal their own communities' mental health conditions via expressive art therapy activities. Partner organisations will engage these coping strategies into their daily work and try to reach their top potential. A crucial aspect of

overall health is mental health, just as it is with physical health and social well-being. Partner organisations will combine these health issues and help improve mental health at their own workplace by creating an enabling environment for change.

These organizations should be aware of the significance of mental health as the welfare of young people becomes a growing priority. These organizations will provide a complete approach to youth development and have a beneficial impact on the lives of young people by recognising and addressing mental health issues among young people. They will also take steps to use the results of the implemented activities such as the benefits of mental well being in their routines, to build their capacity and the capacity of their staff for a better workplace.

Finally, This youth exchange will gather the youth of different countries to be aware of the mental health care and create innovative solutions for the mental well being. They will brainstorm on the target issue and create a virtual therapy museum. By raising awareness of mental health care, this will also encourage empathy and understanding among young people and their peers on a national and international level.

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals
Action Type: Mobility of young people for accredited organisations

Project Title

Accredited project in the field of youth

Project Coordinator

Organisation CUBIC - Cultur & Bildung im Context
Address Jahnstraße 6 , 6020 Innsbruck , Tirol , AT
Website www.cubic-online.eu

Project Information

Identifier 2022-1-AT01-KA151-YOU-000065805
Start Date Jun 1, 2022
End Date May 31, 2024
EC Contribution 78,026 EUR

Project Summary

Accredited projects in the field of youth offer young people a variety of opportunities:

- strengthen their personal and professional development through non-formal and informal learning mobility activities;
- foster their empowerment, their active citizenship and participation in democratic life;
- foster quality development of youth work at local, regional, national, European and international level by building the capacity of organisations active in the youth field and supporting the professional development of youth workers;
- promote inclusion and diversity, intercultural dialogue and the values of solidarity, equal opportunities and human rights among young people in Europe.

The objectives of the projects can be achieved through the planning and implementation of the following activities: youth exchanges and youth workers professional development activities.

Accredited projects in the field of youth are carried out by organisations holding a valid Erasmus Youth accreditation. Each of these organisations commits itself to comply with the Erasmus Youth Quality standards and to deliver high-quality mobility activities in the field of youth..

The following activities are implemented as part of this accredited project:

- Youth exchanges - Member States and associated countries: 33 participants
- Professional development activities - Member States and associated countries: 1 participants
- Professional development activities - Member States and associated countries: 1 participants
- Professional development activities - Member States and associated countries: 27 participants
- Professional development activities - Member States and associated countries: 1 participants
- Professional development activities - Member States and associated countries: 1 participants
- Professional development activities - Member States and associated countries: 4 participants

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals
Action Type: Mobility of young people for accredited organisations

Project Title

Accredited project in the field of youth

Project Coordinator

Organisation GRENZENLOS - INTERKULTURELLER AUSTAUSCH
Address LATSCHKAGASSE 1/4 , 1090 WIEN , Wien , AT
Website www.grenzenlos.or.at

Project Information

Identifier 2022-1-AT01-KA151-YOU-000067944
Start Date Jun 1, 2022
End Date May 31, 2024
EC Contribution 53,836 EUR

Project Summary

Accredited projects in the field of youth offer young people a variety of opportunities:

- strengthen their personal and professional development through non-formal and informal learning mobility activities;
- foster their empowerment, their active citizenship and participation in democratic life;
- foster quality development of youth work at local, regional, national, European and international level by building the capacity of organisations active in the youth field and supporting the professional development of youth workers;
- promote inclusion and diversity, intercultural dialogue and the values of solidarity, equal opportunities and human rights among young people in Europe.

The objectives of the projects can be achieved through the planning and implementation of the following activities: youth exchanges and youth workers professional development activities.

Accredited projects in the field of youth are carried out by organisations holding a valid Erasmus Youth accreditation. Each of these organisations commits itself to comply with the Erasmus Youth Quality standards and to deliver high-quality mobility activities in the field of youth..

The following activities are implemented as part of this accredited project:

- Professional development activities - Member States and associated countries: 25 participants
- Professional development activities - Member States and associated countries: 1 participants
- Professional development activities - Member States and associated countries: 25 participants

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals
Action Type: Mobility of young people for accredited organisations

Project Title

Accredited project in the field of youth

Project Coordinator

Organisation Jugend:info NÖ
Address Kremsergasse 2 , 3100 St. Pölten , Niederösterreich , AT
Website www.jugendinfo-noe.at

Project Information

Identifier 2022-1-AT01-KA151-YOU-000063035
Start Date Jun 1, 2022
End Date May 31, 2024

Project Summary

Accredited projects in the field of youth offer young people a variety of opportunities:

- strengthen their personal and professional development through non-formal and informal learning mobility activities;
- foster their empowerment, their active citizenship and participation in democratic life;
- foster quality development of youth work at local, regional, national, European and international level by building the capacity of organisations active in the youth field and supporting the professional development of youth workers;
- promote inclusion and diversity, intercultural dialogue and the values of solidarity, equal opportunities and human rights among young people in Europe.

The objectives of the projects can be achieved through the planning and implementation of the following activities: youth exchanges and youth workers professional development activities.

Accredited projects in the field of youth are carried out by organisations holding a valid Erasmus Youth accreditation. Each of these organisations commits itself to comply with the Erasmus Youth Quality standards and to deliver high-quality mobility activities in the field of youth..

The following activities are implemented as part of this accredited project:

- Professional development activities - Member States and associated countries: 30 participants
- Youth exchanges - Member States and associated countries: 24 participants
- Youth exchanges - Member States and associated countries: 24 participants
- Youth exchanges - third countries not associated: 30 participants

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals
Action Type: Mobility of young people for accredited organisations

Project Title

Accredited project in the field of youth

Project Coordinator

Organisation akzente Salzburg
Address Glockengasse 4c , 5020 Salzburg , Salzburg , AT
Website www.akzente.net

Project Information

Identifier 2022-1-AT01-KA151-YOU-000062969
Start Date Jun 1, 2022
End Date May 31, 2024
EC Contribution 50,515 EUR

Project Summary

Accredited projects in the field of youth offer young people a variety of opportunities:

- strengthen their personal and professional development through non-formal and informal learning mobility activities;
- foster their empowerment, their active citizenship and participation in democratic life;
- foster quality development of youth work at local, regional, national, European and international level by building the capacity of organisations active in the youth field and supporting the professional development of youth workers;
- promote inclusion and diversity, intercultural dialogue and the values of solidarity, equal opportunities and human rights among young people in Europe.

The objectives of the projects can be achieved through the planning and implementation of the following activities: youth exchanges and youth workers professional development activities.

Accredited projects in the field of youth are carried out by organisations holding a valid Erasmus Youth accreditation. Each of these organisations commits itself to comply with the Erasmus Youth Quality standards and to deliver high-quality mobility activities in the field of youth..

The following activities are implemented as part of this accredited project:

- Professional development activities - Member States and associated countries: 20 participants
- Professional development activities - Member States and associated countries: 50 participants

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals
Action Type: Mobility of young people

Project Title

Get the fake off!

Project Coordinator

Organisation Plattform Generation Europa
Address Tauchen 125 , 7421 Mönichkirchen , Niederösterreich , AT
Website www.generationeuropa.eu

Project Information

Identifier 2023-3-AT01-KA152-YOU-000174600
Start Date Jan 1, 2024
End Date Aug 31, 2024
EC Contribution 33,114 EUR
Partners Fiatalok Tere Egyesület (HU) , Active Youth Kosice (SK) , ORIEL APS (IT) , shelter international e.V. (DE) , Yenilikçi Eğitim ve Kültürel Gelişim Derneği (TR) , Asociatia AIM with US (RO)
Topics Media literacy and tackling disinformation ; Digital skills and competences ; Community development

Project Summary

Objectives

The European Commission has released guidelines to combat disinformation and promote media literacy, aligning with the EU's focus on countering disinformation in light of global challenges. Young people, despite their digital proficiency, struggle to evaluate the credibility of online content, relying heavily on digital platforms for information. Educational institutions have implemented media literacy programs to address this issue. Disinformation poses significant risks, including threats to democracy, divisive discourse, and the well-being of European citizens. To address this, the project aims to equip 35 participants with tools for investigating media sources, enhancing critical thinking, and recognizing deceptive tactics in online media over a nine-day youth mobility event. The project also aims to prevent radicalization, racism, hate speech, violence, panic, and manipulation in partner organizations' communities. Additionally, it seeks to improve the critical information analysis skills of seven participating organizations, aligning with Erasmus+ goals of enhancing online safety and addressing challenges related to fake news and disinformation.

Activities

"Get the Fake off!" is an Erasmus+ youth project that includes online APV, a youth mobility event in Austria, several virtual meetings and follow-up events in participating countries. The youth mobility event is set to host 35 participants from 7 program countries in Austria. The activities are set based on nonformal education methods and the exchange of ideas and practices among participants. Participants in the project will acquire a range of knowledge and skills related to fake news and media literacy. They will learn to differentiate between different types of fake content, understand the motivations behind creating fake news, and recognize various concepts related to misinformation. Participants will also become familiar with the characteristics of fake news, how to verify its authenticity and the regulations concerning fake news and freedom of expression. They will gain proficiency in comprehending online fake news reporting mechanisms, information spread on social networks, and the potential consequences of fake news. Additionally, participants will learn about Erasmus+ opportunities and fact-checking platforms. The project will host 35 participants from nine program countries, comprising 14 participants with fewer opportunities, 7 leaders, and 2 facilitators. The follow-up events aim to reach 50 young people in each partner community through a combination of online and offline events. Participants in the project will fall within the age range of 18 to 30 and will be residents of one of the participating countries. They will exhibit susceptibility to manipulation online, lack information on responding to fake news effectively, and have learning needs related to identifying fake news and understanding its impact. Participants will show a genuine interest in the project, openness to new ideas, and a willingness to collaborate in a multinational and intercultural team. Gender balance will be maintained through a selection process at the national team level. Group leaders, who should be at least 23 years old, will possess leadership qualities, effective communication skills, and a commitment to supporting their team's learning needs. They will also have a strong proficiency in English and be dedicated to fulfilling their responsibilities throughout the project.

Impact

The project activities target both intangible and tangible results. The intangible outcomes encompass the knowledge, skills, and attitudes developed by young participants, along with innovative approaches to tackling fake news, fostering European identity, building networks, and promoting transnational cooperation. The tangible results include:

- 14 humorous fake news pieces for awareness campaigns.

- 7 infographics addressing disinformation, critical thinking, and responsible online behavior.
- An interview highlighting acquired skills and attitude changes.
- A project logo.
- 7 follow-up events held in partner centers.
- A local visit during the mobility event.
- Photos and videos from the mobility event.
- 35 Youthpass certificates.

Dissemination goals involve raising awareness about fake news, promoting the Erasmus+ program, and increasing visibility for partner organizations. This will be achieved by sharing media outcomes on social networks, partner media channels, the Erasmus+ Results platform, and among partner NGOs. The target audience includes approximately 350 individuals, primarily young people aged 18 to 30, and 14 organizations, including schools, youth groups, university clubs, and NGOs in partner communities.

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals

Action Type: Mobility of young people

Project Title

Human Rights. For Everyone! Everywhere! 2024

Project Coordinator

Organisation Dominik Prüller
Address Niederösterreich , AT

Project Information

Identifier 2023-3-AT01-KA152-YOU-000176276
Start Date Jan 1, 2024
End Date Nov 30, 2024
EC Contribution 19,088 EUR
Partners Asociatia Transcena (RO)
Topics Inclusion of marginalised young people ; Human rights and rule of law ; Roma and/or other minorities

Project Summary

Objectives

After our previous Youth Exchange projects (HREE - 2019-3-AT02-KA105-002548 and HREE2023 - 2022-3-AT01- KA152-YOU-000093010) were highly successful, we want to give even more young people the opportunity to participate in an international exchange project. We want to continue to focus on the topic of human rights and address young people with fewer opportunities as our target group.

We use our experiences from the previous projects to further optimize the activities and adapt our project even better to the needs of our target group. By further developing our non-formal learning methods, we aim to further increase the positive impact on the participants.

The goal of our project is to offer young people between the ages of 14 and 17 from Austria and Romania the opportunity to gain intercultural experience, acquire important skills and make cross-border friends in a protected environment. During this time they will deal in depth with human rights and the basic principles of liberal democracy. We place particular emphasis on conveying fundamental values that are important for living together as human beings, which the young people will ideally integrate into their thoughts and actions in the long term.

Our vision is to encourage young people to stand up confidently for their own rights, but also to respect and defend the rights of their fellows and to reflect on their own behavior towards others. We want to support them on their way to becoming open-minded people who perceive diversity as an enrichment and not as a threat.

Participation in this youth exchange will have a positive impact on the participants' personality development and strengthen their self-esteem and self-confidence. The young people will noticeably improve their English skills through cross-national communication.

In addition to these goals, we would also like to make some contribution to European integration by creating new connections within Europe and enabling young people to actively benefit from the European Union and from what it has to offer. Our efforts also aim to emphasize the importance of solidarity and mutual respect within a community. We hope that this Youth Exchange and the values conveyed by it might also inspire some participants to become responsible and active citizens who get involved in political decision-making processes at all levels.

Activities

The central focus of our project is on engaging young people with the topic of human rights and related areas such as children's rights and gender equality. Over a period of five days, participants will not only have the opportunity to deal with these important issues but also to develop their own creative ideas for improving our world. Our approach is based on a diverse range of non-formal and informal learning methods that ensure the project is shaped by the thoughts and opinions of the participants.

It is important for us to enable our participants to get to know each other in a relaxed and playful atmosphere. Therefore, we have integrated various games into the program, which not only strengthen group dynamics but often also relate to the topic of human rights. Of course, there will also be enough time for participants to explore the city of Vienna, whether during our sightseeing tours or during an entertaining selfie rally in the city center. The

youngsters can also look forward to a picnic on the Donauinsel at the end of the week.

A crucial part of our project is daily reflection. This not only enables young people to process their experiences and recognize their individual learning progress but also provides us with valuable feedback for ongoing evaluation and possible adjustments.

Our goal is to enable ten young people from Austria and ten young people from Romania to participate in this project. They will be accompanied and supported by experienced group leaders. Our participants have lower opportunities, caused by circumstances such as social and economic disadvantage, low education, belonging to minorities, or being refugees. For most of them, this will be their first experience abroad, and Erasmus+ funding is necessary for them to participate in this project.

Our primary focus is on disadvantaged young people and the project is designed accordingly. However, it is important for us to include participants with a higher level of education, especially in English language skills. We see this as a key to promoting inclusion and creating opportunities for mutual learning and breaking down language barriers.

Impact

Our project aims to have not only immediate, but also long-lasting positive effects on the participants and their social environment. First and foremost, we care about the young people who participate in this Youth Exchange. We are convinced that through this experience they will gain extremely valuable intercultural skills that will not only influence their personal development, but also change the way they look at the world.

The young people will not only gain intercultural experience, but also develop a deeper understanding of human rights and the core values of liberal democracy. This will help them to integrate these values into their daily lives. We place great emphasis on making them aware of their own rights and, at the same time, encouraging them to respect and protect the rights of their fellow human beings. This will not only promote their personality development, but also strengthen their selfconfidence and self-esteem. In addition, we expect their English skills to improve as a result of the communication with their peers from abroad.

However, the positive effects will not be limited to the participants. We hope that they will take their experiences and values home with them and pass them on in their environment, like friends, family members or other persons in their daily live. Every single young person who participates in this Youth Exchange will therefore become a multiplier.

Furthermore, we expect that this project will also have a positive impact on the organizations and individuals involved in its implementation. They will gain new experiences, expand their skills in youth work and the implementation of international projects, and gain new perspectives through international exchange.

Although we are aware that we cannot change the world with this small project, our goal is to at least change the world of our participants. This feeling motivates us and gives us the energy to carry out this Youth Exchange.

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals
Action Type: Mobility of young people for accredited organisations

Project Title

Accredited project in the field of youth

Project Coordinator

Organisation CUBIC - Cultur & Bildung im Context
Address Jahnstraße 6 , 6020 Innsbruck , Tirol , AT
Website www.cubic-online.eu

Project Information

Identifier 2023-1-AT01-KA151-YOU-000141736
Start Date Jun 1, 2023
End Date Aug 31, 2024
EC Contribution 150,000 EUR

Project Summary

Accredited projects in the field of youth offer young people a variety of opportunities:

- strengthen their personal and professional development through non-formal and informal learning mobility activities;
- foster their empowerment, their active citizenship and participation in democratic life;
- foster quality development of youth work at local, regional, national, European and international level by building the capacity of organisations active in the youth field and supporting the professional development of youth workers;
- promote inclusion and diversity, intercultural dialogue and the values of solidarity, equal opportunities and human rights among young people in Europe.

The objectives of the projects can be achieved through the planning and implementation of the following activities: youth exchanges and youth workers professional development activities.

Accredited projects in the field of youth are carried out by organisations holding a valid Erasmus Youth accreditation. Each of these organisations commits itself to comply with the Erasmus Youth Quality standards and to deliver high-quality mobility activities in the field of youth..

The following activities are implemented as part of this accredited project:

- Professional development activities - Member States and associated countries: 20 participants
- Youth exchanges - Member States and associated countries: 20 participants
- Youth exchanges - Member States and associated countries: 20 participants
- Professional development activities - Member States and associated countries: 3 participants
- Youth exchanges - Member States and associated countries: 20 participants
- Youth exchanges - Member States and associated countries: 20 participants
- Professional development activities - Member States and associated countries: 20 participants
- Professional development activities - Member States and associated countries: 1 participants
- Youth exchanges - Member States and associated countries: 24 participants
- Youth exchanges - Member States and associated countries: 20 participants
- Youth exchanges - Member States and associated countries: 20 participants

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals
Action Type: Mobility of young people for accredited organisations

Project Title

Accredited project in the field of youth

Project Coordinator

Organisation Verein zur Förderung von Bildung und interkulturellem und religiösem Dialog, kurz "The Upper Room"

Address Zaunerweg 19 , 3386 Hafnerbach , AT

Website www.upper-room.info

Project Information

Identifier 2023-1-AT01-KA151-YOU-000125838

Start Date Jun 1, 2023

End Date Aug 31, 2024

EC Contribution 125,057 EUR

Project Summary

Accredited projects in the field of youth offer young people a variety of opportunities:

- strengthen their personal and professional development through non-formal and informal learning mobility activities;
- foster their empowerment, their active citizenship and participation in democratic life;
- foster quality development of youth work at local, regional, national, European and international level by building the capacity of organisations active in the youth field and supporting the professional development of youth workers;
- promote inclusion and diversity, intercultural dialogue and the values of solidarity, equal opportunities and human rights among young people in Europe.

The objectives of the projects can be achieved through the planning and implementation of the following activities: youth exchanges and youth workers professional development activities.

Accredited projects in the field of youth are carried out by organisations holding a valid Erasmus Youth accreditation. Each of these organisations commits itself to comply with the Erasmus Youth Quality standards and to deliver high-quality mobility activities in the field of youth..

The following activities are implemented as part of this accredited project:

- Youth exchanges - Member States and associated countries: 60 participants
- Professional development activities - Member States and associated countries: 30 participants
- Youth exchanges - Member States and associated countries: 60 participants

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals
Action Type: Mobility of young people for accredited organisations

Project Title

Accredited project in the field of youth

Project Coordinator

Organisation akzente Salzburg
Address Glockengasse 4c , 5020 Salzburg , Salzburg , AT
Website www.akzente.net

Project Information

Identifier 2023-1-AT01-KA151-YOU-000132706
Start Date Jun 1, 2023
End Date Aug 31, 2024
EC Contribution 109,933 EUR

Project Summary

Accredited projects in the field of youth offer young people a variety of opportunities:

- strengthen their personal and professional development through non-formal and informal learning mobility activities;
- foster their empowerment, their active citizenship and participation in democratic life;
- foster quality development of youth work at local, regional, national, European and international level by building the capacity of organisations active in the youth field and supporting the professional development of youth workers;
- promote inclusion and diversity, intercultural dialogue and the values of solidarity, equal opportunities and human rights among young people in Europe.

The objectives of the projects can be achieved through the planning and implementation of the following activities: youth exchanges and youth workers professional development activities.

Accredited projects in the field of youth are carried out by organisations holding a valid Erasmus Youth accreditation. Each of these organisations commits itself to comply with the Erasmus Youth Quality standards and to deliver high-quality mobility activities in the field of youth..

The following activities are implemented as part of this accredited project:

- Professional development activities - Member States and associated countries: 50 participants
- Youth exchanges - Member States and associated countries: 60 participants
- Professional development activities - Member States and associated countries: 15 participants
- Professional development activities - Member States and associated countries: 15 participants
- Professional development activities - Member States and associated countries: 50 participants

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals
Action Type: Mobility of young people for accredited organisations

Project Title

Accredited project in the field of youth

Project Coordinator

Organisation GRENZENLOS - INTERKULTURELLER AUSTAUSCH
Address LATSCHKAGASSE 1/4 , 1090 WIEN , Wien , AT
Website www.grenzenlos.or.at

Project Information

Identifier 2023-1-AT01-KA151-YOU-000146510
Start Date Jun 1, 2023
End Date Aug 31, 2024
EC Contribution 88,087 EUR

Project Summary

Accredited projects in the field of youth offer young people a variety of opportunities:

- strengthen their personal and professional development through non-formal and informal learning mobility activities;
- foster their empowerment, their active citizenship and participation in democratic life;
- foster quality development of youth work at local, regional, national, European and international level by building the capacity of organisations active in the youth field and supporting the professional development of youth workers;
- promote inclusion and diversity, intercultural dialogue and the values of solidarity, equal opportunities and human rights among young people in Europe.

The objectives of the projects can be achieved through the planning and implementation of the following activities: youth exchanges and youth workers professional development activities.

Accredited projects in the field of youth are carried out by organisations holding a valid Erasmus Youth accreditation. Each of these organisations commits itself to comply with the Erasmus Youth Quality standards and to deliver high-quality mobility activities in the field of youth..

The following activities are implemented as part of this accredited project:

- Professional development activities - Member States and associated countries: 1 participants
- Professional development activities - Member States and associated countries: 25 participants
- Professional development activities - Member States and associated countries: 1 participants

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals
Action Type: Mobility of young people for accredited organisations

Project Title

Accredited project in the field of youth

Project Coordinator

Organisation AHA - JUGENDINFORMATIONSZENTRUM VORARLBERG
Address POSTSTRASSE 1 , 6850 DORNBIRN , Vorarlberg , AT
Website www.aha.or.at

Project Information

Identifier 2023-1-AT01-KA151-YOU-000141739
Start Date Jun 1, 2023
End Date Aug 31, 2024
EC Contribution 150,000 EUR

Project Summary

Accredited projects in the field of youth offer young people a variety of opportunities:

- strengthen their personal and professional development through non-formal and informal learning mobility activities;
- foster their empowerment, their active citizenship and participation in democratic life;
- foster quality development of youth work at local, regional, national, European and international level by building the capacity of organisations active in the youth field and supporting the professional development of youth workers;
- promote inclusion and diversity, intercultural dialogue and the values of solidarity, equal opportunities and human rights among young people in Europe.

The objectives of the projects can be achieved through the planning and implementation of the following activities: youth exchanges and youth workers professional development activities.

Accredited projects in the field of youth are carried out by organisations holding a valid Erasmus Youth accreditation. Each of these organisations commits itself to comply with the Erasmus Youth Quality standards and to deliver high-quality mobility activities in the field of youth..

The following activities are implemented as part of this accredited project:

- Youth exchanges - Member States and associated countries: 24 participants
- Youth exchanges - Member States and associated countries: 24 participants
- Youth exchanges - Member States and associated countries: 24 participants
- Youth exchanges - Member States and associated countries: 24 participants
- Youth exchanges - Member States and associated countries: 24 participants

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals
Action Type: Mobility of young people

Project Title

Interkultureller Jugendaustausch: Global youth lab – climate on stage

Project Coordinator

Organisation Land Salzburg
Address Chiemseehof , 5020 Salzburg , Salzburg , AT
Website <https://www.salzburg.gv.at>

Project Information

Identifier 2023-1-AT01-KA152-YOU-000135326
Project Web Site <https://www.salzburg.gv.at/cos>
Start Date Jun 1, 2023
End Date Sep 30, 2024
EC Contribution 112,626 EUR
Partners Amt für Jugendarbeit (IT) , OEW-Organisation für Eine solidarische Welt (IT) , IG Initiativgruppe Interkulturelle Begegnung und Bildung e.V. (DE) , Bezirksjugendring Oberbayern des Bayerischen Jugendring KdöR (DE) , Österreichische Kinderfreunde und Kinderfreundinnen - Landesorganisation Salzburg (AT) , Bassma (MA)
Topics Environment and climate change ; Creativity, arts and culture ; Bridging intercultural, intergenerational and social divide

Project Summary

Objectives

Climate change threatens the future of all young people worldwide, but the effects are and will be felt differently in different regions. The social discourse on sustainability and climate protection is also conducted differently in different countries. The cooperation of organisations from 4 different countries shows the participants the complexity, the interdependencies and the global nature of the topic. Recognising this is an important step in promoting climate protection globally and sustainably. Climate change, environmental protection and sustainable action are major issues that concern young people. Youth exchanges should address young people's willingness to act as well as their individual perspectives, and also address overall socio-political perspectives. Climate change is becoming a major challenge for future generations worldwide and can only be tackled globally. Therefore, the project aims to promote transnational dialogue on impacts and to generate political and individual action plans. The fact that these issues are of particular concern to young people is shown both by the discussions in the Erasmus+ project "BJaOG - Contribution of Youth Work to an Open Society" (www.salzburg.gv.at/bjog) and the focus of MIKADO Environment, where young people are committed to sustainability and environmental protection issues. For example, young people increasingly advocate vegetarian food, sustainable clothing purchases, waste separation and the use of public transport. Morocco, on the other hand, is considered a climate pioneer (7th place in the Climate Change Performance Index 2020). Since 2008, there has been the so-called Green Morocco Plan (A Focus on Green Growth: the Green Morocco Plan, African Development Bank - Building today, a better Africa tomorrow (afdb.org), which provides for a sustainability strategy for 12 years. For example, the government is increasingly focusing on solar energy, the conservation of water resources and the promotion of new technologies.

The project "Intercultural Youth Exchange: Global youth lab - climate on stage" aims to bring together views and actions, to address global and regional impacts as well as possible solutions and to create an exchange between young people. How do young people in Morocco live environmental protection? What ideas can young people take back to Europe? What opportunities are there for young people in the participating countries to do more lobbying? What are the differences in coping with climate change and what does it mean for young people? Do new technologies offer perspectives to stay in the respective country, the respective region? Or are young people so massively affected that they are more likely to migrate? What does this mean for the respective region? And how can young people make their voices heard?

As has been shown in various exchange projects, young people find a common language in cultural forms of expression such as music and dance. They are carriers of information and emotion at the same time and are therefore particularly suitable for communication on topics that contain great social explosive power. All the more so when project participants do not have the same first language. Therefore, the questions raised are discussed and worked out on site and answers, demands, emotions,... of all participating young people are realised in an artistic way (analogue or digital) and brought on stage or to the public. This will take place in the form of prepared and accompanied creative workshops in Morocco, together with the Moroccan young people. Excursions round off the programme for the young people.

The project also envisages a return visit of the Moroccan young people to the European project regions. Here the Moroccan young people will get to know the culture, the country and the people and the questions will be taken up and worked on again. Excursions to e.g. waste collection centres or renaturation projects are part of the visit.

The project is built on existing experiences and existing networks. Through the learning mobility of the young

people and the respective reports in their own home country, youth workers can receive impulses for their own work. The experiences, emotions, demands,... of all participants will be shared with (political) decision makers at an artistic event after the trip. This is the conclusion of the project and at the same time the prelude to further networking and sustainable action of all participants in the project. Informal learning, sensitization, strengthening of one's own concerns for environmental protection as well as a transfer of knowledge based on experiences, emotions and friendship - in the form of exchange and counter-exchange - will take place.

Activities

In preparation for the youth exchange, the project partners organize online meetings to ensure a high quality of activities. This happens by working out agreements and building trust and understanding as well as a solid partnership between the participating partnership between the participating organizations and individuals, and strengthening existing cooperation. Therefore, administrative and organizational responsibilities are defined during the preparatory work of the exchange. Measures are also taken in advance to prepare the young people as well as the youth workers and accompanying persons for the country, the culture, the religious and political challenges. In the course of the preparation also an on-line getting to know of the Moroccan host families takes place. For the first time, there will be an opportunity to learn more about the families and their living situations. As a common basis for the trip, common rules will be negotiated, to which everyone must adhere in order to ensure an exchange that is as free of restrictions as possible.

Thus, in the sense of the participation idea, only a framework for the exchange is to be given. The content and interest of the young people should fill the framework so that a program for young people can emerge that promotes a national and transnational exchange about climate change, environmental protection and approaches to solutions.

The exchange itself is characterized by guided workshops, in which the confrontation with the core topic "climate change" happens. The workshops also serve to reflect on what has been experienced, to ask questions and to exchange ideas with other young people from European and African worlds.

Since the processing of the informal learning will take place in the form of digital / virtual art, the workshops are also available to promote digital competencies and media skills as well as critical thinking on the basis of the topic of climate change. Joint excursions round off the informal learning process of the youth exchange.

As the European young people are partly accommodated with host families in Morocco, it is also important to build up a relationship here. Thus, it is planned that the host families also organize individual excursions and activities such as cooking together. In order to build up and strengthen the relationship between the host families, the European young people and the youth workers and accompanying persons, there will be joint events (e.g. joint dinner) to reflect on the days and to exchange experiences. These meetings serve the intercultural understanding as well as the motivation to encourage all persons involved in the exchange to take climate change seriously as a global issue and to integrate the idea of environmental protection more strongly into their own lives.

The youth exchange will end with a common celebration on site (Morocco, partner region) to promote the intercultural dialogue, to strengthen established relationships, to say goodbye to old behavior patterns and to celebrate a new beginning of sustainable lifestyles. The conclusion should also serve to give the young people once again the opportunity to network with each other, to encourage them to become active independently - also crossing borders and continents - and to further enable them to set independent impulses to continue working on the topic.

A total of 30 boys and girls from the 3 project regions of Salzburg, Upper Bavaria and South Tyrol as well as 10

girls and boys from Morocco, each between the ages of 19 and 30, are planned as the target group. The groups are composed of girls and boys with different nationalities, first languages, educational backgrounds, religious and cultural backgrounds and come from diverse social and economic environments.

Since the European young people will live with host families, these families are also the target group of the project. The youth exchange will be accompanied by qualified persons such as youth workers and persons from the youth and integration work, for whom own workshops are also planned in the project.

As the project foresees a return visit of Moroccan youth to the project partners, multipliers of the respective regions should also be considered as target groups. This includes, among others, other youth organizations, politicians, managing directors of energy supply companies, environmental activists, and others.

Translated with www.DeepL.com/Translator (free version)

Impact

The project "Intercultural Youth Exchange: Global youth lab - climate on stage" aims to bring together ways of seeing and acting, to address global and regional impacts of climate change as well as possible solutions and to create an exchange between young people from Europe and Morocco. They will be supported in finding answers to questions such as: How do young people in Morocco live environmental protection? What ideas can young people take back to Europe? What opportunities are there for young people from the participating countries to do more lobbying? What are the differences in coping with climate change and what does it mean for young people? Do new technologies offer perspectives to stay in the respective country, the respective region? Or are young people so massively affected that they are more likely to migrate? What does this mean for the respective region? And how can young people make their voices heard?

As has been shown in various exchange projects, young people find a common language in cultural forms of expression such as music and dance. They are carriers of information and emotion at the same time and are therefore particularly suitable for communication on topics that contain great social explosive power. All the more so when project participants do not have the same first language. Therefore, the questions raised are discussed and worked out on site and answers, demands, emotions,... of all participating young people are realised in an artistic way (analogue or digital). The issues and concerns of the young people are brought to the stage or to the public by organising and carrying out a public event after the trip. The examination of the topics and the artistic processing take place in Morocco together with Moroccan young people. To this end, the project partners prepare creative workshops, which they also accompany and moderate. Together with the Moroccan young people, excursions will also take place to round off the joint programme.

Erasmus+ therefore supports the informal learning of the participating young people with the aim of involving young people, enabling them to become active citizens and develop competences for their life and professional future. Specifically, the youth exchange aims to promote intercultural dialogue, develop skills and abilities of young people, reduce prejudices and stereotypes through shared experience and by addressing the global issue of climate change.

Not only the young people but all persons involved in the exchange (youth workers, accompanying persons, host families,...) should be sensitized for the topic of climate change and its global and societal impacts. The exchange as well as the counter-exchange should therefore encourage social and environmental commitment, show young people and multipliers ideas and give them possibilities for a more sustainable life and action in a networked world.

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals
Action Type: Mobility of young people for accredited organisations

Project Title

Accredited project in the field of youth

Project Coordinator

Organisation SUPPORT4youth.eu - Verein zur Unterstützung von Jugendaktivitäten
Address Langthalerstraße 8 , 4664 Laakirchen , Oberösterreich , AT
Website support4youth.eu

Project Information

Identifier 2023-1-AT01-KA151-YOU-000143197
Start Date Jun 1, 2023
End Date Aug 31, 2024
EC Contribution 89,591 EUR

Project Summary

Accredited projects in the field of youth offer young people a variety of opportunities:

- strengthen their personal and professional development through non-formal and informal learning mobility activities;
- foster their empowerment, their active citizenship and participation in democratic life;
- foster quality development of youth work at local, regional, national, European and international level by building the capacity of organisations active in the youth field and supporting the professional development of youth workers;
- promote inclusion and diversity, intercultural dialogue and the values of solidarity, equal opportunities and human rights among young people in Europe.

The objectives of the projects can be achieved through the planning and implementation of the following activities: youth exchanges and youth workers professional development activities.

Accredited projects in the field of youth are carried out by organisations holding a valid Erasmus Youth accreditation. Each of these organisations commits itself to comply with the Erasmus Youth Quality standards and to deliver high-quality mobility activities in the field of youth..

The following activities are implemented as part of this accredited project:

- Youth exchanges - Member States and associated countries: 25 participants
- Professional development activities - Member States and associated countries: 25 participants
- Professional development activities - Member States and associated countries: 25 participants
- Youth exchanges - Member States and associated countries: 25 participants

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals
Action Type: Mobility of young people for accredited organisations

Project Title

Accredited project in the field of youth

Project Coordinator

Organisation InterAktion - Verein für ein interkulturelles Zusammenleben
Address Rebenburggasse 5 , 8793 Trofaiach , Steiermark , AT
Website www.verein-interaktion.org

Project Information

Identifier 2023-1-AT01-KA151-YOU-000129188
Start Date Jun 1, 2023
End Date Aug 31, 2024
EC Contribution 81,069 EUR

Project Summary

Accredited projects in the field of youth offer young people a variety of opportunities:

- strengthen their personal and professional development through non-formal and informal learning mobility activities;
- foster their empowerment, their active citizenship and participation in democratic life;
- foster quality development of youth work at local, regional, national, European and international level by building the capacity of organisations active in the youth field and supporting the professional development of youth workers;
- promote inclusion and diversity, intercultural dialogue and the values of solidarity, equal opportunities and human rights among young people in Europe.

The objectives of the projects can be achieved through the planning and implementation of the following activities: youth exchanges and youth workers professional development activities.

Accredited projects in the field of youth are carried out by organisations holding a valid Erasmus Youth accreditation. Each of these organisations commits itself to comply with the Erasmus Youth Quality standards and to deliver high-quality mobility activities in the field of youth..

The following activities are implemented as part of this accredited project:

- Professional development activities - Member States and associated countries: 30 participants
- Youth exchanges - Member States and associated countries: 35 participants
- Youth exchanges - Member States and associated countries: 35 participants

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals
Action Type: Mobility of young people for accredited organisations

Project Title

Accredited project in the field of youth

Project Coordinator

Organisation Österreichische Kinderfreunde Region Mühlviertel
Address Gewerbestrasse 7 , 4222 St. Georgen/Gusen , Oberösterreich , AT
Website www.kinderfreunde.cc

Project Information

Identifier 2023-1-AT01-KA151-YOU-000132321
Start Date Jun 1, 2023
End Date Aug 31, 2024
EC Contribution 150,000 EUR

Project Summary

Accredited projects in the field of youth offer young people a variety of opportunities:

- strengthen their personal and professional development through non-formal and informal learning mobility activities;
- foster their empowerment, their active citizenship and participation in democratic life;
- foster quality development of youth work at local, regional, national, European and international level by building the capacity of organisations active in the youth field and supporting the professional development of youth workers;
- promote inclusion and diversity, intercultural dialogue and the values of solidarity, equal opportunities and human rights among young people in Europe.

The objectives of the projects can be achieved through the planning and implementation of the following activities: youth exchanges and youth workers professional development activities.

Accredited projects in the field of youth are carried out by organisations holding a valid Erasmus Youth accreditation. Each of these organisations commits itself to comply with the Erasmus Youth Quality standards and to deliver high-quality mobility activities in the field of youth..

The following activities are implemented as part of this accredited project:

- Professional development activities - Member States and associated countries: 24 participants
- Professional development activities - Member States and associated countries: 24 participants
- Youth exchanges - Member States and associated countries: 48 participants
- Youth exchanges - Member States and associated countries: 48 participants
- Youth exchanges - third countries not associated: 42 participants
- Professional development activities - third countries not associated: 24 participants
- Professional development activities - Member States and associated countries: 24 participants

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals
Action Type: Mobility of young people for accredited organisations

Project Title

Accredited project in the field of youth

Project Coordinator

Organisation 4Peace - Verein zur Förderung der politischen Mündigkeit
Address Fechtergasse 16/1 , 1090 Wien , Wien , AT
Website peacecamp.net

Project Information

Identifier 2023-1-AT01-KA151-YOU-000134153
Start Date Jun 1, 2023
End Date Aug 31, 2024
EC Contribution 69,731 EUR

Project Summary

Accredited projects in the field of youth offer young people a variety of opportunities:

- strengthen their personal and professional development through non-formal and informal learning mobility activities;
- foster their empowerment, their active citizenship and participation in democratic life;
- foster quality development of youth work at local, regional, national, European and international level by building the capacity of organisations active in the youth field and supporting the professional development of youth workers;
- promote inclusion and diversity, intercultural dialogue and the values of solidarity, equal opportunities and human rights among young people in Europe.

The objectives of the projects can be achieved through the planning and implementation of the following activities: youth exchanges and youth workers professional development activities.

Accredited projects in the field of youth are carried out by organisations holding a valid Erasmus Youth accreditation. Each of these organisations commits itself to comply with the Erasmus Youth Quality standards and to deliver high-quality mobility activities in the field of youth..

The following activities are implemented as part of this accredited project:

- Youth exchanges - third countries not associated: 32 participants
- Youth exchanges - third countries not associated: 32 participants

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals
Action Type: Mobility of young people for accredited organisations

Project Title

Accredited project in the field of youth

Project Coordinator

Organisation Service Civil International Österreich
Address Schottengasse 3a/1/4/59 , 1010 Wien , Wien , AT
Website www.sciaustria.org

Project Information

Identifier 2023-1-AT01-KA151-YOU-000123134
Start Date Jun 1, 2023
End Date Aug 31, 2024
EC Contribution 94,463 EUR

Project Summary

Accredited projects in the field of youth offer young people a variety of opportunities:

- strengthen their personal and professional development through non-formal and informal learning mobility activities;
- foster their empowerment, their active citizenship and participation in democratic life;
- foster quality development of youth work at local, regional, national, European and international level by building the capacity of organisations active in the youth field and supporting the professional development of youth workers;
- promote inclusion and diversity, intercultural dialogue and the values of solidarity, equal opportunities and human rights among young people in Europe.

The objectives of the projects can be achieved through the planning and implementation of the following activities: youth exchanges and youth workers professional development activities.

Accredited projects in the field of youth are carried out by organisations holding a valid Erasmus Youth accreditation. Each of these organisations commits itself to comply with the Erasmus Youth Quality standards and to deliver high-quality mobility activities in the field of youth..

The following activities are implemented as part of this accredited project:

- Professional development activities - Member States and associated countries: 35 participants
- System development and outreach activities: 0 participants
- Professional development activities - Member States and associated countries: 35 participants
- Youth exchanges - Member States and associated countries: 35 participants

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals
Action Type: Mobility of young people for accredited organisations

Project Title

Accredited project in the field of youth

Project Coordinator

Organisation VEREIN THEATER SCHULE THEATER AM ORTWEINPLATZ
Address ORTWEINPLATZ 1 , 8010 GRAZ , Steiermark , AT
Website www.tao-graz.at

Project Information

Identifier 2023-1-AT01-KA151-YOU-000118991
Start Date Jun 1, 2023
End Date Aug 31, 2024
EC Contribution 100,127 EUR

Project Summary

Accredited projects in the field of youth offer young people a variety of opportunities:

- strengthen their personal and professional development through non-formal and informal learning mobility activities;
- foster their empowerment, their active citizenship and participation in democratic life;
- foster quality development of youth work at local, regional, national, European and international level by building the capacity of organisations active in the youth field and supporting the professional development of youth workers;
- promote inclusion and diversity, intercultural dialogue and the values of solidarity, equal opportunities and human rights among young people in Europe.

The objectives of the projects can be achieved through the planning and implementation of the following activities: youth exchanges and youth workers professional development activities.

Accredited projects in the field of youth are carried out by organisations holding a valid Erasmus Youth accreditation. Each of these organisations commits itself to comply with the Erasmus Youth Quality standards and to deliver high-quality mobility activities in the field of youth..

The following activities are implemented as part of this accredited project:

- Professional development activities - Member States and associated countries: 12 participants
- Youth exchanges - Member States and associated countries: 24 participants
- Youth exchanges - Member States and associated countries: 24 participants
- Professional development activities - Member States and associated countries: 12 participants
- Professional development activities - Member States and associated countries: 12 participants
- Youth exchanges - Member States and associated countries: 24 participants

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals
Action Type: Mobility of young people for accredited organisations

Project Title

Accredited project in the field of youth

Project Coordinator

Organisation Jugend:info NÖ
Address Kremsergasse 2 , 3100 St. Pölten , Niederösterreich , AT
Website www.jugendinfo-noe.at

Project Information

Identifier 2023-1-AT01-KA151-YOU-000121146
Start Date Jun 1, 2023
End Date Aug 31, 2024
EC Contribution 64,030 EUR

Project Summary

Accredited projects in the field of youth offer young people a variety of opportunities:

- strengthen their personal and professional development through non-formal and informal learning mobility activities;
- foster their empowerment, their active citizenship and participation in democratic life;
- foster quality development of youth work at local, regional, national, European and international level by building the capacity of organisations active in the youth field and supporting the professional development of youth workers;
- promote inclusion and diversity, intercultural dialogue and the values of solidarity, equal opportunities and human rights among young people in Europe.

The objectives of the projects can be achieved through the planning and implementation of the following activities: youth exchanges and youth workers professional development activities.

Accredited projects in the field of youth are carried out by organisations holding a valid Erasmus Youth accreditation. Each of these organisations commits itself to comply with the Erasmus Youth Quality standards and to deliver high-quality mobility activities in the field of youth..

The following activities are implemented as part of this accredited project:

- Professional development activities - third countries not associated: 30 participants
- Youth exchanges - Member States and associated countries: 25 participants
- Youth exchanges - Member States and associated countries: 25 participants

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals
Action Type: Mobility of young people for accredited organisations

Project Title

Accredited project in the field of youth

Project Coordinator

Organisation Hrvatski akademski klub - Kroatischer akademischer Klub
Address Schwindgasse 14/4 , 1040 Wien , Wien , AT
Website www.hakovci.org

Project Information

Identifier 2023-1-AT01-KA151-YOU-000148261
Start Date Jun 1, 2023
End Date Aug 31, 2024
EC Contribution 44,408 EUR

Project Summary

Accredited projects in the field of youth offer young people a variety of opportunities:

- strengthen their personal and professional development through non-formal and informal learning mobility activities;
- foster their empowerment, their active citizenship and participation in democratic life;
- foster quality development of youth work at local, regional, national, European and international level by building the capacity of organisations active in the youth field and supporting the professional development of youth workers;
- promote inclusion and diversity, intercultural dialogue and the values of solidarity, equal opportunities and human rights among young people in Europe.

The objectives of the projects can be achieved through the planning and implementation of the following activities: youth exchanges and youth workers professional development activities.

Accredited projects in the field of youth are carried out by organisations holding a valid Erasmus Youth accreditation. Each of these organisations commits itself to comply with the Erasmus Youth Quality standards and to deliver high-quality mobility activities in the field of youth..

The following activities are implemented as part of this accredited project:

- Youth exchanges - Member States and associated countries: 50 participants

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals
Action Type: Mobility of young people for accredited organisations

Project Title

Accredited project in the field of youth

Project Coordinator

Organisation Arbeitskreis Noah. Verein für Sozialpädagogik und Jugendtherapie
Address Kenyongasse 15/4 Stock , 1070 Wien , Wien , AT
Website www.noah.at

Project Information

Identifier 2023-1-AT01-KA151-YOU-000121586
Start Date Jun 1, 2023
End Date Aug 31, 2024
EC Contribution 59,005 EUR

Project Summary

Accredited projects in the field of youth offer young people a variety of opportunities:

- strengthen their personal and professional development through non-formal and informal learning mobility activities;
- foster their empowerment, their active citizenship and participation in democratic life;
- foster quality development of youth work at local, regional, national, European and international level by building the capacity of organisations active in the youth field and supporting the professional development of youth workers;
- promote inclusion and diversity, intercultural dialogue and the values of solidarity, equal opportunities and human rights among young people in Europe.

The objectives of the projects can be achieved through the planning and implementation of the following activities: youth exchanges and youth workers professional development activities.

Accredited projects in the field of youth are carried out by organisations holding a valid Erasmus Youth accreditation. Each of these organisations commits itself to comply with the Erasmus Youth Quality standards and to deliver high-quality mobility activities in the field of youth..

The following activities are implemented as part of this accredited project:

- Professional development activities - third countries not associated: 25 participants
- Professional development activities - Member States and associated countries: 25 participants

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals
Action Type: Mobility of young people for accredited organisations

Project Title

Accredited project in the field of youth

Project Coordinator

Organisation Junge Europäische Föderalisten - Landesverband Steiermark
Address Hans-Sachs-Gasse 5/3 , 8010 Graz , Steiermark , AT
Website www.jef-steiermark.at

Project Information

Identifier 2023-1-AT01-KA151-YOU-000118682
Start Date Jun 1, 2023
End Date Aug 31, 2024
EC Contribution 26,956 EUR

Project Summary

Accredited projects in the field of youth offer young people a variety of opportunities:

- strengthen their personal and professional development through non-formal and informal learning mobility activities;
- foster their empowerment, their active citizenship and participation in democratic life;
- foster quality development of youth work at local, regional, national, European and international level by building the capacity of organisations active in the youth field and supporting the professional development of youth workers;
- promote inclusion and diversity, intercultural dialogue and the values of solidarity, equal opportunities and human rights among young people in Europe.

The objectives of the projects can be achieved through the planning and implementation of the following activities: youth exchanges and youth workers professional development activities.

Accredited projects in the field of youth are carried out by organisations holding a valid Erasmus Youth accreditation. Each of these organisations commits itself to comply with the Erasmus Youth Quality standards and to deliver high-quality mobility activities in the field of youth..

The following activities are implemented as part of this accredited project:

- Youth exchanges - Member States and associated countries: 32 participants

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals
Action Type: Mobility of young people

Project Title

Young people active for Biodiversity

Project Coordinator

Organisation Österreichischen Naturschutzjugend (önj) Landesgruppe Steiermark
Address Herdergasse 3 , 8111 Graz , Steiermark , AT
Website www.oenj-steiermark.at

Project Information

Identifier 2022-1-AT01-KA152-YOU-000065598
Start Date Jun 1, 2022
End Date May 31, 2024
EC Contribution 16,802 EUR
Partners JANUN e.V. Region Hannover (DE) , Citizen society GM Optimist (RS)
Topics Democracy and inclusive democratic participation ; Environment and climate change ; Community development

Project Summary

Objectives

The project is about empowering young people to get involved in society and motivating them to get involved in the community. This project wants to offer them a platform for this. At the same time, it is about accompanying and training them. The aim is for the participants to experience self-efficacy and to realise that it is worthwhile to get involved and that it can also be fun. The participants have a wide variety of intercultural experiences and see how they contribute to international understanding and tolerance through this youth exchange. The participants from Germany and Austria experience a country that they did not know before well and that they also experience from very diverse perspectives through their participation in the exchange. By dealing with other life and social situations, the participants also reflect on their own life situation and thus come to many new insights and perspectives about and on their own country. The Serbian participants also experience their own country in a new and different way through their role as the hosts of the international participants.

Activities

The youth exchange applied for here, which will take place from 26.08. - 05.09.2022 in Serbia, in Gornji Milanovac, is the prelude to a campaign whose goal is the protection of a mountain in Gornji Milanovac. A variety of activities will follow the international youth exchange, which will be developed during the preparation for the exchange and during the youth exchange. Seven participants aged 18-30 from Serbia, Germany and Austria will take part in the exchange. They are interested in the topics of nature conservation and biodiversity, and some of them are already active as volunteers. During the youth exchange, the participants investigate and document the biodiversity of the area that is to be placed under protection. They deal with local politics and campaign planning, they plan and realise a nature experience programme for children and an information event for representatives from local politics, administration and civil society in order to make the concept for the protection of the mountain public and to enter into a dialogue with politics and civil society. Much emphasis is also placed on public relations in order to reach as many people as possible with the activities and ideas. Of course, it is also about getting to know Serbia as a country and enabling an intensive intercultural exchange between the participants through a variety of methods, questions and topics.

Impact

The long-term goal of this project is the protection of a mountain in Gornji Milanovac. Along the way, a wide variety of sub-goals will be realised. Many people are reached and sensitised to issues of nature conservation and biodiversity. Decision-makers in politics and important actors in civil society are made to deal with nature conservation. The local population should be sensitised to appreciate the remaining natural resources in their environment. 60 children had the opportunity to spend half a day in nature and learn more about the fascination of local animals and plants. All this is developed, planned and realised by the participants of the youth exchange, together with the group-leader, the facilitators and external experts. In this way, all participants gain the most diverse experiences and acquire the most diverse professional and methodological competences, e.g. in the areas of nature conservation, biodiversity, nature identification, nature education, local politics, campaign planning, public relations, project management, teamwork, intercultural communication.

Another desired outcome is the deepening of cooperation between the three youth environmental organisations involved in this project and the development of concrete perspectives for further cooperation.

Link to project card: [Show project card](#)